

# SALEM H.O.P.E.

*Human Organization Partnership Effort*

Networking Breakfast Meeting  
**Thursday, September 12, 2019**  
**9:00 A.M. Sharp**

*Hosted by:*

**Brookhouse Home**  
**180 Derby Street, Salem, MA**

*All social service agency representatives serving Salem residents are welcome.*

**PLEASE RSVP ATTENDANCE TO LAURIE FULLERTON**  
**at [lfullerton@brookhousehome.com](mailto:lfullerton@brookhousehome.com) or at 781-502-8321**

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## AGENDA

- 9:00 I. Welcome & Group Introductions
- 9:05 II. Agency Welcome – Judy Kane, Administrator
- 9:20 III. Information Exchange - All attendees present - **1 minute per agency please**  
*Bring any new brochures!*
- 9:55 IV. 100<sup>th</sup> Salem H.O.P.E. Newsletter (to be issued in November)  
*E-mail your announcements, job postings, event notices, articles etc.*  
*for September-December to [jguy@salem.com](mailto:jguy@salem.com) – Deadline 11/7/19*
- V. Next meeting dates (tentative):  
*Thursday, December 5, 2019 – Aspire Developmental Services, Inc.*  
*Thursday, March 12, 2020 – Lifebridge*  
*Thursday, June 11, 2020 – Enterprise Center at Salem State University*  
*Thursday, September 10, 2020 – To be determined*

## *Networking & Refreshments*

***Please email [jguy@salem.com](mailto:jguy@salem.com) if you are interested in hosting an upcoming meeting!***

*Persons with special needs should contact the host agency for reasonable accommodation and should provide ample time for the request to be arranged, but no later than noon on the Monday prior.*

*If you no longer wish to receive emails for Salem HOPE,  
please send an email to [jguy@salem.com](mailto:jguy@salem.com) asking to be removed from this distribution list.*

# Salem H.O.P.E.

Human Organization Partnership Effort



Newsletter Number 99

~ A newsletter for social service agencies ~

August, 2019

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## Citizens Inn/Haven From Hunger Hosted June, 2019 Meeting

[Citizens Inn](#) hosted the June, 2019 Salem HOPE meeting at the [Haven From Hunger](#). Representing the agency was Corey Jackson, Kate Benashski, Maureen Fiore and Shani Deschamps. Present were Jane Guy and Naomi Francisco of the City of Salem DPCD, Beth Alaimo of Root, Stephanie Jackson and Devin DeVasto of MA Rehabilitation Commission, Kristen Evans and Alyssa Galante of Aspire Developmental, Shantel Alix and Miriam Acevedo of North Shore CDC, Ann-Marie O'Keefe and Charlene Snow of MassHire, Trish Kennedy of Catholic Charities, Maureen Smith, and Maria Carrasquillo of NSCAP, and Richard Sanchez and Katina Polemenako of Salvation Army, Kerry Murphy of Mass in Motion/Salem Pantry, Ashley Melanson of North Shore Physician's Group.

Mr. Jackson welcomed the group and stated that Citizens for Adequate Housing rebranded to Citizens Inn three years ago and merged with Haven From Hunger two years ago. At the Haven, they renovated the kitchen last year and rent it out when they are not using it. They have started a culinary program working with five restaurant partners to employ participants. The recently received a Cummings grant to finish the first floor renovations and the bathrooms. For the second floor, they plan to have a large commercial kitchen with a dining hall and office space as a family success space, which is two years out. The Haven serves Salem, Peabody and Lynnfield. Mr. Jackson added that 48% of Citizens Inn/Haven From Hunger clientele are Salem residents, a total of 1581 persons.

Ms. Benashski stated that assist 75-160 families daily to access food, which is generally 60 lbs of food, or a 3-day supply. Their partners donate food that might otherwise be thrown out. She noted that the need has grown over the last couple of years. They try to build relationships and connect people with services during the community meals. The dinner serves 25-60 persons per night and it is served restaurant style. There is no ID required and any resident from any community is welcome. They are always looking for volunteers. They offer take-home

### Citizens Inn Haven From Hunger

#### Food Pantry:

Serves residents from Peabody, Salem and Lynnfield – open M, Tu, Th, F  
10:30am-2:30pm

#### Community Meals:

Open to all M, Tu, Th, F 4pm-close

Want to help out? Contact us at 978-531-9775 or [info@citizensinn.org](mailto:info@citizensinn.org) and we'll get you started!

meals for families.

Ms. Fiore stated that the Inn Between and Inn Transition house 36 families experiencing homelessness, 27 from DHCD and 8 from DPH for sober living. They have one community room with a long waiting list. There are also scattered sites in Peabody and Lynn. Families stay an average of 3 months to 2 years. They partner with supportive programs. Groups and workshops are provided to increase opportunities to get jobs. They also offer credit building assistance, health and wellness groups, recovery groups, an arts program, a lifeskills group through North Shore Community College and a nurturing parenting group.

Ms. Deschamps stated that at Citizens Inn she works with the stabilization program through DHCD, which follows families for 12 months. She works with participants to help increase their income so as to be able to sustain rent. This is done through education, connecting with resources and helping them understand their rights. She also manages 12 rental units for which there is a wait list.

Ms. Alix stated that [North Shore CDC](#) is offering a summer ESL program at Espacio and there is an open house on 6/27/19.

Ms. Acevedo stated North Shore CDC will have financial wellness classes on 7/16 and 7/17/19 in Spanish, including a \$50 incentive.

Ms. Melanson stated that for [North Shore Physician's Group](#), she works at Salem Hospital as a community health worker, assisting high risk patients to connect them with resources.

Ms. Carrasquillo stated that [North Shore Community Action Programs, Inc.](#) (NSCAP) offers a fuel assistance program and that applications start to be accepted in the first week of October.

Ms. Alaimo stated that she is the Program Director at [Root](#), a job training program for youth 16-24. They are starting a summer session that will be two months long.

Ms. Kennedy stated that at [Catholic Charities](#) she is the program manager for the English language program, in partnership with the North Shore CDC. There will be a summer program open to all levels with morning and evening classes. There will also be classes in Lynn.

Ms. Snow stated that the [MassHire North Shore Career Center](#) is having a retail and hospitality career fair on June 19<sup>th</sup> at the Community Life Center. There is also a recruitment event for Ocean State Job Lot at the North Shore Community College cafeteria on 6/25.

Ms. O'Keefe stated that the [MassHire Youth Career Center](#) is in the midst of its subsidized summer jobs program. She asked that youth looking to work be sent to her.

Ms. Jackson stated that at [MA Rehabilitation Commission](#), they have a new collaboration with the DTA and are hiring a vocational rehab counsellor and a job placement specialist. Starting July 1, they will provide day care and participants must have a disability.

Ms. Devasto stated to send clients her way for job driven trainings as MA Rehab. There is no waitlist.

Ms. Smith of NSCAP stated that there is funding for people moving into Salem or for Salem residents for first/last/security or for rental arrearages.

Major Sanchez stated that the [Salvation Army](#) is looking for partnerships. They have ESL, a backpack 68 program in the schools, community meals on Tuesday and Thursday, a Bridging the Gap program that serves at-risk groups and senior and youth to camp program.

Ms. Polemenako that the Salvation Army's backpack 68 program is with the Boys and Girls Club. They have a food pantry for Salem, Peabody and Marblehead residents on Monday, Wednesday and Friday from 9-11am or persons can call for an appointment. Camp Wonderland has openings for ages 6-12 and it is \$25 for the week.

Ms. Evans stated that [Aspire Developmental](#) has early intervention for developmentally delayed children ages 0-3. They have home visiting based services and are covered by insurance. They also offer community based play groups.

Ms. Galante stated that she provides community outreach at Aspire.

Ms. Francisco stated that the City of Salem offers [housing programs](#), including a First Time Homebuyer Program and a Housing Rehabilitation Loan Program. The FTHB program provides up to \$7500 in downpayment and closing costs. The Rehab program assists with handicapped accessibility, roofs, windows, etc. They are also a Get the Lead Out service agency.

Ms. Guy stated that she is the Assistant Community Development Director for the City of Salem [Department of Planning and Community Development](#), and that the comment period for the FY20 Action Plan will run through June 28<sup>th</sup> and a public hearing will be held on June 20<sup>th</sup>.



## About Citizens Inn

### CITIZENS INN

Without a safe, secure home and food on the table, it's nearly impossible to live a healthy, productive life in today's America. At Citizens Inn, we work on an individual basis to help families and individuals who are experiencing a housing crisis or food insecurity. Our full spectrum of services provides comprehensive assistance to each person based on their specific needs. Citizens Inn, now merged with Haven from Hunger, has served families and individuals across the North Shore for over 35 years. Our programs – [Citizens Inn Between](#), [Citizens Inn Transition](#), [Citizens Inn Homes](#), and [Citizens Inn Haven from Hunger](#) – are designed to help families and individuals prepare for and transition to a sustainable life. Through our work, we not only provide a safe place to stay and a meal on the table, but offer tools to empower families and individuals to find permanent solutions to break the patterns of instability in their lives.

#### **Citizens Inn**

81 Main Street  
Peabody, MA 01960  
**Tel:** (978) 531-9775  
**Fax:** (978) 977-9008

#### **Citizens Inn Haven from Hunger**

71 Wallis Street  
Peabody, MA 01960  
**Tel:** (978) 531-1530  
**Fax:** (978) 717-5158

## What is Salem H.O.P.E.?

Salem H.O.P.E. is a networking group of human service agencies that provide programs and services to Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to [jguy@salem.com](mailto:jguy@salem.com). The newsletter is printed four times per year. However, information that needs to be disseminated in a timelier manner will be forwarded to the listserv upon receipt.

## Reasonable Accommodation

***If you are a Salem HOPE participant and require reasonable accommodation at a quarterly Salem HOPE meeting, please contact the meeting host location and make your request as soon as possible, but no later than noon on the Monday prior to the meeting.***

### **Salem HOPE hosts information on reasonable accommodation**

Once you have committed to hosting a Salem HOPE meeting, you are encouraged to contact Massachusetts Commission for the Deaf & Hard of Hearing to request an American Sign Language (ASL) Interpreter at least two weeks prior to the meeting date. If you do not get any requests for ASL interpreters by noon on the Monday prior to the meeting, you can cancel the request by close of business on that Monday.

The website to request an interpreter is <http://www.mass.gov/eohhs/gov/departments/mcdhh/request-an-interpreter.html>. Their phone number is 617-740-1600 or 1-800-882-1155.

*The Salem H.O.P.E. Newsletter is prepared and distributed by Jane Guy of the Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor. [www.salem.com](http://www.salem.com) has [links to social service agencies](#), as well as information on [housing programs](#) and [foreclosure prevention and legal resources](#).*



## **CITIZENSHIP CLASS IN SALEM**

### **FALL 2019 – FREE!**

**SEPTEMBER 25<sup>TH</sup> – DECEMBER 11<sup>TH</sup>**  
**EVERY WEDNESDAY 7-9 pm**



**ESPACIO  
PUNTO**

**(105 Congress St. Salem)**

Are you eligible to become a US citizen through naturalization?

- \* Are you 18 years of age or older?
- \* Have you had your Green Card for 5 years? Or 3 years if you are married to a US citizen?
- \* Have you lived in the US for the majority of the time you've had a Green Card?

If you answered YES to the questions above, you may be eligible to apply for US citizenship!  
Come join us as we

- \* Learn about the naturalization process
- \* Study for the civics test
- \* Practice answering common interview questions with conversation partners

Call now to reserve your spot!  
978-594-1095

*Funded in part by the City of Salem  
Department of Planning & Community  
Development, U.S. Department of  
Housing and Urban Development.*

57 Wharf St., Ste. 3A Salem, MA 01970 978-594-1095 [www.odisma.org](http://www.odisma.org) [info@odisma.org](mailto:info@odisma.org)

*This program does not discriminate on the basis of race, color, national origin, religion, gender or gender identity, familial status, disability, ancestry, age, marital status, public assistance status, sexual orientation, veteran history/military status, or genetic information.*





## CLASE DE CIUDADANÍA EN SALEM OTOÑO 2019 – GRATIS!

25 DE SEPTIEMBRE – 11 DE DICIEMBRE  
TODOS LOS MIÉRCOLES 7-9 POR LA NOCHE



**ESPACIO  
PUNTO**

**(105 Congress St. Salem)**

¿Eres elegible para ser ciudadano/a estadounidense por naturalización?

- \* ¿Eres mayor de 18 años?
- \* ¿Has tenido el permiso de residencia por 5 años? ¿O 3 años si estás casado/a con un/a ciudadano/a estadounidense?
- \* ¿Has vivido en los EEUU la mayor parte del tiempo que has tenido el permiso de residencia?

Si respondiste afirmativamente a las preguntas anteriores, puedes ser elegible para solicitar la ciudadanía estadounidense. Ven y únete con nosotros mientras

- \* Aprendemos sobre el proceso de naturalización
- \* Estudiamos para el examen cívico
- \* Mejoramos el inglés y responder a las preguntas de la entrevista con compañeros de conversación

Para reservar tu lugar, llame al 978-594-1095.

*Financiado en parte por el Departamento de  
Planificación y Desarrollo Comunitario de la  
Ciudad de Salem, el Departamento de  
Vivienda y Desarrollo Urbano de los Estados*

57 Wharf St., Ste. 3A Salem, MA 01970

978-594-1095

[www.odisma.org](http://www.odisma.org)

[info@odisma.org](mailto:info@odisma.org)

*Este programa no discrimina por motivos de raza, color, nacionalidad, religión, género o identidad de género, estado familiar, discapacidad, ascendencia, edad, estado civil, estado de asistencia pública, orientación sexual, historial de veteranos / estado militar o información genética.*



## The NURTURING PROGRAM®

*NURTURING is the ability to care for and foster growth in yourself and others.*

### What is the Nurturing Program®?

The Nurturing Program is a series of **15 weekly classes** for families to take together. It is a strength-based program to help families incorporate new, positive, and nurturing patterns into their homes. Parents and children learn the same skills, although their teachers and classrooms are separate.

Your family will learn how to:

- Handle feelings, recognize and communicate needs, and take charge of behavior
- Handle stress and anger
- Replace hitting and yelling with more positive discipline techniques
- Recognize the need for nurturing touch
- Establish nurturing routines like mealtimes, bedtimes, getting out of the house, chores, etc.

### Pathways for Children Nurturing Program ® specifics:

- Pathways will be utilizing the Nurturing Program for Parents of Schools Aged Children curriculum.
- The program will be held at Pathways for Children located at **292 Cabot Street Beverly, MA.**
- It meets on Wednesdays from **September 25<sup>th</sup> - January 15<sup>th</sup>** from **4:30-7 pm.** There is a home visit prior the program beginning in order to get to know your assigned facilitator and program expectations.
- There is **no cost** for the program and open to anyone.
- The children's groups are divided into separate groups depending on age.
- A **free dinner** is provided each week.
- **Transportation reimbursement** is available for families living in the catchment area.

### How do I sign up or find out more?

Space is limited so call today! If you would like to sign up to participate or volunteer, call Pathways for Children Family Enrichment Program Coordinator, **Hailey MacDonald at 978-515-5381 or email at [hmacdonald@pw4c.org](mailto:hmacdonald@pw4c.org).**

### Sponsored by:







## **Necesita Ayuda Para Pagar Sus Cuentas De Calefacción Y Mantener Su Casa Caliente Este Invierno?**

El Programa de Asistencia de combustible en el programa de acción comunitaria del Norte Shore, Inc. ayuda a los propietarios o arrendatarios con ingresos elegibles a pagar sus cuentas de calefacción en el invierno. Si su ingreso bruto familiar está dentro de los límites que se muestran en esta tabla, usted puede calificar para el pago hacia sus facturas de calefacción de invierno, así como servicios de climatización que incluyen: calefacción de reparación del sistema o el reemplazo, un nuevo refrigerador y una auditoría de energía en el hogar que pueden ayudar a reducir su facturas de electricidad y mantener su casa caliente.\* Además, los clientes de National Grid pueden calificar para un descuento de hasta un 29% de descuento en su factura y adicionales de ahorro también.\* Se aplican algunas restricciones

### **2018-19 INCOME GUIDELINES**

| Miembros de la Familia | Ingreso Maximo** | Miembros de la Familia | Ingreso Maximo** |
|------------------------|------------------|------------------------|------------------|
| 1                      | \$35,510         | 4                      | \$68,289         |
| 2                      | \$46,437         | 5                      | \$79,215         |
| 3                      | \$57,363         | 6                      | \$90,141         |

**Para obtener información acerca de la asistencia de combustible llame al (978) 531-8810**  
**[fuelassistance@nscap.org](mailto:fuelassistance@nscap.org)**

**Para una cita llame al: (978) 531-0767 Ext. 138**  
**(1 de octubre-abril 30)**  
**Fuel Assistance**

**North Shore Community Action Programs, Inc.**  
**119 Rear Foster Street, Building #13, Peabody, MA 01960**

Revised August 2018

Servido: Salem, Peabody, Beverly, Danvers, Marblehead, Middleton y Topsfield

\*\* 60% of Estimated State Median Income Effective July, 2018



***Do You Need Help Paying Your Heating Bills  
And Keeping Your Home Warm This Winter?***

The Fuel Assistance Program at North Shore Community Action Programs, Inc. helps income-eligible homeowners or renters pay their winter heating bills. If your annual gross household income falls within the limits shown in the chart below, you may qualify for payments towards your winter heating bills and NSCAP's Energy Conservation Services such as: free LED light bulbs, a replacement refrigerator and / or air conditioner, air sealing and insulation, even a replacement heating system to keep your house warm\*. In addition, National Grid customers may qualify for a discount of up to 29%\* off their monthly utility bills! \*Some restrictions may apply

**2018-19 INCOME ELIGIBILITY**

| Household Members | Maximum Gross Annual Income** | Household Members | Maximum Gross Annual Income** |
|-------------------|-------------------------------|-------------------|-------------------------------|
| 1                 | \$35,510                      | 4                 | \$68,289                      |
| 2                 | \$46,437                      | 5                 | \$79,215                      |
| 3                 | \$57,363                      | 6                 | \$90,141                      |

**For more information about Fuel Assistance  
Call: (978) 531-8810, email: [fuelassistance@nscap.org](mailto:fuelassistance@nscap.org)  
or visit [nscap.org](http://nscap.org)**

**For an appointment call: (978) 531-0767 Ext. 136**

**October 1<sup>st</sup> – April 30<sup>th</sup>**

**Fuel Assistance**

**North Shore Community Action Programs, Inc.**

**119 Rear Foster Street, Building #13**

**Peabody, MA 01960**

Serving: Beverly, Salem, Peabody, Danvers, Marblehead, Middleton and Topsfield

Revised August, 2018

\*\* 60% of Estimated State Median Income Effective July 31, 2018



## HOW WE CAN HELP

**The MassHire-North Shore Youth Career Center (NSYCC) provides quality, comprehensive Employment and Career Services to area youth ages 14-24.**

### **Our NO COST Services Include:**

- ▶ Resume Writing
- ▶ Job Search Resources
- ▶ Job Referrals
- ▶ Job Application Assistance
- ▶ Interview Preparation
- ▶ Career Exploration & Planning
- ▶ Work Place Readiness Workshops
- ▶ HiSet & GED Programs



**Ann-Marie O'Keefe**  
Coordinator Youth Career Center  
T (781) 691-7435  
F (781) 691-7431

[aok@masshire-nscareers.org](mailto:aok@masshire-nscareers.org)  
117 Franklin St.  
Lynn, MA 01902

[www.masshire-nscareers.org](http://www.masshire-nscareers.org)  
**MassHire-North Shore Youth Career Center**

## OUR YOUTH PROGRAMS

**FirstJobs:** Summer jobs and work/career readiness training for youth and young adults.

**Connecting Activities:** College and career readiness work experiences, classes, and workshops for students in local high schools.

**Workforce Innovation and Opportunity Act (WIOA) Youth:** Workforce development programs for youth ages 16-24. Youth in these programs have access to services such as HiSet preparation and testing, occupational skills training, summer employment, and other supportive services.

### **Our partners for WIOA Youth**

**Action, Inc. /COMPASS**  
HiSet Prep & Testing  
Gloucester

**Catholic Charities**  
HiSet Prep & Testing  
Lynn

**North Shore Community Development Coalition**  
HiSet Prep & Testing  
Salem

## STEM INITIATIVES

### **Connecting High School Students to STEM Internships**

The number one challenge facing Massachusetts' innovation economy is the demand for a qualified and skilled workforce. There are more open jobs in science, technology, engineering and math (STEM) than employees to fill them.

This challenge will only grow with an aging workforce that will be retiring without enough qualified replacements.

The solutions starts in high school – getting students excited about STEM and providing them with real life experiences. Massachusetts' companies can play a key role in helping students while developing their workforce. STEM internships for junior and senior high school students are a valuable resource to get hands-on, real work experience.

