SALEM H.O.P.E.

Human Organization Partnership Effort

Networking Breakfast Meeting
Thursday, December 6, 2018
9:00 A.M. Sharp

Hosted by:

North Shore Community Action Programs To be held at Peabody Access Telecommunications 119 Rear Foster Street, Bldg. 13, 1st Floor

Enter driveway between 197 & 195 Washington St. (next to D'Orsi's), turn left & park in lot at Building #13

All social service agency representatives serving Salem residents are welcome.

PLEASE RSVP ATTENDANCE TO LEE HARTMANN at LHartmann@NSCAP.org or at 978-531-0767 x-304

AGENDA

- 9:00 I. Welcome & Group Introductions
- 9:05 II. Agency Welcome Robert McHugh, Chief Operating Officer
- 9:20 III. Information Exchange All attendees present 1 minute per agency please

 Bring any new brochures!
- 9:55 IV. 97th Salem H.O.P.E. Newsletter (to be issued in February)

E-mail your announcements, job postings, event notices, articles etc. for March-June to <u>iguy@salem.com</u> – Deadline 2/14/19

V. Next meeting dates (tentative):

Thursday, March 14, 2019 – Children's Friend & Family Services Wednesday, June 12, 2019 – Citizens Inn/Haven From Hunger Thursday, September 12, 2019 – Brookhouse Home TBD: Thursday, December 5 or 12, 2019 – To be determined

VI. Tour of NSCAP

Networking & Refreshments

Please email <u>jguy@salem.com</u> if you are interested in hosting an upcoming meeting!

Persons will special needs should contact the host agency for reasonable accommodation and should provide ample time for the request to be arranged but no later than noon on the Monday prior.

If you no longer wish to receive emails for Salem HOPE,

please send an email to <u>iguy@salem.com</u> asking to be removed from this distribution list.

Salem H.O.P.E.

Human Organization Partnership Effort



Newsletter Number 96

~ A newsletter for social service agencies ~

November, 2018

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- About the House of the Seven Gables
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September Meeting Hosted by The House of the Seven Gables

The <u>House of the Seven Gables Settlement Association</u> (Gables) hosted the September, 2018 Salem HOPE meeting. Representing the agency were Kara McLaughlin and Elsabel Rincon. Present were Jane Guy and Naomi Francisco of the City of Salem DPCD, Carolyn Curwen of New Liberty Innovation School, Trish Kennedy, Saggette Mesa and Darlene Story of Catholic Charities, Stephanie Jackson and Devin DeVasto of MA

Rehabilitation Commission, Kristen Evans of Aspire Developmental, Deborah Barber of the Independent Living Center, Camilla Blackman of Wellspring House/MediClerk Program, Pam Peterson of Anchor to Windward, Maureen Fiore of Citizens Inn, Aileen O'Rourke of the North Shore TMA, Joyce Arcisz of Goodwill Industries, Kate Harrington, Maria Carrasquillo and Dan DeAngelis of NSCAP, Laurie Fullerton of the Brookhouse Home, Lori Johnstone and Matthew Castiglione of Deaf, Inc., Alaina Beckshaw, Ashley Duran, Shantel Alix and Andrew Duperval of North Shore CDC, Hailey MacDonald of Pathways for Children, Diane Knight of Tobacco Free Partnership, Charlene Snow of North Shore Career Center, and Heidi Whear.

Ms. McLaughlin stated that the Gables house inspired Nathaniel Hawthorne to write his novel and that the novel inspired Caroline Emmerton to purchase the house, as well as several structures that were move to the campus that would have been lost to development. The property is a National Historic Landmark District. Ms. Emmerton was part of the settlement movement to help immigrants moving to cities. She turned the house into a museum and settlement house towards this mission. Today, the Gables provides adult ESL and citizenship programs, summer school for English learners and community conversations on immigration. Programs are supported through the museum, shops and events. She stated that the Gables is happy to host agencies and that Salem residents always get free admission.

Ms. Rincon stated that settlement programs are vibrant and that their citizenship program is offered at the Salem Academy Charter School. The next Community Conversation is Welcome is Healing: Re-thinking Immigration.

Ms. Kennedy stated that <u>Catholic Charities</u> offers Community English classes at Espacio in partnership with North Shore CDC.

Ms. Francisco stated that the <u>City of Salem</u> <u>Department of Planning and Community Development has several</u>

<u>housing programs</u> for low to moderate income households, including the First Time Homebuyer Program and the Housing Rehabilitation Loan Program for emergency repairs or full rehabilitation to bring properties up to code. It is also the lead service agency for the Get the Lead Out Program.

Diane Knight stated that the Northeast Tobacco Free Partnership serves 50 communities in Massachusetts, including Salem. They provide education for adults, including help with smoke-free

www.getoutraged.org

housing. They provide public speaking on vaping and worth with the youth movement to educate peers.

Ms. MacDonald stated that <u>Pathways for Children</u> has sites in Salem, Beverly and Gloucester. They next nurturing program starts soon and is a 15 week course. There is a Headstart Program in Salem for ages 2.9 to 5 for income eligible households.

Ms. Mesa stated that Catholic Charities provides rental assistance and ESL classes.

Ms. Barber stated that the <u>Independent Living Center</u> is having a housing workshop on October 3 from 2-4:00pm for anyone that needs help completing applications.

Mr. DeAngelis stated that he is the Director of Fuel Assistance at NSCAP, which serves 3,000 households in the North Shore area. They are beginning to accept applications for the season. The agency also provides Salem residents with assistance with first/last and security deposits.

Mr. Castiglione stated that he is the Regional Director for <u>Deaf, Inc.</u> at 35 Congress Street. They recently expanded the service area as far as Lawrence, serving hard of hearing, late deafened and full deaf. They are working to create workshops, such as voter registration.

Ms. Johnstone stated that she is working part-time on Tuesdays and Thursdays at Deaf, Inc. helping clients, such as helping them get social security.

Ms. Blackman stated that the MediClerk Program through the <u>Wellspring House</u> is a 15 week education program to help adults get administrative jobs in the health care field. North Shore Community College is not offering 19 credits for those who graduate from the program. They are always looking for new adult students.

Ms. Curwen stated that she is a career coach at <u>New Liberty Innovation School</u>, a high school for ages 14-22. They are competency based school.

Ms. Alix stated that <u>North Shore CDC</u> offers affordable housing, financial coaching, ESL with Catholic Charities and is a resource for stability.

Ms. DeVasto stated that she is a vocational counselor at <u>MA Rehabilitation Commission</u>, working with adults with disabilities to obtain and maintain employment. They provide vocational exploration to help achieve employment.

Ms. Jackson stated that MA Rehab currently has a 60 d ay wait period. They do have funding available for transportation and education.

Ms. Fullerton stated that the <u>Brookhouse Home</u> for Aged Women serves women 65+. They currently have

available positions in food service, house cleaning and direct care.

Ms. Whear stated that she is a trainer for Certified Dementia Practitioners and works with elders with dementia.

Ms. Harrington stated that NSCAP has four levels of ESOL. They also offer citizenship classes and are working to develop classes on English for Homecare and English for Advanced Manufacturing.

Ms. Peterson stated that <u>Anchor to Windward</u> serves high functioning mentally challenged adults, providing day programs and social programs with opportunities for activities and social networking. They currently serve 30 persons aged mid-20s to 68 years old.

Ms. Snow stated of the North Shore Career Center stated that the one-stop career centers are going to be MassHire. They will be having a Hire a Vet event at Salem 5 on 11/7/18, with 1-3:00pm open to anyone. They are also working with Encore Boston Harbor for positions that will be available at the casino resort in Everett.

Ms. Arcisz stated that <u>Goodwill Industries</u> provides group supported employment, as well as community based day services program.

Ms. O'Rourke stated that the <u>North Shore Transportation Management Association</u> is a public/private partnership to help reduce traffic congestion in the North Shore area and help increase community livability. They offer incentives to encourage alternative transportation, advocate for improvements in transportation, host zipcode parties and create shuttle services where they see gaps in service.

Ms. Fiore stated that the <u>Citizens Inn</u> helps families enable long term success, including helping family transition from addiction treatment, to Citizens Inn an into the community. They run the Haven From Hunger in Peabody, providing a food pantry and community meals. They are currently renovating the kitchen to be a resource kitchen in order to eventually provide culinary training.

Ms. Evans stated that <u>Aspire Developmental</u> provides early intervention for ages birth to 3. Services are home based in order to work with the family. They provide play groups, which are also available to the community, and an early support program for those pregnant and at-risk.

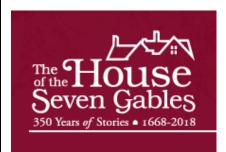
Mr. Duperval stated that at NSCAPs, his main focus is on affordable housing and assisting those in affordable housing, such as working with families in the Point Neighborhood.

Ms. Guy stated that members can forward information to her to be distributed to the Salem HOPE email distribution list.

The Salem H.O.P.E. Newsletter is prepared and distributed by Jane Guy of the Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor.

www.salem.com has links to social service agencies, as well as information on housing programs and foreclosure prevention and legal resources.

About the House of the Seven Gables



The House of the Seven Gables remains committed to providing quality educational experience at our National Historic District Landmark site. Whether you are visiting us for a guided tour of the 350-year-old Turner-Ingersoll Mansion, considering planning a field trip for your class or joining us for one of our many special lectures or events, we strive to achieve our founder Caroline Emmerton's mission to provide a fruitful experience at our site, as well as into the community with our unique settlement programming.

How does The House of the Seven Gables, this icon of American culture, leverage its power to do good? Through stimulating, thoughtful conversations on Immigration and Immigration reform; through innovative programming developed to find and tell new stories, such as Caribbean Connections, a summer enrichment program for elementary school students; through classes that serve adult students striving to learn English and acquire citizenship, preparing them for oral interviews and supporting their naturalization applications; through partnerships with organizations that provide literacy-building programming to preschoolers and their mothers, immigrant students and their families, and other at-risk youth.

Click here for a downloadable summary of Settlement Programming

Free Tours for Salem Residents - All year, residents of Salem will be able to enjoy free guided tours and stroll through the waterfront gardens of The House of the Seven Gables. The House of the Seven Gables has been dedicated to strengthening the community for more than a century, and would like to continue this mission by giving back to Salem residents. Just provide proof of residency to enjoy this wonderful offer.

The House of the Seven Gables | 115 Derby Street | Salem, MA 01970

Phone Number: (978) 744-0991 | **Fax Number:** (978) 741-4350 | **Email Address:** <u>info@7gables.org</u>

What is Salem H.O.P.E.?

Salem H.O.P.E. is a networking group of human service agencies that provide programs and services to Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to iguy@salem.com. The newsletter is printed four times per year. However, information that needs to be disseminated in a timelier manner will be forwarded to the listsery upon receipt.

11th Annual It Starts With Me! Turkey Drive

NOW THROUGH NOVEMBER 18th (for drop-offs). Delivery day is November 20th.

Each year ISWM, friends, family and strangers organize a turkey drive to help provide Thanksgiving meals to families and Veterans in need on the North Shore as well as provide fresh produce and boxes of food to local shelters. We provide everything families need to cook a thanksgiving meal with their families; tin pan to the butter. We deliver these meals the Tuesday before Thanksgiving each year. Families are found from the school systems, Veterans agencies, family agencies and churches.

Items need to complete these meals;

Turkey, gravy, tin turkey pans, stuffing, veggies, rolls/breads, milk, juice, potatoes, squash, cranberry sauce, desserts, pies, and butter. With donations received ISWM will purchase the turkeys and milk from Market Basket.

Drop-off locations (Nov. 1st - 16th):
Salem Police Station - 95 Margin St, Salem
The House of Seven Gables - 115 Derby St, Salem
Salem YMCA - 1 Sewall St, Salem
Salem Liquors - both locations
Dairy Queen - Beverly
McKinnon/Nieves resident - 14 Saunders St, Salem

If you are dropping off something that requires refrigeration or a gift certificate please make arrangements with ISWM. Fresh food items will start taking on November 10th. Cash donations can be made through the ISWM PayPal account which you can find the link on ISWMCharity.com or mailed to 2C Fletcher Way. Salem. MA 01970. Check made out to It Starts With ME!

SalemRecycles Hosts Eighth Annual Textile Recycling Drive

November 17th at Riley Plaza, 8am until 1pm

In honor of America Recycles Day, celebrated annually on November 15th, SalemRecycles is partnering with HELPSY to host the City of Salem's eighth Clothing and Household Textiles Recycling Drive on Saturday, November 17th from 8:00 am to1:00 pm at Riley Plaza. Clean and dry textiles of all kinds and in various states of "usability" are welcome, such as new clothes and shoes, old stained t-shirts, sweaters needing buttons, belts in need of buckles, towels, curtains, bedspreads, purses, jackets, hats & gloves, backpacks, socks, jeans, etc. Items will either be restored and re-sold, upcycled, repurposed, or recycled.

For a complete list of all acceptable pieces for donation, please <u>click here to see our facebook event</u>. Additional information on environmentally friendly programs and recycling initiatives can be found at www.facebook.com/SalemRecycles/, www.helpsy.com. Please call 978-619-5679 for any specific questions, or e-mail jrose@salem.com.

Thanksgiving Dinners on November 22, 2018

Salem, Peabody, Beverly, Middleton, Lynn, and Gloucester

All meals are <u>free of charge</u> & <u>ALL ARE WELCOME</u>!

- * <u>Haven from Hunger</u> (71 Wallis St, *Peabody* 978-531-1530) will be serving a Thanksgiving dinner at 12:00 noon to 1:00pm on Thanksgiving Day. Doors open at 11:00 am for soup and hors d'oeuvres.
- * <u>Lifebridge</u> (56 Margin St, *Salem* 978-744-0500) will be serving a Thanksgiving dinner from 12:30pm to 1:30pm and a "leftovers" dinner from 6:30pm to 7:00pm on Thanksgiving day.
- * St Peter's Church (4 Ocean St, Beverly) will be serving a Thanksgiving dinner at 12:00 noon to 1:00pm on Thanksgiving Day.
- * Brother's Deli (41 Market St, Lynn 781-581-3363) will provide a Thanksgiving meal served from 8:00am to 2:00pm on Thanksgiving Day.
- * My Brother's Table (98 Willow St, Lynn 781-595-3224) is serving a Thanksgiving dinner to individuals and families on Thanksgiving Day from 1:00pm to 4:00pm; a brunch meal will be also served from 10:30am to 12:00 noon. Volunteer space is limited, so please call before November 15th if you are interested in volunteering.
- * The Moose (50 Grove St, Salem) will be serving Thanksgiving dinner at 12:00 noon; doors open at 11:30am. Registration required: call the Salem Council on Aging (SCOA) (978-744-0924 x15 Rosanna) and give your name and the number of people attending, by Monday, November 19th. Transportation is available for Salem Seniors: please inform when you call to register. Homebound Salem residents who are seniors or disabled can call the SCOA at (978-744-0924 x15) to arrange for a home delivered meal.
- * Ma Dukes and Friends (American Legion, 69 River St, Middleton 978-578-4718) will serve a Thanksgiving meal from 10am to 6pm. If you are homebound and would like a meal delivered to you, please call 978-578-4718 to sign up. *Any volunteers who would like to donate their time or food contact the above number. To make a monetary donation, please go to: www.gofundme.com/madukes2018
- * Gloucester American Legion (8 Washington St, Gloucester 978-283-9710 or 978-283-7117 (leave a message)) is serving a Thanksgiving meal from 11:30am to 12:30pm. Meals are also delivered to homebound Cape Ann residents (including Essex & Ipswich), who may call the Legion at 978-283-9710 (call after 3pm) or 978-283-7117 (anytime and leave a message), or email nestorlaw@aol.com, by 6:00 pm on Monday, November 19 to sign up by leaving your name, address, phone number, and number of meals. Volunteer servers and drivers are welcome; as well as monetary and food donations.

NSCAP 11/2/2018

CENAS DE ACCION DE GRACIAS/Jueves Noviembre 22, 2018



Salem, Peabody, Beverly, Middleton, Lynn, y Gloucester

- * <u>Haven from Hunger</u> (71 Wallis St. Peabody (978-531-1530) Estará ofreciendo Cenas de Acción de Gracias de 12:00pm a 1:00 pm el Día de Acción de Gracias. Las puertas abren a las 11:00 am para sopa y entremeses.
- * <u>Lifebridge</u> (56 Margin St. Salem (978-744-0500) Estará sirviendo Cenas de Acción de Gracias de 12:30 pm. a 1:30 pm. y de 6:30 pm. a 7:00 pm. el Día de Acción De Gracias.
- * St. Peter's Church (4 Ocean St. Beverly (978-922-3438) Estará sirviendo Cenas de Acción de Gracias de 12:00 del mediodía a 1:00pm, el Dia de Acción De Gracias.
- * Brother's Deli (41 Market St. Lynn (781-581-3363) Estará sirviendo Cenas de 8:00am. a 2:00pm el Día de Acción De Gracias.
- * My Brother's Table (98 Willow St. Lynn (781-595-3224) Estará sirviendo Cenas de Acción de Gracias a individuos y familias el Día de Acción de Gracias de 1:00pm. a 4:00pm; también serviremos almuerzo de 10:30am. a 12:00pm. del medio día. El espacio para voluntarios es limitado, por favor llame antes del 15 de noviembre si está interesado(a) en ser voluntario(a).
- * The Moose (50 Grove St. Salem (978-744-0924) Estará sirviendo Cenas de Acción de Gracias, a las 12:00pm del mediodía; las puertas abrirán a las 11:30am. Es necesario registrarse, por favor llame a Salem Council on Aging (978) 744-0924 x15 (Rosanna) para dar su nombre y el número de personas que asistirán, antes del lunes, 19 de Noviembre. Habrá transportación disponible para personas de la tercera edad de Salem. Las cenas pueden ser enviadas a las familias de Salem, que no pueden salir de sus hogares. Por favor llame al SCOA al (978-744-0924 x 15) para hacer arreglos de la entrega de la cena.
- * Ma Dukes and Friends (American Legion, 69 River St. Middleton (978-578-4718)
 Servirá Cenas de Acción de Gracias de 10:00am. a 6:00pm. Si usted no puede salir de su hogar, y le gustaría recibir una cena por favor llame al 978-578-4718, para registrarse. * Cualquier voluntario que le gustaría donar comida o su tiempo por favor llame al número de arriba. Para donaciones monetarias, puede ir a www.gofundme.com/madukes2018
- * Gloucester American Legion (8 Washington St. Gloucester 978-283-9710 or 978-283-7117 por favor deje mensaje) Estará sirviendo Cenas de Acción de Gracias de 11:30am a 12:30pm. Las Cenas serán enviadas a los residentes de Cape Ann, (incluyendo Essex & Ipswich) que no pueden salir de sus hogares, puede llamar a la Legion al (978) 283-9710 (después de las 3pm) o 978-283-7117 (deje mensaje) o a nestorlaw@aol.com, antes de las 6pm el lunes Noviembre 19 para registrarse, puede dejar su nombre, dirección, número de teléfono y el número de cenas que necesita. Voluntarios y choferes son bienvenidos; así como donaciones monetarias y de comida.

NSCAP 11/2/18



2018 Annual Meeting

Featuring a very special guest speaker:

Secretary of the Massachusetts Department of Veterans' Services

Francisco A. Ureña

Wednesday, November 28th 2018

Mayor Jean A. Levesque Community Life Center 401 Bridge St. Salem, MA 01970 9AM - 11AM

Light continental breakfast & refreshments Admission is <u>FREE</u>, but registration is required.

Please register at: www.nselder.org/event/2018mtg

Francisco A. Ureña was sworn in as Sccretary of the Department of Veterans' Services by Governor Charlie Baker on February 6, 2015.

Secretary Ureña's commitment to government service began the day after graduating high school when he enlisted in the United States Marines Corps. In the span of eight years of honorable service, his duties included Diplomatic Security with the Department of State at two American Embassies: American Embassy Damascus, Syria and American Embassy Bishkek, Kyrgyzstan. He is a Purple Heart recipient from injuries sustained during Operation Iraqi Freedom campaign.

Ureña followed his enlistment with a degree in History and Legal Studies from the University of Massachusetts, Lowell. While

pursuing his education, he involved himself in a series of volunteer work which ultimately led to his role as a Veterans' Services Officer in the City of Lawrence and later as Commissioner of Veterans' Services for the City of Boston. In 2008, Ureña was honored with "Veterans' Services Officer of the Year," awarded by former Veterans' Services Secretary, Thomas G. Kelley.

Secretary Ureña is committed to helping veterans live with dignity, honor, and independence; and ensures that the department and its initiatives focus on those goals.

Meet the Funder

Thursday, December 6, 2018 8:30 AM – 11:00 AM EST

The North Shore Community Health Network is hosting a "Meet the Funder" event on December 6th. This event is FREE and a great opportunity to meet and network with colleagues from across the North Shore while learning about some of our local foundations.

What would you ask a funder? Here is your chance! Join us for a discussion and networking event that helps take some of the mystery out of the grant decision process. Our panelists include representatives from the following funding agencies:

- The Tower Foundation
- Essex County Community Foundation
- Lahey Health (Beverly and Addison Gilbert Hospitals)
- The Foundation for Alcohol Education
- The United Way of Massachusetts Bay

Come hear funders' views on what makes applications competitive; how to tell your story; tracking and communicating impact; and other insights that will help you become more effective in raising funds for your organization's work. For more information or to register, please click here: https://www.eventbrite.com/e/meet-the-funder-tickets-51462936027

Wylie Conference Center Endicott College Beverly, MA 01915 View Map

Reasonable Accommodation

If you are a Salem HOPE participant and require reasonable accommodation at a quarterly Salem HOPE meeting, please contact the meeting host location and make your request as soon as possible, but no later than noon on the Monday prior to the meeting.

Salem HOPE hosts information on reasonable accommodation

Once you have committed to hosting a Salem HOPE meeting, you are encouraged to contact Massachusetts Commission for the Deaf & Hard of Hearing to request an American Sign Language (ASL) Interpreter at least two weeks prior to the meeting date. If you do not get any requests for ASL interpreters by noon on the Monday prior to the meeting, you can cancel the request by close of business on that Monday.

The website to request an interpreter is http://www.mass.gov/eohhs/gov/departments/mcdhh/request-an-interpreter.html. Their phone number is 617-740-1600 or 1-800-882-1155.

MEDICLERK TRAINING PROGRAM

Wellspring Community Education (WCE)

TRAINING FOR JOBS IN HEALTHCARE

Apply

The WCE MediClerk Training
Program is open to residents of the
North Shore who:

- Have attended a MediClerk Informational Open House Meeting.
- Have a high school diploma or GED (HiSET).
- Are available Monday through Friday 8:30am-3:30pm for the entire 15-week session.
- Have computer or typing experience (25 WPM).
- Elect to take and pass a Criminal Offender Record Investigation (CORI).
- Possess a Social Security card and proof of citizenship or legal residency.

Tuition assistance may be available. For more information, please call 978-354-2495.



Mediclerk Reunion, Spring 2016

Learn

The WCE MediClerk Training Program is designed to provide the necessary skills to succeed in an administrative position in the healthcare field. Courses offered during each 15-week session indudes:

- Medical Terminology
- Medical Office Procedures
- MS Word/Excel/PowerPoint/ Outlook
- Business Communications
- Medical Keyboarding
- Professional Success
- Goals/Job Search Skills

Students also learn on the job through job-shadowing and working Internships at North Shore Medical Center facilities.



Work

Upon successful completion of the WCE MediClerk Training Program, graduates qualify for consideration for entry-level positions in the healthcare field including:

- Patient Account Representative
- Patient Registration
- Unit Secretary
- Medical Records Clerk
- Financial Counselor/Billing
- Receptionist/Secretary

Graduates receive career counseling and support after graduation. Classes take place
Monday through Friday
8:30am-3:30pm at the
Salem Campus of North
Shore Medical Center.

January 7 to April 18, 2019

Informational Open House Meetings at:

> Salem Hospital Highland Hall Auditorium Basement Level 55 Highland Avenue Salem, MA 01970

September 26, 2018 9:30 am-11:00 am

October 3, 2018 9:30 am-11:00 am

October 18, 2018 9:30 am-11:00 am

November 1, 2018 9:30 am-11:00 am

November 5, 2018 9:30 am-11:00 am

November 14, 2018 9:30 am-11:00 am 5:00 pm-6:30 pm

November 28, 2018 9:30 am-11:00 am 5:00 pm-6:30 pm

December 6, 2018 9:30 am-11:00 am

Attendance at one of the above meetings is mandatory.

(978) 354-2495 www.wellspringhouse.org

Positive Parenting Program Discussion Groups



- Practical strategies for any parent or caregiver
- Build in positive strategies so you don't have to feel like you're always saying "NO"
- Increase positive time together and have a plan for what to do when there is a challenge!

Salem, Wednesdays 10am-12pm

At 110 Boston Street, Salem MA (Children's Friend and Family Svs)

- Topic 1: Dealing with Disobedience
- Topic 2: Managing Fighting and Aggression
 - Topic 3: Bedtime Routines
 - Topic 4: Hassle-Free Shopping

The four discussion topics will rotate. Group will not run on major holidays. Please call in advance to register for an intake appointment.

978-744-7905

We may access your health insurance or Family Networks if appropriate and with your consent. We will discuss this with you upon your first contact with us. Individual sessions may be available in addition to group and can be discussed with staff



