# SALEM H.O.P.E.

Human Organization Partnership Effort

### Networking Breakfast Meeting Thursday, September 8, 2016 9:00 A.M. <u>Sharp</u>

### Hosted by: Salem Council on Aging, 5 Broad Street

All social service agency representatives serving Salem residents are welcome. PLEASE RSVP ATTENDANCE TO Rosanna Donahue: rdonahue@Salem.com or call 978-744-0924

### AGENDA

- 9:00 I. Welcome & Group Introductions
- 9:05 II. Agency Welcome Trish O'Brien, Director
- 9:20 III. Information Exchange All attendees present 1 minute per agency please Bring any new brochures!
- 9:55 IV. 88<sup>th</sup> Salem H.O.P.E. Newsletter (to be issued in November) *E-mail your announcements, job postings, event notices, articles etc. for September through December to <u>jguy@salem.com</u> – Deadline 11/10/16* 
  - V. Next meeting dates (tentative): Thursday, December 8, 2016 – North Shore Elder Services Thursday, March 9, 2017 – Seeking host agency Thursday, June 8, 2017 – Seeking host agency

Please email jguy@salem.com if you are interested in hosting an upcoming meeting!

### Networking & Refreshments

If you no longer wish to receive emails for Salem HOPE, please send an email to <u>jguy@salem.com</u> asking to be removed from this distribution list.

Persons will special needs should contact the host agency for reasonable accommodation and should provide ample time for the request to be arranged.

# Salem H.O.P.E.

### Newsletter Number 87

~ A newsletter for social service agencies ~

August, 2016

### In this issue...

- Anchor to Windward Hosts June Meeting
- Anchor to Windward
- Information Worth Knowing
- What is Salem H.O.P.E? & Reasonable Accommodation

### **Anchor to Windward Hosts June Meeting**

The June, 2016 Salem HOPE meeting was hosted by <u>Anchor to Windward</u>. Representing the agency were Judy Jacobi, Pam Foye and Carol Hawthorne. Present were Jane Guy and Naomi Francisco of the City of Salem DPCD, Keshia DeLeon and Eddie Arocha of North Shore CDC, Charlene Snow and Alex Rose of North Shore Career Center, Kim Rosenberg and Joyce Arcisz of Morgan Memorial Goodwill, Maureen Fiore

and Ariel Wallen of Aspire Developmental Services, Inc., Debra Wonson of Salem CFCE, Katina Polemenako of Salvation Army, Jasmine Graddy of YouthBuild Northshore, Deborah Barber and Grant Murphy of the Independent Living Center, Matthew Castiglione of Deaf, Inc., Liz Chavez of NSCAP, Emily Rennard or Children's Friend & Family, Erin George of Beverly Bootstraps, Teury Marte of Massachusetts Rehabilitation Commission, and Anne-Marie D'Angelo-Florent of MassHealth.

Ms. Jacobi stated that Anchor to Windward (ATW) provides independent living services to adults with disabilities. They receive no state or federal funding and keep fees modest. Many of the program participants work at Market Basket. There is currently a waiting list.

Ms. Hawthorne stated that the waiting list is due to this being a small space and the desire to keep a comfort and safety level, capped at 30 persons. On Fridays, they have party nights, such as Fenway night, movie night and drop-in night for playing board games, etc. The serve persons 18+ from Salem and surrounding areas as far as New Hampshire. On Wednesdays, they have cooking activities with guest speakers. They have a Tuesday afternoon bowling league.



Mr. Polemenako stated that the <u>Salvation Army</u>'s Salem office serves Beverly, Salem, Marblehead and Peabody. They have a new program called Tools for Life, which is for life skills. They have camperships for camp in Sharon, MA for ages 7-12. They are starting a 6 week archery program for age 8+. They have a food pantry and other services.

Ms. Snow stated that at the <u>North Shore Career Center</u>, she provides business services in order to meet business employment needs. They recently held a job fair with 60 employers, which was visited by the Secretary of Veterans Affairs. They are planning a November event in the Salem Five community room.

Ms. Wonson of <u>Coordinated Family and Community</u> <u>Engagement (CFCE)</u> stated that they are funded by a grant from MA Department of Early Education and Care. They serve families of all abilities. They recently completed a resource manual which is available on line.

Ms. Graddy stated that <u>YouthBuild North Shore</u> assists ages 16-24 who want to do community service opportunities, such as painting, carpentry and construction. She noted that they would like to work with the elderly.

Mr. Murphy stated that <u>Independent Living Center of</u> <u>the North Shore & Cape Ann, Inc.</u> has events each month. On the first Wednesday, they provide assistance with universal housing applications and the LGBTQIA meets on the third Tuesday. Their annual meeting is in August.

Ms. D'Angelo-Florent stated that <u>MassHealth</u> has a caseload of 1.8 million members. They are doing a lot of reviews for program integrity and stated that if members get a letter, she encourages them to provide the information required as soon as possible, which can be done on-line.

Ms. Hawthorne stated that ATW has two big fundraisers per year. Coming up is a Christmas Walk in Marblehead and the ATW site will be transformed into a boutique.

Ki Rosenberg stated that <u>Morgan Memorial Goodwill</u> <u>Industries</u> (MMGI) is looking for volunteer opportunities for workers at non-profits. They currently work with Salvation Army, Haven From Hunger and Northeast

### **Anchor to Windward**

Anchor to Windward, Inc. is a 501(c)(3) nonprofit organization dedicated to developing the full potential of adults with special needs by providing social and recreational programming, in-home support services, and daily living skills training. Our programs offer a network of support to individuals and their families. We serve special needs adults from eleven communities located on the north shore of Massachusetts.

Anchor to Windward serves adults with developmental disabilities that stem from early childhood and result in cognitive delays within the I.Q. range of 75 to 95. Often capable of living independently, our clients are generally a more highly functioning population than is served by state funded programs – some can drive, and most are employed in full or part-time positions. However, once they reach adulthood and are no longer eligible for services through their local public school district, many struggle to find a support network. Often, these individuals are disenfranchised and alone. At ATW, we offer an opportunity to socialize, connect with peers, learn practical skills, and more.

### **Programs:**

- Social Club
- Life Skills Workshops & Speaker Series
- In-Home ADL Skills by Contract
- Independent Living Support

Anchor to Windward, Inc. 74 Atlantic Avenue Marblehead, MA 01945 781-990-3056

Animal Shelter. They are also looking for placement opportunities.

Ms. Marte stated that MMGI will be posting a job opening soon for a placement specialist.

Ms. Wallen stated that Aspire Early Support is running a pregnancy support group.

Ms. Fiore stated that Aspire Early Intervention assists children birth to 3 years who are at risk of developmental delays. They have groups at the center and out in the community. There is a swim group at Marblehead YMCA. There will be a gym and swim group at Danvers YMCA in the Fall.

Alex Rose stated that the North Shore Career Center helps people get jobs at no cost and serve 19 cities and towns. They have on the job training opportunities and training grants available.

Ms. Rennard stated that <u>Children's Friend & Family Services</u> has an outpatient clinic, peer mentoring, and in home therapy. They have sites in Salem, Lynn, Lawrence and Gloucester. Referral forms are on the website.

Ms. Foye stated that ATW is beginning their 27<sup>th</sup> year as an independent living program for high functioning adults. They provide skills reinforcing.

Mr. Castiglione stated that <u>Deaf, Inc.</u> has offices in Salem, Boston, New Bedford and Taunton, which services the New England Region for those deaf, hard of hearing, late deafened or deaf/blind. They connect clients with other agencies, provide communication access, and assist with independent living such as health, finding work or general assistance.

Ms. Francisco stated that she is the Housing Coordinator for the <u>City of Salem</u>, administering the First Time Homebuyer Program and the Housing Rehabilitation Program, which can include handicapped access improvements. They are the service agency for the Get the Lead Out program.

Ms. Chavez stated that <u>NSCAP</u> provides an elder home care program, a homeless prevention program, a small grant for emergency services for elders in need, and a home care program with aides who speak Greek, Portuguese, and Spanish. Training is available.

Ms. George stated that <u>Beverly Bootstraps</u> is predominantly for Manchester or Beverly residents. They provide help for anyone for SNAP applications. Education classes are open to any city or town resident.

Ms. DeLeon stated that <u>North Shore CDC</u> is having its annual Build Day in Beverly and Salem on July 8<sup>th</sup> and in Peabody and Lynn on August 12<sup>th</sup>. They are having a first time homebuyer education program at Salem Academy Charter School in July. They will be having a lottery for the 64 units of studios to 4 bedrooms for affordable rental housing on Congress Street.

Mr. Arocha stated that his summer position is to assist 14-20 students to take action on neighborhood development. They are looking for professionals to provide skills information.

Ms. Guy stated that the FY17 Action Plan was completed in May and is available at <u>http://www.salem.com/planning-and-community-development/pages/studies-and-reports</u>. She stated that the new HOME and CDBG income guidelines are available.

### **Information Worth Knowing**



Northeast**Arc** 

Lifelong support for people with disabilities

### P.R.E.P. (Preparation Readiness Employment Program)

This community based program will be managed by the Northeast Arc and is funded by the Massachusetts Rehabilitation Commission (MRC). The goal of P.R.E.P. is to provide students the skills, training and experiences necessary for competitive employment. One day a week, students will participate in employment readiness trainings, group activities, travel training, resume development, work tours, and other career planning activities. The training/readiness portion of the program will run from October 3<sup>rd</sup>, 2016 to June 30<sup>th</sup>,

2017. During the last two months of the program students will take part in a paid internship that includes appropriate job coaching as well as a peer support group.

#### Hours:

Group 1:	Mondays
Group 2:	Tuesday
Group 3:	Wednesdays

9:00AM - 2:30PM 9:00AM - 2:30PM 9:00AM - 2:30PM

Location / Contact Information: 16 Hale Street, Beverly, MA 01915

Primary Contact: Brian Lane, Program Manager (978) 624-3071 - Office

Second Contact: Kathy Marques, Asst. Division Director (978) 750-1436 ext. 3058 – Office

### Entrance Criteria (All students must be):

- Eligible for services through MRC
- Enrolled in High School throughout the duration of the program
- Able to get themselves to and from the program on their scheduled days
- Planning to pursue employment after completion of High School
- · Able to work independently in an internship after initial job coaching support
- Able to participate in classroom training and instruction
- Able to independently manage personal care, ambulation, and have the ability to self-manage behavioral needs
- Able to self-administer medication if it is required throughout the program time

## The Independent Living Center of the North Shore and Cape Ann, Inc. (ILCNSCA)

# Tavern in the Square Sunday Brunch Buffet



### Join Us Sunday, September 25, 2016 12:00 Noon to 2:00 PM

### Tavern in the Square 189 Washington Street Salem, MA 01970

The suggested donation is \$10.00 for a person with a disability and \$10.00 for their PCA. The suggested donation for a person without a disability is \$17.

If you would like to attend this event please RSVP by calling 978-741-0077 v, 888-751-0077 Toll Free or via Email to dbarber@ilcnsca.org with "Brunch Buffet RSVP" in subject line by September 19, 2016. All reservations need to be prepaid via cash or check made out to ILCNSCA and received at ILCNSCA, 27 Congress St, Suite 107, Salem, MA 01970 by Thursday, September 22, 2016. Space is limited.

ILCNSCA is scent-free to accommodate persons with chemical sensitivities. Please refrain from wearing scents such as perfumes or scented clothing. At public events photographs and/or video may be taken for ILCNSCA publication. <u>We will respect all requests to not be photographed</u>, please inform us at time of RSVP or arrival.

# Supper Club



The House of the 7 Gables 115 Derby Street Salem, MA

2nd TUESDAY of every month

Over the Rainbow Coalition North Shore Elder Services

Dinner and conversation for our LGBT elders and their allies.

Sponsored by:



5:00PM-8:00PM

Please RSVP 978-624-2261

Donations accepted! \$2.25 for seniors \$5.00 for anyone under age 60



Supported by The Independent Living Center of The North Shore And Cape Ann.

### What is Salem H.O.P.E.?

Salem H.O.P.E. is a networking group of human service agencies that provide programs and services to Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order

to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to jguy@salem.com. The newsletter is printed four times per year. However, information that needs to be disseminated in a timelier manner will be forwarded to the listserv upon receipt.

The Salem H.O.P.E. Newsletter is prepared and distributed by Jane Guy of the Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor.

<u>www.salem.com</u> has <u>links to social service agencies</u>, as well as information on <u>housing programs</u> and <u>foreclosure</u> <u>prevention and legal resources</u>.

### **Reasonable Accommodation**

If you are a Salem HOPE participant and require reasonable accommodation at a quarterly Salem HOPE meeting, please contact the meeting host location and make your request as soon as possible, but no later than close of day on the Monday prior to the meeting.

### Salem HOPE hosts information on reasonable accommodation

Once you have committed to hosting a Salem HOPE meeting, you are encouraged to contact Massachusetts Commission for the Deaf & Hard of Hearing to request an American Sign Language (ASL) Interpreter at least two weeks prior to the meeting date. If you do not get any requests for ASL interpreters by close of day on the Monday prior to the meeting, you can cancel the request by 9:00 on the Tuesday prior to the meeting.

The website to request an interpreter is <u>http://www.mass.gov/eohhs/gov/departmen</u>ts/mcdhh/request-an-interpreter.html. Their phone number is 617-740-1600 or 1-800-882-1155.



### **MediClerk Fall 2016 Session** October 17, 2016 – February 2, 2017

### Monday - Friday 8:30am - 3:30pm at the Salem Hospital Campus

MediClerk is a 14- week training program that includes an internship and ongoing job search support.

### TRAIN for entry level Administrative JOBS in Health Care

\*Patient Access Representatives \*Patient Services \*Unit Secretaries \*Laboratory Technicians \*Physician's Office \*Billing

Applicants must attend one of the Information Sessions below:

Monday, July 18<sup>th</sup> – 9:30am Wednesday, August 3<sup>rd</sup> – 9:30am Friday, August 19<sup>th</sup> – 9:30am Monday, August 29<sup>th</sup> – 9:30am Wednesday, Sept 7<sup>th</sup> – 9:30am Monday, September, 12<sup>th</sup> – 9:30am Wednesday, September 21<sup>st</sup> – 9:30am

Information Sessions are held at: 55 Highland Avenue, Salem, MA 4th Floor

# Tuition assistance is readily available on a sliding scale to eligible low-income applicants.

### **Our Mission**

Wellspring House empowers individuals and families to live more secure lives through basic needs assistance, education and job training.

### Call 978-354-2128 for more information Llame a 978-354-2128 para mas informacion http://www.wellspringhouse.org/programs/

MediClerk is sponsored by Wellspring House, Inc. in partnership with North Shore Medical Center, U.S. Dept. of Housing & Urban Development, City of Salem and Lynn Dept. of Planning & Community Development

Wellspring House is committed to a policy of providing opportunities to people regardless of economic or social status and will not discriminate on the basis of race, religion, gender, sexual orientation, age or disability.



# **Hoarding Disorder:** Advancing Understanding and Interventions

Thursday & Friday, Sept. 29 - 30 9:00am - 4:45pm

DoubleTree by Hilton 50 Ferncroft Rd, Danvers, MA (978) 777-2500

### **Registration Fees:**

Intensives: (each)	Early <u>Bird Rate</u> \$ 90.00	After <u>9/9/30</u> \$125.00	
Friday Conference:	\$190.00	\$225.00	
Friday + 1 Intensive:	\$265.00	\$325.00	
Friday + 2 Intensives	\$325.00	\$400.00	
2 Intensives:	\$170.00	\$225.00	
<ul> <li>\$3.95 fee for online registration</li> </ul>			

Includes SW CEUs

### Register now at:

//northshoreelderservices.regfox.com/

### Sponsored by:

ELDER SERVICES h. Mada Eastier.

North Shore Center for NORTH SHORE Hoarding & Cluttering

# & Salem

School of Social Work

For more information please contact:: Marnie Matthews 978-624-2207 <u>mmatthews@nselder.org</u>

Thursday, September 29 - Pre- Conference Intensives (3 CEUs each)

9:00am – 12:15pm Cognitive and Behavioral Interventions for Hoarding Disorder - Dr. Michael Tompkins

1:30pm – 4:45pm Developing and Maintaining Effective Task Forces – Panel—moderator: Marnie Matthews, LCSW

### Friday, September 30 - Conference Agenda

9:00AM – 10:30AM KEYNOTE: Dr. David Tolin (1.5 CEUs) "Understanding and Treating Hoarding Disorder"

- 11:00AM 12:15PM Breakout Sessions: (1.25 CEUs)
- Motivational Interviewing for Hoarding Disorder Dr. David Tolin
- The Ultimatum: It Was Never About the Stuff Lee & Bec Shuer
- Empathy and Empowerment: The Importance of Trust Relationships
- Safety Day: A Mental Health Alternative to Forced Clean Outs
- Starting and Maintaining Community Peer Support
- My Stuff, My Story: A Window into Lived Experience with Clutter

### 12:30PM – 1:30PM Lunch

1:30PM – 3:00PM KEYNOTE: Dr. Michael Tompkins (1.5 CEUs) "Advanced Harm Reduction:

A Pragmatic Approach to the Problem of Severe Hoarding"

- 3:15PM 4:30PM Breakout Sessions: (1.25 CEUs)
  - Working with Families to Enhance Help-Acceptance -Dr. Michael Tompkins
  - Collaborative Crisis Case Management: A Case Study
  - Defending Evictions Based on Hoarding
  - Managing Residents Who Hoard: Facilitating Lease Compliance
  - My Stuff, My Story: A Window into Lived Experience with Clutter
  - Training the Coaches