SALEM H.O.P.E.

Human Organization Partnership Effort

Networking Breakfast Meeting
Thursday, September 10, 2015
9:00 A.M. Sharp

Hosted by:

Catholic Charities To be held at 135 Lafayette Street Community Room

All social service agency representatives serving Salem residents are welcome.

PLEASE RSVP ATTENDANCE TO

Jill Bowen at jill_bowen@ccab.org or call 978-740-6923

AGENDA

- 9:05 II. Agency Welcome Ellen Galligan, Director, Community Services
 9:20 III. Information Exchange All attendees present 1 minute per agency please Bring any new brochures!
- 9:55 IV. 84th Salem H.O.P.E. Newsletter (to be issued in November)

 E-mail your announcements, job postings, event notices, articles etc.

 for September through December to jguy@salem.com Deadline 11/12/15
 - V. Next meeting dates (tentative):

Welcome & Group Introductions

9:00

I.

Thursday, December 10, 2015- Family Continuity Thursday, March 10, 2016 – MA Rehabilitation Commission Thursday, June 9, 2016 – Seeking host agency

Please email jguy@salem.com if you are interested in hosting an upcoming meeting!

Networking & Refreshments

If you no longer wish to receive emails for Salem HOPE, please send an email to <u>jguy@salem.com</u> asking to be removed from this distribution list.

Salem H.O.P.E.

Human Organization Partnership Effort



Newsletter Number 83

~ A newsletter for social service agencies ~

August, 2015

In this issue...

- New Liberty Charter School Hosted June Meeting
- New Liberty Charter School
- MRC Community Living Services
- Meetings & Events, Etc.

New Liberty Charter School Hosted June Meeting

The June, 2015 Salem HOPE meeting was hosted by <u>New Liberty</u> <u>Charter School</u>. Representing the agency was Jessica Yurwitz and Jennifer Thomas. Present were Jane Guy of the City of Salem DPCD, Jill Bowen of Catholic Charities, Grant Murphy and Jack Soslak of

Independent Living Center of the North Shore and Cape Ann, Inc (ILCNSCA), Jake Lefker of North Shore CDC, Carol Hawthorne of Anchor to Windward, Jen Orlando of Family Continuity, Katina Polemenako of Salvation Army, Anne-Marie O'Keefe of North Shore Youth Career Center, Maureen Fiore of North Shore Infant & Toddler Program, Leonette Strout of the Salem YMCA, Meghan Hardiman of Seven Hills Foundation, Debra Wonson of CFCE, Joyce Arcisz and Kim Rosenberg of Goodwill, Craig Lewis and Josh Marcus of NERLC, Yvonne Van Bodengraven of Saelm Public Schools, Fabiok Ortiz of NSCAP and Anne-Marie D'Angelo Florent of Masshealth.

Ms. Yurwitz welcomed the group and stated that the school name was changed last year. It was formerly the Salem Community Charter School and they have been in the current space approximately one year. The NLCS is a public school for 16-23 year olds. Their target population is at-risk youth you are unlikely to graduate. They must live in Salem or be homeless. They are a diploma granting institution, not a GED prep program. Serving 50-75 students, they focus on personalization. They know the clinical, academic and employment history of the student and develop a plan based on their strengths and weaknesses. They are competency based and will nto graduate a student that is not employable, is unstable out in the world or can't read or write at the tenth grade level. The Youthbuild program is a strong partner. They are seeking advocates in the community and employers that can offer varied opportunities.

Ms. Von Bodengraven stated that she works for the Community Volunteer Program at <u>Salem Public Schools</u>. They have brought in 150 hours of volunteer help per week. They are seeking other funding.

Ms. Orlando stated <u>Family Continuity</u> serves 28 communities with community mental health. They have joined forces with four other agencies in the Lynn area to take on a postpartum depression task force.

Ms. Strout stated that she runs the after school program for girls at the <u>Salem Y</u>. The Y has a new Executive Director – Charity Lezama. They will be having a summer food program for youth at parks. She noted that she is also on the board of North Shore CDC.

Ms. O'Keefe stated that the North Shore Youth Career Center is starting its summer jobs program with 100 jobs in Lynn, 50 in Salem and 50 in Peabody. They have received 500 applicants, meaning that more jobs are needed.

Ms. Fiore stated that North Shore Infant & Toddler Program serves children age 1-3 who may be at risk for delay in development or have been diagnosed with a disability. They do assessments, have parent-child and toddler groups that are open to the community and have staff that can provide trainings at agencies.

Mr. Soslak stated that he is the Community Information Specialist with **ILCNSCA**.

Mr. Murphy provided a list of events from the ILCNSCA.

Ms. Thomas stated that she is a counselor at New Liberty Charter School.

Ms. Bowen stated that she supervises the basic needs program at <u>Catholic Charities</u>, including assistance with past due rent or utilities if funding is available, a gift card program with Market Basket and a diapers/wipes program.

Ms. Hardiman stated that <u>Seven Hills</u> provides services for adults and children with disabilities. They have a shared living program.

Ms. Wonson stated that she runs the CFCE program at Salem Public Schools, which provides services for Salem residents with children aged birth to 8. They are looking to get the word out about their programs and are working on a resource manual.

Ms. Rosenberg stated that <u>Morgan Memorial Goodwill Industries</u> has vocational training programs for persons with disabilities. They provide volunteers to work at organizations (hang fliers, stuff envelope, mailings, etc.)

Ms. Arcisz stated that Goodwill has community based programs and dayhab.

Ms. D'angelo Florent stated that MassHealth is conducting various renewal outreach events in 2015. The events are listed on the MassHealth website.

Ms. Ortiz stated that <u>NSCAP</u> has a 6 week home health aide training program. They also have a job opening for a van driver.

Mr. Lewis stated that he is the Salem hub coordinator for <u>North East Recovery Learning Community (NERLC)</u> which serves high risk persons. They have a Better Days Program that they are partnering with North Shore CDC and Lifebridge.

Mr. Marcus stated that everyone at NERLC has been through some kind of challenge and wants to give back. They are hoping to start a peer support group on Thursday mornings.

Ms. Polemenako stated that the <u>Salvation Army</u> has some spaces open for summer camp. They are also planning some free summer outings. They are having a father/daughter dance.

Mr. Lefker stated that he is the Community Engagement Coordinator at <u>North Shore CDC</u>. They have a family resource center that provides financial and budgeting programs, English language classes and the Better Days

Program. They are conducting Summer Youth Build Days in various communities for YouthBuild students to do quick, hands-on renovation projects.

Ms. Hawthorne stated that she is the program coordinator for <u>Anchor to Windward</u>, a small social club for adults with mild disabilities.

Ms. Guy stated the City of Salem's 5-Year Consolidated Plan has been completed and is available for viewing at www.salem.com. She stated that each year the North Shore HOME Consortium undertakes a Point in Time count of homeless persons and families in January. They are going to do a second count for Salem, Beverly, Peabody and Danvers in July, 2015.

New Liberty Charter School

The New Liberty Charter School is an alternative high school within Salem Public Schools, serving 16-23 year olds who have previously struggled in school. NLCS students are restarting their quest for a high school diploma and staff provides the educational opportunities, personal support, flexible scheduling and real-world employment opportunities to help

New Liberty Charter School Museum Place Mall, 2nd Floor, Salem, MA 01970 978.825.3470



reach this goal. They also help students make up for lost time through an extended school day and an extended school year. NLCS offers **competency-based education**, which has three key elements:

Personalization: A Program To Fit The Individual Needs of Each Student

- SCCS students work on 33 specific academic, social, emotional, and workplace skills called competencies. We chart progress towards individual competency through benchmark assessments along the way.
- To earn a high school diploma from SCCS, students must reach competency in 25 areas. Ten of these
 competencies are required by Massachusetts. The student chooses the other 15 with the help of their
 SCCS advisory team.
- Each student develops on their competencies through a combination of coursework and real life expereinces in the order that works best for him or her.

Process: Students Learn In Many Different Ways

- Teaching and learning take many forms at SCCS.
- Our teachers are excellent instructors. They are also trained to be coaches. They know each student's profile as a learner, teach students to recognize their strengths and weaknesses and then encourage each student towards graduation.
- Learning happens in classrooms at SCCS but it also happens in outdoor experiences, on field trips, and on internships.
- We offer each student the flexibility in deciding how to complete—and demonstrate—competencies. Students choose the method that works best for them.

Pace: Students Progress Towards Graduation At Their Own Speed

- Most SCCS students have significant work or family responsibilities outside of school. We allow students to plan a schedule that fits their busy lives.
- Every student completes their competencies at a different pace depending on the amount of time they can be in school each day and the speed at which they learn information and new skills.



COMMUNITY LIVING SERVICES

Community Living Division Programs and Services Overview

The MRC Community Living Division is comprised of a variety of programs, supports, and services that address the diverse needs of adults and transition age youth with disabilities to fulfill their desire/need for community integration, to gain maximum control of their destiny, and to participate fully in their community.

Brain Injury & Statewide Specialized Community Services

- **Statewide Head Injury Program (SHIP)** provides a range of services for people with traumatic brain injury. This includes individual supports for community living, regional service centers, residential supports, case management, recreation programs, substance abuse services, technical assistance and consultation. For further information, call (617) 204-3852.
- **Nursing Home Initiative** serves people with developmental disabilities (not eligible for Department of Developmental Services) who are in nursing homes and want to move out. This is in accordance with the Rolland Class settlement. For further information, call (617) 204-3852.
- Transition for Youth with Disabilities coordinates MRC's Chapter 688 activities for youth with disabilities who are transitioning out of special education into the adult world of community life and employment. For further information, call (617) 204-3852.

INDEPENDENT LIVING & ASSISTIVE TECHNOLOGY

- The Massachusetts Rehabilitation Commission contracts with eleven Independent Living Centers (ILCs)
 across the state, serving people of all ages regardless of the type of disability. At least 51% of the board
 and staff of ILCs are persons with disabilities. . ILCs provide Peer Counseling, Skills Training, Information
 and Referral, Advocacy, community services and more. For further information call (617) 204-3851.
- The Adult Supported Living Program The Adult Supported Living Program provides case coordination services to individuals with a physical disability and an additional secondary disability to assist in managing and organizing their day-to-day life, including PCA management. For further information call (617) 204-3851.

Turning 22 – The Turning 22 Program provides two types of transition services for young people with disabilities who need support services during and after graduating high school or turning 22. The program is based on the independent living philosophy that consumers are empowered to make their own decisions about their lives based on informed choice. The T22 program works closely with staff of special education departments to coordinate services for students who will be graduating and needing MRC's independent and supported living services. For further information call (617) 204-3851 or (800) 223-2559.

- Assistive Technology Independent Living The AT-IL program provides Assistive Technology devices and services to individuals with severe disabilities so that they may maximize control over their environment and achieve self-determined goals. The program provides assessments, purchase and set-up of equipment, training and follow-up. For further information call (617) 204-3851.
- Home Modification Loan Program This program provides loans to modify the primary, permanent
 residence of elders, adults with disabilities and families with children with disabilities to improve

accessibility or to allow the beneficiary to live independently in the community. For further information call (617) 204-3851.

- The Community Based Housing program provides capital funding for the development of integrated housing for people with disabilities, with priority for individuals who are in institutions or at risk of institutionalization. For further information, call (617) 204-3851.
- Mandated by federal law, *The Statewide Independent Living Council (SILC)* provides input to MRC and the Commission for the Blind regarding independent living services in Massachusetts. This Council maintains a membership of at least 51% consumers of IL services. *For further information call (617) 204-3851.*
- The *MassMATCH* program, one of 56 state-level Assistive Technology (AT) initiatives in the United States, promotes the use of AT services to enhance the independence of people with disabilities. This is done through Assistive Technology Regional Centers, an AT Loan program, an on-line AT swap service (www.GetATStuff), and many other activities. *For further information call (617) 204-3851*.

HOME CARE ASSISTANCE PROGRAM

The *Home Care Assistance Program (HCAP)* provides homemaking services – assistance with grocery shopping, meal preparation, light housecleaning, and laundry – to adults with disabilities whose ability to continue living in the community is at risk without such assistance. To be eligible, individuals must be between the ages of 18 and 59, living alone (or, if with others, they are also unable to perform tasks), have a medically documented disability/functional limitations, and meet financial eligibility criteria. *For further information, call (617)204-3853 or (800) 223-2559.*

MONEY FOLLOWS THE PERSON DEMONSTRATION PROJECT/WAIVER SERVICES

The *Money Follows the Person (MFP)* project is a five-year, federal Medicaid demonstration program designed to support elders and individuals with disabilities ages eighteen and older to successfully transition from institutional facilities and live in their own homes or other community settings. MRC is the state's designated operating agency for the MFP Demonstration and Home and Community Based Waivers, which will allow the Commonwealth to offer an expanded array of Medicaid funded community services to MFP participants. *For further information, call (617) 204-3827.*

ACQUIRED BRAIN INJURY (ABI) WAIVER PROGRAMS

The *Acquired Brain Injury (ABI)* Waiver programs include two home and community-based waivers which were designed to transition and support individuals with ABI from nursing facilities (NF) and other long-stay hospital settings into community placements. The program supports the choice of eligible individuals to move to the community by providing a wide range of services and supports. Individuals can receive 24/7 residential supports or other services that enable them to move to their own home/apartment or to the home of family or someone else of their choosing. MRC is responsible for the operation, oversight and monitoring of the ABI waivers. Staff of the Community Living Division oversees the case management agency and service provider network to insure that waiver participants remain healthy and safe while receiving person-centered *and* high quality services. In addition, MRC's role also includes the screening and qualification of specific waiver services including residential habilitation, home accessibility adaptations, and transitional assistance.

PROTECTIVE SERVICES

Under the authority and oversight of the Disabled Persons Protection Commission and per M.G.L. chapter 19c, the *Massachusetts Rehabilitation Commission Protective Service Program* conducts civil investigations of allegations of abuse such as acts of physical, sexual, emotional, verbal abuse and omission by a caregiver of a person with a physical disability between the ages of 18 and 59. Protective services are provided to prevent further injury when it is determined that the abused individual was seriously injured as a result of an act

and/or omission by the caregiver. Protective Services offered to the abused individual are voluntary and short term, and are targeted to maintain the safety and independence of the individual.

To file a report of abuse to a person with a disability, the Disabled Persons Protection Commission Hotline can be contacted, 24 hours a day, 7 days a week at (800) 426-9009.

CONSUMER INVOLVEMENT PROGRAM

The primary mission of the *Consumer Involvement Program* is to improve the Commission's services by soliciting input from current or former recipients of MRC services, their representatives, providers of services, employers and others active in the field of vocational rehabilitation and independent living, and by working cooperatively with members of the disability community and MRC stakeholders on projects of mutual interest. *For further information, call (617)204-3665.*

- The State Rehabilitation Council (SRC) whose members are appointed by the Governor and mandated by federal law is charged with the responsibility of reviewing, analyzing and advising the MRC. The SRC meets with the Commissioner and members of his staff a minimum of five times a year. Standing committees have been established on high priority issues and are directed by the full Council. Membership includes a mix representation of consumers, employers, providers and other state agency representatives such as gubernatorial appointees and ex-officio members.
- The Consumer Involvement Program facilitates an engaged public forum in MRC's three Vocational Rehabilitation Districts through the *District Consumer Advocacy Councils (DCAC)* for the purpose of improving disability policies and programs through community advocacy. Members of the DCAC meet quarterly to share new opportunities, engage with community resources/program representatives, and collaborate in such areas as community transportation, housing, consumerism, education and health systems change.
- Individual Consumer Consultant (ICC) The MRC Consumer Involvement Program maintains a statewide registry of available and qualified persons with disabilities/consumers to work as Individual Consumer Consultants (ICCs) providing consumer input in the development of agency programs, policies, regulations and practices.
- The Annual Consumer Conference A consumer conference is held each year for the purpose of information sharing, strategy setting, networking and creative plenary sessions geared to enrich the partnership between sister agencies in the State Executive Office of Health and Human Services.
 Representatives from the Sister agencies advisory councils, and the State Independent Living Council take active part in planning and developing the agenda for this conference. For more information please call (617) 204-3665

Meetings & Events, Etc.

- Saturday, August 29th, 10:00am Kindergarten Countdown Peabody Essex Museum
- Thursday, September 10, 9:00am Salem HOPE Autumn Meeting Seeking host agency
- Wednesday, September 16, 8:00am <u>Million Dollar Women: Women on Boards</u> Salem State University Recital Hall, 71 Loring Ave.
- Sunday, September 27, Noon <u>Independent Living Center Sunday Brunch</u> Buffett Tavern in the Square,
 189 Washington Street
- Wednesday, September 30, 6:00pm <u>Where Do We Go From Here? Community Conversation</u> House of the Seven Gables, 115 Derby Street

- Wednesday, October 7, 8:30am-2:00pm <u>Jump Into The Future, Prepare for a Smooth Landing</u> DoubleTree by Hilton Hotel, Danvers
- Saturday, October 10, 5:30pm <u>Music for Independent Living & Karaoke Fun, ILCNSCA 7th Annual Music Fundraiser Knights of Columbus, 94 Washington Sq.
 </u>
- Wednesday, October 21, 5:30pm <u>ILCNSCA 29th Annual Meeting</u> 27 Congress St., Suite 107

Please also check the City of Salem's <u>Meetings Calendar</u> and <u>Events Calendar</u>. For additional workshops for businesses and non-profits, go to the <u>Enterprise Center at Salem State University</u>.

<u>www.salem.com</u> has <u>links to social service agencies</u>, as well as information on <u>housing programs</u> and foreclosure prevention and legal resources.

What is Salem H.O.P.F.?

Salem H.O.P.E. is a networking group of human service agencies that provide programs and services to Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to iguy@salem.com. The newsletter is printed four times per year. However, information that needs to be disseminated in a more timely manner will be forwarded to the listserv upon receipt.

The Salem H.O.P.E. Newsletter is prepared and distributed by Jane Guy of the Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor.



Creating Opportunities For Independent Living And Work

WE'VE MOVED!

Our new address is:

Executive Office of Health and Human Services Salem Center Massachusetts Rehabilitation Commission

45 Congress St. Unit 4120 Salem, MA 01970



Real Jobs. Real Change. Goodwill.

- Job Training & Career Services
- Business Partnerships & On-site Employment
- Youth Programs
- Social Enterprises

www.goodwillmass.org

TRAIN for entry level Customer Service Administrative JOBS in Health Care*

*Patient Services

*Medical Billing

* Doctor's Office Reception

At Wellspring Community Education's

MediClerk Fall 2015 Session

October 26, 2015 – February 4, 2016

Monday - Friday

8:30am - 3:30pm

MediClerk is a 15-week training program that includes an Internship and ongoing job search support.

Call 978-354-2499 for an Application

Applicants must attend **one** of the Informational Sessions below:

Thursday, August 27, 2015 – 9:30am

Thursday, September 10, 2015 – 9:30am

Monday, September 21, 2015 – 9:30am

Wednesday, October 7, 2015 – 9:30am

At Salem Hospital: 55 Highland Avenue, Salem, MA 4th Floor

*Requires CORI Check, GED/HiSet/or High School Diploma, Typing Test, Health Screening

Tuition Assistance is available on a sliding scale through Wellspring Community Education

Call 978-354-2128 for more information Llame a 978-354-2128 para mas informacion http://www.wellspringhouse.org/programs/

MediClerk is sponsored by Wellspring House, Inc. in partnership with North Shore Medical Center, U.S. Dept. of Housing & Urban Development, City of Salem and Lynn Dept. of Planning & Community Development

Wellspring House is committed to a policy of providing opportunities to people regardless of economic or social status and will not discriminate on the basis of race, religion, gender, sexual orientation, age or disability.

Kindergarten Countdown!

On

Saturday, August 29th at 10am

at

the Peabody Essex Museum, the Salem community is celebrating the start of kindergarten! Meet other kindergarteners, sit on a school bus, listen to kindergarten stories, and make a craft together!



All kindergarteners will receive a special surprise!

No need to register!





This program is co-sponsored by the Salem Public Library, the CFCE, the Peabody Essex Museum, and the office of Extended Learning Programs for the Salem Public Schools

Build Your Future with





Do you live on the North Shore? Do you need your HiSet (GED) or High School Diploma? Are you 16-24?



Complete your **HIGH SCHOOL DIPLOMA** or earn your **HISET** (GED)

Learn job skills through **CONSTRUCTION**

LEADERSHIP training

Earn a STIPEND

Be an ADVOCATE for your community
Earn Nationally Recognized CONSTRUCTION CREDENTIALS

Become an AMERICORPS member AND earn a SCHOLARSHIP

Are YOU ready for a change? APPLY NOW

Visit: www.youthbuildnorthshore.org Contact:

Tara Mitchell (978) 219-5363 or tara@northshorecdc.org









THE FAMILY RESOURCE CENTER AT NORTH SHORE CDC

FIND HOUSING

Free Smart Tenant Workshop Thursdays at 10 AM to learn about renter rights Free Subsidized Housing Workshop Thursdays at 11 AM to learn the affordable housing process

SECURE A JOB

Free Career Counseling Thursdays from 8:30 AM to 5 PM for job search and career training Free Work Readiness Workshop every other Tuesday from 2 - 4:30 PM to learn how to find a job

LEARN ENGLISH

Free English Classes Monday-Thursday for beginners, intermediate, and advanced students Both morning and evening classes offered to improve reading, writing and verbal skills

OBTAIN FINANCIAL SKILLS

Free Financial Workshop in areas of savings, budgeting, credit and debt management Every other Thursday from 5:30 PM - 7:30 PM starting on June 11



CONTACT US TODAY FOR ASSISTANCE

Visit North Shore CDC at 102 Lafayette Street in Salem Call Angela Figurido, Family Resource Center Coordinator nscdc at 978-219-5384 or email angela@northshorecdc.org

WWW.NORTHSHORECDC.ORG











El Centro de recursos para familias EN NORTH SHORE CDC

ENCUENTRE VIVIENDA

Taller gratis de inquilinos inteligentes los jueves a las 10AM para aprender sobre sus derechos Taller gratis de vivienda de subsidio los jueves a las 11 AM para aprender de obtener vivienda asequible

BUSQUE UN TRABAJO

Asesoramiento gratis de carrera los jueves de las 8:30AM a las 5PM Para ayuda en la búsqueda de trabajos, entrenamiento de carrera y puestos locales Taller gratis de preparacion del trabajo cada dos martes 2 - 4:30PM para conseguir un trabajo

APRENDA INGLÉS

Clases de inglés gratis lunes – jueves para estudiantes principiantes, intermedios y avanzados Se ofrecen clases en las mañanas y las tardes para mejorar las habilidades de escribir y hablar

OBTENGA SABIDURÍA FINACIERA

Taller gratis sobre ahorros, presupuesto, crédito y deudas Cada dos jueves de las 5:30 PM - 7:30 PM desde el 11 de Junio



CONTACTENOS HOY PARA ASISTENCIA

Visite North Shore CDC en 102 Lafayette Street en Salem Llame a Jacob Lefker, Coordinadora de Comunidad nscdc 978-219-53086 o correo electrónico jacob@northshorecdc.org

WWW.NORTHSHORECDC.ORG











Independent Living Center of the North Shore & Cape Ann, Inc.

Assistance with Completion of Universal Housing Application

Wednesday, September 2, 2015 2:00 – 4:00 PM ILCNSCA Main Office 27 Congress St., Suite 107 Salem, MA 01970



The ILCNSCA is the North Shore and Cape Ann service and advocacy agency for all persons with disabilities. We are available to assist you with completion of the Universal Housing application for subsidized housing across Massachusetts.

The need for housing that is affordable, accessible and available by persons with disabilities or families who have a member with disabilities is the most common request to ILCNSCA. ILCNSCA will have staff available to guide you in a group setting to assist you in completing your housing application.

Contact ILCNSCA at 978-741-0077 v, 888-751-0077 toll free, 978-745-1735 TTY, or via e-mail to: jsuslak@ilcnsca.org with "Housing Application Assistance Appointment" in the subject line to RSVP. We will remind you of items you must gather for attachment to the application when you schedule your appointment.

Please request communications accommodations at least two weeks in advance. ILCNSCA is scent-free to accommodate persons with chemical sensitivities. Please refrain from wearing scents such as perfumes or scented clothing. At public events photographs and/or video may be taken for ILCNSCA publication. We will respect all requests to not be photographed, please inform us at time of RSVP or arrival.

ILCNSCA is partially funded by the City of Salem Department of Planning & Community Development and the U.S. Department of Housing & Urban Development. ILCNSCA does not discriminate on the basis of race, color, national origin, religion, gender, age, ancestry, marital and familial status, income/public assistance, veteran history/military status, genetic information, sexual orientation or disability. ILCNSCA is an equal opportunity employer. Para más información por favor llame a 978-741-0077 V, 978-745-1735 TTY.

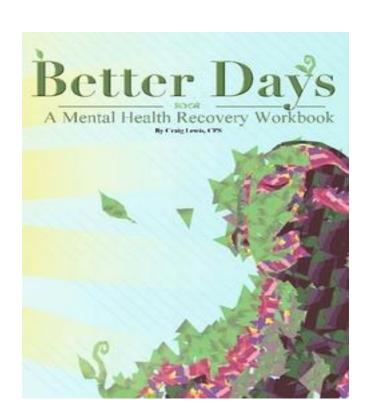








The Northeast Recovery Learning Community Presents: The Better Days Workshop In Collaboration with the North Shore CDC



When: Wednesday's starting on 5/20

Time: 3:00pm

Where: North Shore CDC

102 Lafayette Street, Salem

We will use Better Days Curriculum to explore strategies and coping skills to help us move towards achieving life goals and gaining independence

CONTACT: Josh Marcus at 978-687-4288 x113 or jmarcus@nilp.org

For more information go to: WWW.BETTERDAYSRECOVERY.COM

This peer support group is being sponsored by: The Northeast Independent Living Program, Inc. (www.nilp.org) & The Independent Living Center of the North Shore & Cape Ann, Inc. (www.ilcnsca.org), and is one of the core activities of the **Northeast Recovery Learning Community.** At public events photographs and/or video may be taken for ILCNSCA publication. We will respect all requests to not be photographed, please inform us at time of RSVP or arrival. ILCNSCA is partially funded by the City of Salem Department of Planning and Community Development and the U.S. Department of Housing & Urban Development. ILCNSCA does not discriminate on the basis of race, color, national origin, religion, gender, age, ancestry, marital and familial status, income/public assistance, veteran history/military status, genetic information, sexual orientation or disability. ILCNSCA is an equal opportunity employer. Para informacion 978-741-0077 978-745-1735 TTY

IMPROVE YOUR ENGLISH TODAY!

Two ESOL Programs in Peabody Now Recruiting New Students

English for Employment

Fridays, 9 a.m. — 2 p.m.
September 11—December 11

Intermediate & Low Advanced Level



Tuesdays and Thursdays, 1- 4 p.m. Session I: October 27—February 11

Session II: February —June

Advanced Level (*High school diploma or GED from any country required)

- Explore career opportunities on the North Shore in manufacturing and related fields
- Improve your English reading, writing and oral communication
- Identify skills employers want and create a strong resume and employment portfolio
- Prepare for a new job, college certificate or degree program

Call North Shore Community Action Programs (NSCAP) 978-531-0767 x205 (Gina) or email gfrey@nscap.org to schedule an appointment and assessment

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119 Rear Foster Street, Building #13
Peabody, MA 01960
978-531-0767 www.nscap.org





If communication accommodations are needed, please call at least two weeks prior. To accommodate people with chemical sensitivities, please DO NOT use perfume or scented clothing.

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The Independent Living Center of the North Shore and Cape Ann, Inc. (ILCNSCA)

Tavern in the Square Sunday Brunch Buffet



Sunday, September 27, 2015 12:00 PM to 2:00 PM

Tavern in the Square 189 Washington Street Salem, MA 01970

The suggested donation is \$10.00 for a person with a disability and \$10.00 for their PCA. The suggested donation for a person without a disability will be \$17.

If you would like to attend this event please RSVP by calling 978-741-0077 v, 888-751-0077 Toll Free or via Email to gmurphy@ilcnsca.org with "Brunch Buffet RSVP" in subject line by September 18, 2015. All reservations need to be prepaid via cash or check made out to ILCNSCA and received at ILCNSCA, 27 Congress St, Suite 107, Salem, MA 01970 by Thursday, September 24, 2015. Space is limited.

ILCNSCA is scent-free to accommodate persons with chemical sensitivities. Please refrain from wearing scents such as perfumes or scented clothing. At public events photographs and/or video may be taken for ILCNSCA publication. We will respect all requests to not be photographed, please inform us at time of RSVP or arrival.

The Aging and Disability Resources Consortium of the Greater North Shore, Inc presents:

Jump Into the Future:

Prepare for a Smooth Landing



Keynote Speaker: Loretta Laroche



Closing Speaker: Mal Allard

TO REGISTER:

www.2015adrcgns.eventbrite.com.

Ninth Annual Conference Wednesday, October 7, 2015 DoubleTree by Hilton Hotel Danvers, Massachusetts 8:30 AM - 2:00 PM