

SALEM H.O.P.E.

Human Organization Partnership Effort

Networking Breakfast Meeting

Thursday, March 10, 2011

9:00 A.M. Sharp

Hosted by:

North Shore Community Action Programs

75 Central Street, Peabody, MA

~ Please park in the municipal lot on the other side of Central Street ~

All social service agency representatives serving Salem residents are welcome.

PLEASE RSVP ATTENDANCE TO LEE HARTMANN AT 978-531-5220 X304

OR LHARTMANN@NSCAP.ORG

AGENDA

- 9:00 I. Welcome & Group Introductions
- 9:05 II. Agency Welcome – Elizabeth Hogan, Executive Director
- 9:20 III. Information Exchange - All attendees present - 1 minute per agency please
Bring any new brochures!
- 9:55 V. 66th Salem H.O.P.E. Newsletter (to be issued in May)
*Bring in your announcements, job postings, event notices, articles etc.
for May, June, July and August - or e-mail them to
jguy@salem.com – Deadline 4/28/11*
- VI. Next meeting dates (tentative):
*Thursday, June 9, 2011 – Independent Living Center
Thursday, September 8, 2011 – Salem YMCA (tentative)
Thursday, December 8, 2011 – Seeking host agency
Please email jguy@salem.com if you are interested in hosting an upcoming meeting!*

Networking & Refreshments

*If you no longer wish to receive emails for Salem HOPE,
please send an email to jguy@salem.com asking to be removed from this distribution list.*

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Human Organization Partnership Effort



Newsletter Number 65

~ A newsletter for social service agencies ~

February, 2011

Help! Proposed CDBG Cuts Threaten Services

As this newsletter hits the digital world, there is a very real financial threat that will effect many of the programs that are run by non-profit agencies that serve Salem residents. Community Development Block Grant (CDBG) funds have been targeted for cuts. We can expect a minimum of a 7.5% cut in CDBG funding as provided in President Obama's budget, but some Congressional members are pushing for even deeper cuts – the latest is 66% or decimating CDBG altogether.

This year, Salem was able to provide CDBG grant funds to 28 social service programs. The programs funded included that provide food, child care, prescription assistance, emergency rental assistance, senior transportation, youth activities, extra police patrols, services for children and adults with disabilities, services for parenting teens, services for the homeless and services for those who have been abused. A 66% cut would mean approximately 18 of those 28 agencies would loose their funding from Salem CDBG.

Salem is not alone. More than 35 cities and towns in Massachusetts that directly receive CDBG funds, as well as the numerous cities and towns that receive CDBG funds through the State's competitive process, will be given funding cuts. Cuts are not limited to Massachusetts - it will effect

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- *Meetings & Events, Etc.*
- *Open House at 325 Cabot Homes*
- *Salem's CDBG-Funded Public Services that Assisted Lower Income Households - Program Accomplishments For Last 5 Years*

Massachusetts House of Representatives

[Capuano, Michael E.](#), Massachusetts, 8th
[Frank, Barney](#), Massachusetts, 4th
[Keating, William](#), Massachusetts, 10th
[Lynch, Stephen F.](#), Massachusetts, 9th
[McGovern, James](#), Massachusetts, 3rd
[Markey, Ed](#), Massachusetts, 7th
[Neal, Richard E.](#), Massachusetts, 2nd
[Olver, John](#), Massachusetts, 1st
[Tierney, John](#), Massachusetts, 6th

Massachusetts Senators

[Brown, Scott P.](#) - (R - MA)
317 RUSSELL SENATE OFFICE BUILDING
WASHINGTON DC 20510
(202) 224-4543
scottbrown.senate.gov/public/index.cfm/emailscttobrown

[Kerry, John F.](#) - (D - MA)
218 RUSSELL SENATE OFFICE BUILDING
WASHINGTON DC 20510
(202) 224-2742
kerry.senate.gov/contact/

every State in the nation.

So what can you do? You can, **right now**, call and write your Congressional members and express your support for CDBG. Tell them how CDBG will effect programs, jobs, households and neighborhoods. Any reduction in CDBG funding would severely slow down or eliminate thousands of local and state projects and programs that are directly contributing to local and regional recovery. Tell them that CDBG provides the flexibility to fund a myriad of activities, fill gaps where needed, and leverage and attract additional resources to projects. This combination of CDBG with other resources adds to our local economy through the purchase of goods and services and adds to the betterment of the lives of our local citizenry through improved neighborhoods and services. Ask them to **oppose any legislation that would eliminate or reduce funding for CDBG** in FY11 or FY12. Invite them to visit you agencies, see the programs first-hand and meet some of your clients.

Call Congress Now – Go to www.house.gov and www.senate.gov or call the Capitol Hill Switchboard at 202-224-3121. Ask them to oppose any cuts to CDBG in FY11 and FY12. Ask for full funding of CDBG -- \$3.99 billion.

December Meeting Hosted by North Shore Elder Services

The December, 2010 Salem HOPE meeting was hosted by [North Shore Elder Services](#). Representing the agency was Paul Lanzikos, Chief Executive Officer, along with Kathy Parrella, Janice Wyman, Diane Kessler, Ben Kosofsky, Gene Doughty, Donna Graves and Beverly Flanagan. Present were Jane Guy of the City of Salem DPCD, Nimmi Wadhwa of NSCAP, Kimberly Jones, Charlene Snow and Sandra Efstratiou of the North Shore Career Center, Mary Margaret Moore and

Diane Speicher of the Independent Living Center, Barbara St. Pierre of Cerebral Palsy of Eastern Mass., Jane Williamson of Massachusetts Rehabilitation Commission, Pamela Foye of Anchor to Windward, Sandra Kennedy McPhee of HealthQuarters and Sonya Snow Parish of the North Shore Community College Adult Learning Center.

Mr. Lanzikos welcomed the group and stated that the North Shore Elder Services programmatic focus includes:

- Old and Bold LGB Coalition started a year ago with an event to bring together LGBs and their supporters. There is a supper club that meets every second Tuesday at the House of the Seven Gables
- Hoarding has become an epidemic and holds no social boundaries. It is a mental health disorder that can frequently become a public health issue. They have a hoarding specialist working at Catholic Charities and North Shore Elder

Elder Care Checklist

- Bill paying
- Caring for an aging loved one
- Companionship
- Grocer shopping
- Home safety modifications
- Household chores
- Laundry
- Meal preparation
- Medication reminders
- Nursing home selection
- Personal care
- Personal emergency response systems
- transportation

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www.nselder.org

Services and have developed an inter-agency task from Middleton, Danvers, Peabody, Salem and Marblehead working on prevention and intervention.

- The North Shore Regional Elder Assistance Coordinating Team (REACT) is for first responders and is not limited to hoarders, although hoarding is a huge piece of the focus.
- Health Care Reform activities include helping persons with the first 30 days of post hospitalization to avoid re-admittance and working with people on options for long-term care and support.

Mr. Lanzikos stated that North Shore Elder Services will be having an annual Spring event on [April 28th at the Hawthorne Hotel](#). Beatlejuice will be in the main ball room and Julie Doherty will be in the restaurant area.

Ms. Jones stated that she is an Outreach Specialist with the [North Shore Career Center](#) and connects with agencies to provide materials and presentations.

Ms. Snow stated that at North Shore Career Center she works with area businesses with their employment needs.

Ms. Efstratiou stated that North Shore Career Center has Employment Express, funded with a federal grant to provide employment transportation from Peabody, Salem or Danvers from 6am to midnight at a cost of \$2 per ride to and from work.

Ms. Williamson stated that she is a vocational counselor with [Mass Rehabilitation Commission](#) working with people of all ages to get employment. They offer counseling, training and job coaching. They are working with young people transitioning from high school.

Ms. Foye stated that she is on the board of [Anchor to Windward](#), which has been around for 22 years. They provide independent living help and social groups for people with disabilities or Autism.

Ms. Moore stated that the [Independent Living Center](#) assists any person of any age of any disability with information and referral, peer guides to help learn independent living skills and peer counseling and advocacy. The help insure that the Americans With Disabilities Act is implemented. They offer a What Are Your Options for Long Term Care Program, as well as workshops such as Housing Rights in Salem.

Ms. Flanagan stated that she coordinates the Commonwealth Care Program, which is a State program similar to the Vista Program. She coordinates volunteer companions.

Mr. Kosofsky stated that he is a Commonwealth Care volunteer. He visits elders and helps them to determine benefits available and prepare the forms, such as MassHealth, Snap and Fuel Assistance.

Mr. Doughty stated that he is a Commonwealth Care specialist and also a volunteer coordinator for various programs.

Ms. Kessler stated that she is also with Commonwealth Care at North Shore Elder Services.

Ms. Graves stated that she is a volunteer.

Join the **Old & Bold Coalition's**
Over the Rainbow Supper Club
for LGBT Seniors

2nd Tuesday each month
6-8 pm
House of the Seven Gables
Derby Street, Salem

Sponsored by
North Shore Elder Services
and LGBT Aging Project

978-624-2261
oldandbold@nselder.org

Donations accepted
\$2.50 seniors
\$5.00 anyone under age 60

Ms. Snow Parish stated that she runs the [Adult Learning Center](#) at North Shore Community College, where adult students can get a GED for free. The [North Shore Adult Education Partnership](#) has developed a resource website, created by Salem Cyberspace students.

Ms. St. Pierre stated that she is the Director of the North Shore Infant and Toddler Program of the [Cerebral Palsy of Eastern Mass](#). They work with children age 0 to 3 who are at risk of developmental delays. They serve ten cities and are located in Salem and Lynn. They have a sliding fee scale and offer parent support groups.

Ms. Kennedy McPhee stated that [HealthQuarters](#) provides affordable and confidential reproductive health services and health education. Their main office is in Beverly. They will be closing their Reading clinic.

Ms. Wyman stated that for North Shore Elder Services Family Caregiver Support Program, she helps families pick resources. They will be having a series of chronic disease management workshops in April at the Peabody Council on Aging available to persons of any age.

Ms. Wadhwa stated that [NSCAP](#) is offering free tax services for low income people. They are also opening a new site at Beverly Bootstraps. She noted that the fuel assistance program is up and running.

Ms. Parrella stated that at North Shore Elder Services, she provides option counseling, transition counseling and the family caregiver program.

Ms. Guy of the [City of Salem](#) Department of Planning & Community Development reminded the group to forward event notices, job openings, etc. to her and she will either forward them on to the Salem HOPE email distribution list or include it in an upcoming newsletter. All agency websites are included as links on the city website and Ms. Guy asked agencies to notify her if their website is missing.

North Shore Elder Services: Life. Made Easier. Information, Solutions & Support

The Information and Referral Center offers free information about elder care services and aging issues. Services that help older adults and caregivers lead independent lives include:

- Care Management
- Home Care Services
- Family Caregiver Support
- Elder Care Advice
- Health Benefits Advice
- Money Management
- Home Delivered Meals
- Senior Dining
- Nursing Services
- Nursing Home and Community Care Ombudsmen
- Elders in Crisis workers
- Housing Options
- Transportation

Phone: 978-750-4540

Fax: 978-750-8053

Email: info@nselder.org

Web: www.nselder.org

NSCAP

**Fuel Assistance
978-531-0767 x136**

**Heating Emergency Assistance
Retrofit Task Program
978-531-0767 x118**

**Free Tax Preparation Services
Thru April 13, 2011
978-531-0767 x222**

Employment Express

*Employment Transportation Services for Persons with
Disabilities & Low Income Individuals*

Danvers, Peabody, Salem pick-up/drop-off

**Sandra Efstratiou 978-767-5118
Norm Ketola 978-767-5119**

North Shore Career Center Veterans' Services

**Tom Frisiello
978-825-7207**

**Local Veterans' Employment Representatives ~ Disabled Veterans' Outreach
Program ~ Veteran Workforce Investment Program**

Meetings & Events, Etc.

- Saturday, February 19, 2010, 10am-1pm – Open House at 325 Cabot Homes, Beverly
- Thursday, March 10, 2011, 9:00am – Salem HOPE Spring Meeting – NSCAP, Peabody
- Thursday, March 31, 2011, 2-4:00pm – [Affordable, Available, Accessible Housing in Salem – How to Obtain It and Where It Is](#) – Beverly Cooperative Bank, 73 Lafayette Street
- Thursday, April 28, 2011, 6:00pm – North Shore Elder Services “Studio 35” – Hawthorne Hotel, Salem
- Thursday, June 9, 2011, 9:00am – Salem HOPE Summer Meeting – Independent Living Center, Salem
- Thursday, September 8, 2011, 9:00am – Salem HOPE Autumn Meeting – Salem YMCA, Salem
- Thursday, December 8, 2011, 9:00am – Salem HOPE Winter Meeting - Host agency to be determined

Please also check the City of Salem's [Meetings Calendar](#) and [Events Calendar](#), as well as the [Destination, Culture, Activities & Events](#) page. For additional workshops for businesses and non-profits, go to the [Enterprise Center at Salem State College](#).

www.salem.com has [links to social service agencies](#), as well as information on [housing programs](#) and [foreclosure prevention and legal resources](#).

What is Salem H.O.P.E. ?

Salem H.O.P.E. is a networking group of human service agencies that provide programs and services to Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to jguy@saalem.com. Newsletter printed four times per year. However, information that needs to be disseminated in a more timely manner will be forwarded to the listserv upon receipt.

The Salem H.O.P.E. Newsletter is prepared and distributed by Jane Guy of the Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor.

Open House at 325 Cabot Homes



Come See New
Studio Apartments
in Green Building

Available for March
1 Occupancy

When: Saturday
February 19,
2011
10am-1pm

Where: 325 Cabot
Beverly



32 Enhanced Studio Rental Apartments Available to Income-eligible applicants in Brand New Building. Green Building offers healthy living environment in downtown Beverly at affordable prices -- Studios rent for \$645 plus electric. Off-street parking, communal kitchen and laundry, bright, sunny rooms. Two handicap-accessible units available for rent.

Application forms available at YMCA Housing Office, 245 Cabot St. Beverly
(978) 922-0990

City of Salem
CDBG-Funded Public Services that Assisted Lower Income Households
Program Accomplishments For Last 5 Years

- 2884 seniors received transportation to medical appointments, senior center, shopping, hairdresser, adult day care, recreation, etc., resulting in 32,847 rides
- 841 youth of working parents received child care
- 3814 youth participated in after school programs, including music, art/crafts, basketball, science, yearbook, homework help, computer training, fitness/weight training, flag football, soccer, game tournaments, HIV/aids awareness, swimming, whiffleball, knitting, kite making, tutoring, dance, theatre, newspaper, kickball, hockey, dodgeball, leadership, cooking, yoga, MCAS prep, gang prevention and seminars
- Homeless Outreach Street Worker assisted 191 homeless persons with obtaining services including housing, detoxification, medical and/or employment/financial
- 35 youth participated in career planning program for mentally disabled high school students
- 230 medical prescriptions were filled
- 29 persons received training in medical office field
- 82 persons attended First Time Homebuyer workshops
- 22 youth participated in a juvenile firestarter intervention program
- 1211 persons received medical and dental appointments
- Bicycle & walk/ride police patrols in low-income neighborhood during warm weather months
- Hardware and software purchased to provide computer access for persons who are legally blind
- 25,986 persons received bags of food from food pantries
- Childcare and therapeutic intervention provided for mothers and children at shelter for abused women
- 62 youth received training in video production
- 258 developmentally delayed children received educational services
- 550 disabled persons assisted with finding accessible housing, applying for financial assistance and/or attended housing workshops
- 977 young parents and their children received baby items and parent education
- 98 persons participated in family literacy, youth job training, citizenship literacy, work readiness, English literacy or other self-sufficiency programs
- 685 persons attended ESL and/or citizenship classes, resulting in 24 GEDs and 558 new U. S. citizens
- 351 households received emergency rent or utility assistance avoiding homelessness
- 42 persons were provided with transitional housing
- 65 children participated in the summer food program at two playgrounds
- 46 persons participated in a community English program
- 79 seniors attended exercise classes at two senior housing locations