

# SALEM H.O.P.E.

*Human Organization Partnership Effort*

Networking Breakfast Meeting  
**Thursday, March 8, 2018**  
**9:00 A.M. Sharp**

*Hosted by:*

**Root NS, Inc.**

**Shetland Park, 35 Congress St., Bldg. 35, 3<sup>rd</sup> Floor, Suite 2350**

*All social service agency representatives serving Salem residents are welcome.*

**PLEASE RSVP ATTENDANCE TO [mmay@rootns.org](mailto:mmay@rootns.org)**

**or call Michael May at 978-616-7615 ext. 105**

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## AGENDA

- 9:00 I. Welcome & Group Introductions
- 9:05 II. Agency Welcome – Michael May, Associate Director
- 9:20 III. Information Exchange - All attendees present - **1 minute per agency please**  
*Bring any new brochures!*
- 9:55 IV. 94<sup>th</sup> Salem H.O.P.E. Newsletter (to be issued in February)  
*E-mail your announcements, job postings, event notices, articles etc.*  
*for December through March to [jguy@salem.com](mailto:jguy@salem.com) – Deadline 2/8/17*
- V. Next meeting dates (tentative):  
*Thursday, June 14, 2018 – North Shore Career Center*  
*Thursday, September 13, 2018 – House of the Seven Gables*  
*Thursday, December 6 or 13, 2018 – To be determined*  
*Thursday, March 14, 2019 – To be determined*

**Please email [jguy@salem.com](mailto:jguy@salem.com) if you are interested in hosting an upcoming meeting!**

## *Networking & Refreshments*

*Persons with special needs should contact the host agency for reasonable accommodation and should provide ample time for the request to be arranged.*

*If you no longer wish to receive emails for Salem HOPE,  
please send an email to [jguy@salem.com](mailto:jguy@salem.com) asking to be removed from this distribution list.*

# Salem H.O.P.E.

Human Organization Partnership Effort



Newsletter Number 93

~ A newsletter for social service agencies ~

February, 2017

## In this issue...

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- *About Triangle Inc.*
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- *Reasonable Accommodation*
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## Triangle, Inc. Hosted December Meeting

The December, 2017 Salem HOPE meeting was hosted by the [Triangle Inc.](#) Representing the agency were Jeff Gentry and Richie Jache. Present were Jane Guy of the City of Salem DPCD, Iolando Spinola of North Shore CDC, Debra Wonson of Salem Coordinated Family and Community Engagement (CFCE), Deborah Barber of the Independent Living Center of the North Shore and Cape Ann, Inc. (ILCNCSA), Maureen Smith of NSCAP, Sara

Jenike of Children's Friend & Family, Stephanie Jackson of Massachusetts Rehabilitation Commission (MRC), Kim Rosenberg and Joyce Arcisz of Goodwill, Trish Kennedy of Catholic Charities, Ashley Melanson and Alicia Morency of North Shore Physicians Group, Emily McCaffrey and Iolando Spinola of North Shore CDC, Carol Menton of MA Commission of Deaf and Hard of Hearing North, Katina Polemenako of Salvation Army, Camilla Blackman of the MediClerk Training Program and Jairo Minaya of Youthbuild North Shore.

Mr. Gentry welcomed the group and stated that Triangle, Inc.'s mission is to connect people to careers in the community. They serve 3000 people from 120 Massachusetts communities. He stated that persons with disabilities are the largest collective minority and that their goal is to get people employed. They work with many partners, such as MA Rehabilitation Commission, and worked with the Commission on Disabilities to update the accessibility icon used in parking, etc. Last year they had 320 job placements of which 160 were individual placements. Programs include certified CNA training and a culinary arts program. In addition, they connect with the community through volunteer opportunities with Salem Main Streets, Beverly Bootstraps and Lifebridge, etc. They have an abuse prevention training program as well as a leadership development program for 16-23 year olds. They also have 10 community homes, including Danvers and Beverly.

Mr. Jache stated that he manages the Group Employment program for Triangle, Inc., where they send individuals as a group to businesses, where the clients learn skills. Transportation is provided for groups. He stated that Triangle, Inc. serves ages 20-73. The agency assesses skill sets and clients work on resumes. When not working, they are at the agency for social time including music therapy on Fridays.

Ms. Polemenako stated that December is all about kettles and toys for the [Salvation Army](#) and that they are hoping to meet their goals. They are still providing daily lunches. The Good Neighbor Fund has started for fuel assistance for those who don't qualify for other fuel assistance programs. It can be used for heating and other utilities.

Ms. Wonson stated that [Salem CFCE](#) provides free parent/child programs for children 0-8, such as a monthly fathers' group at Home Depot. They have a Positive Parenting Program, library play groups and a

parent/child home program. They have an ages and stages questionnaire.

Ms. Rosenberg stated that she is a case manager at [Goodwill](#), which provides programs similar to Triangle, Inc., including group employment. They are always looking for jobs to place clients.

Ms. Arcisz stated that Goodwill also has a dayhab program.

Ms. Jenike stated that [Children's Friend & Family](#) provides therapeutic mentoring. They also have a positive parenting group.

Ms. Jackson stated that [MA Rehabilitation Commission](#) provides job driven training. They have a CVS pharmacy tech program and serve safe training program

Ms. Menton stated that at the Commission for the Deaf and Hard of Hearing, she works with adults to help connect them to resources so that they don't fall through the cracks. They contract with other programs, such as Deaf, Inc. The metro north service area extends from Waltham to New Hampshire.

Ms. Melanson stated that she is a Community Health Worker at [North Shore Physicians Group](#). This is a new position where they work with high risk patients referred by nurses and social workers. They act as a bridge to the community and resources, including assistance with job placement, SNAP applications, fuel assistance applications, etc., serving Beverly, Danvers, Salem, Lynn and Rowley.

Ms. Morency stated that she is a Community Resource Specialist with North Shore Physicians Group, which is a solutions based position.

Mr. Spinola stated that he is a Merrimack fellow, getting a degree in community engagement and supports [Catholic Charities](#) and [North Shore CDC](#). Catholic Charities has ESL classes. North Shore CDC has a new community center, Espacio, available for events, workshops or meetings. There is also an urban art museum in the Point Neighborhood and that people can visit the office for a tour.

Ms. McCaffrey stated that she is also a fellow at Merrimack, getting her master's in education and community engagement. She mainly works with Beverly, where they have a first Thursday event each month. There is also an income tax prep coming up.

Ms. Smith stated that [NSCAP](#) provides fuel assistance, citizenship classes, housing pathways program and home care.

Ms. Barber stated of the [Independent Living Center of the North Shore and Cape Ann, Inc.](#) stated that there is a high need for housing, with people living on the streets or in their cars, who are unable to get into shelters. They have a new Executive Director, Lisa Orgettas and they will be having a holiday open house. They will be having St. Peter/San Pedro Coat Closet again in January, where people can drop off coats at the church or contact her. They will be having a Valentine's dinner in February.

Mr. Minaya stated that he is the Youthbuild Outreach Coordinator. It is a training program for youth 16-24 in carpentry and construction, where they also work toward their GED, along with construction related licenses and certificates.

Ms. Blackman stated that the MediClerk training program is a 15 week program to prepare students for entry level jobs in the medical field. They have a high graduation and placement rate.

Ms. Guy stated that the City has [housing programs](#), including the First Time Homebuyer Program and the Housing Rehabilitation Loan Program for emergency repairs, code violations or handicap access. The CDBG Action Plan and RFP process will be beginning in January. She reminded members that they can forward information to her to be distributed to the Salem HOPE email distribution list.

## About Triangle, Inc.



**We see ability in everyone**

**Triangle, Inc. Salem Office**  
(978) 232-3933  
142 Canal Street, Suite P  
Salem, MA 01970

**Triangle, Inc.**  
and

Triangle, Inc. provides comprehensive services that empower transition-age youth and adults with disabilities to meet their personal and professional goals and ultimately achieve independence. Since our founding in 1971, our services have been adapted to meet the unique needs and ambitions of each individual we serve.

### Employment

Triangle, Inc.'s [Transitions to Successful Careers and School-to-Career](#) programs partner with students and recent grads to help them plan their careers, cultivate work experience, and secure gainful employment.

[Career and Community Access](#) equips both transition-age youth and adults with the career exploration experiences and community living skills they need to enjoy more independent lives.

Our [Career Services](#) team helps individuals to acquire work in supported environments or competitively in their community.

[Career Pathways](#) gives job-seekers the opportunity to obtain industry-recognized credentials and start careers in growing fields like Allied Health or the Culinary Arts.

### Empowerment

[Empowering People for Inclusive Communities \(EPIC\)](#) cultivates young leaders with disabilities who engage in a year of collaborative community service projects. EPIC also hosts community trainings and support groups that educate the public and encourage open dialogue.

[IMPACT:Ability](#) is a self-defense program that helps students with disabilities develop the verbal and physical safety skills they need to protect themselves.

### Independence

Our ten [Residential Homes](#) balance support and privacy to ensure that our residents live comfortably and independently.

[Shared Living](#) matches an individual with a disability to a home provider who welcomes them into their household and integrates them into their community.

[Community Choices and Community All-Stars](#) serve adults who are not seeking employment, exposing them to enriching activities that build independence and expand their networks.

**What is Salem H.O.P.E.?**

Salem H.O.P.E. is a networking group of human service agencies that provide programs and services to Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to [jguy@salem.com](mailto:jguy@salem.com). The newsletter is printed four times per year. However, information that needs to be disseminated in a timelier manner will be forwarded to the listserv upon receipt.

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## Reasonable Accommodation

***If you are a Salem HOPE participant and require reasonable accommodation at a quarterly Salem HOPE meeting, please contact the meeting host location and make your request as soon as possible, but no later than noon on the Monday prior to the meeting.***

### **Salem HOPE hosts information on reasonable accommodation**

Once you have committed to hosting a Salem HOPE meeting, you are encouraged to contact Massachusetts Commission for the Deaf & Hard of Hearing to request an American Sign Language (ASL) Interpreter at least two weeks prior to the meeting date. If you do not get any requests for ASL interpreters by noon on the Monday prior to the meeting, you can cancel the request by close of business on that Monday.

The website to request an interpreter is <http://www.mass.gov/eohhs/gov/departments/mcdhh/request-an-interpreter.html>. Their phone number is 617-740-1600 or 1-800-882-1155.

*The Salem H.O.P.E. Newsletter is prepared and distributed by Jane Guy of the Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor.* [www.salem.com](http://www.salem.com) has [links to social service agencies](#), as well as information on [housing programs](#) and [foreclosure prevention and legal resources](#).

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## Notices & Event Flyers



### Quit Now For a Healthy Heart

If you are a smoker, quitting is the most important step you can take to protect your heart health. Interested in talking to a quit smoking coach for free? **Call 1-800-QUIT-NOW (1-800-784-8669) or enroll online at [KeepTryingMA.org](http://KeepTryingMA.org).** The

Massachusetts Smokers' Helpline is open 24 hours each day, seven days a week with experienced coaches who are ready to help (some holiday hours may vary). Also available are FREE nicotine patches, gum or lozenges to further your chances of quitting smoking for good. *For more information about the Massachusetts Smokers' Helpline, click [here](#) and visit [KeepTryingMA.org](http://KeepTryingMA.org).*

### NSCAP Program Highlights

North Shore Community Action Programs (NSCAP) Advocacy program encourages Salem residents in need of rent arrearage assistance or start-up costs (first/last/security deposits) for people moving to or from Salem, to contact NSCAP and apply for assistance. *At this time, rental unit start-up costs are available only to households that meet one of the following preferences:*

- 1: Occupying substandard housing (includes homeless or shelter residents)
- 2: Paying more than 50% of their annual income for rent, or
- 3: Involuntarily displaced.

Applicants seeking rental arrearage or start-up assistance may call [978 531-0767, extension 150](tel:978-531-0767).

We may also assist qualified Salem residents who are struggling to pay their utility bills (electric or gas), or pay for oil, kerosene, or propane deliveries. We also may be able to provide utility (electric, gas, oil, propane, kerosene) assistance to *Danvers and Peabody residents*. Applicants for utility assistance may call NSCAP's receptionist at [978-531-0767, extension 100](tel:978-531-0767).

NSCAP's Fuel Assistance program will continue to process applications until April 30. Interested applicants should call Fuel Assistance at [978 531-0767, extension 136](tel:978-531-0767) to schedule an appointment or have their application reprinted; or visit [www.nscap.org](http://www.nscap.org) for more information.

If you qualify for NSCAP's Energy Conservation program, you may be eligible for weatherization, a heating system repair or replacement, refrigerator replacement, air conditioner replacement, washing machine replacement, and/or energy efficient light bulbs. Please call [978 531-0767, extension 118](tel:978-531-0767) for more information and to apply.

NSCAP's Elder Home Care program helps keep elders and the disabled in their homes by offering supportive Alzheimer's care, home health aide, homemaking, personal care, and companion services to low-income elders and the disabled. We currently have some funds available for emergency care and respite within the Greater Lynn Senior Service (GLSS) catchment area. Please call [978-531-0767](tel:978-531-0767), then press 7 for more information. *We are currently hiring Home Care Aides. Visit our website [www.nscap.org](http://www.nscap.org) or call for an application.*



Salem Public Schools  
Coordinated Family and  
Community Engagement



## 2018 Parent/Child Playgroups

### **Mondays, 9:00 - 10:30 AM - Parent/Infant Group**

Ages Birth - 18 months and their parent/caregiver  
at Aspire Developmental Services, 285 Lafayette Street, Salem  
Free Play - Circle Time - Snack - Sensory/Motor Activities  
Contact Amy Muzarol at 978-744-7037 x 1680

### **Tuesdays, 9:15 - 10:45 AM - Parent/Toddler Group**

Ages 18 - 36 months and their parent/caregiver  
at Aspire Developmental Services, 275 Lafayette Street, Salem  
Free Play - Circle Time - Snack - Sensory/Motor Activities  
contact Amy Muzarol at 978-744-7037 ext 1680

### **Tuesdays, 10:00 AM - Parent/Toddler Group**

Time for Twos!  
Ages 24-35 months and their caregivers  
Stories - Rhymes - Finger Plays - Songs  
at Salem Public Library, 370 Essex Street, Salem  
Call to register: 978-744-9667

### **Wednesdays, 10:00 AM - Parent/Infant group**

Babies and Books!  
Ages birth - 12 months and their parent/caregivers  
At Salem Public Library, 370 Essex Street, Salem  
Stories - Rhymes - Finger Plays - Songs  
Call to register 978-744-9667

### **Thursdays, 10:00 AM - Parent/Preschool Group**

Preschool Story Time  
Ages - 5 and their parent/caregiver  
Stories - Songs - Crafts  
at Salem Public Library, 370 Essex Street, Salem  
Call to register 978-744-9667

*\*If there is no school in Salem due to vacation or snow, there is no program.*

For more information contact Debra Wonson, Grant Coordinator at  
[debrawonson@salemk12.org](mailto:debrawonson@salemk12.org)

Please check our Facebook for up-to-date information at

[www.facebook.com/salemcfce](http://www.facebook.com/salemcfce)

Visit our website: [www.salemcfce.weebly.com](http://www.salemcfce.weebly.com)

Salem CFCE is funded by a grant from the Massachusetts Department of Early Education and Care  
awarded to Salem Public School



# FREE ENGLISH CLASSES

**READY TO IMPROVE YOUR  
ENGLISH?**



**COME TO AN INFORMATION SESSION  
TO APPLY.**

**INFORMATION SESSIONS ARE HELD  
THE FIRST TUESDAY OF EVERY MONTH  
AT 10AM AND 6PM.**

*Future Information Sessions: 2/5/18, 3/5/18, 4/3/18, 5/8/18, 6/5/18*

**There are two class sessions:**

- 1) Tuesdays, Wednesdays, and Thursdays - 9:00am-12:00pm or**
- 2) Tuesdays, Wednesdays, and Thursdays - 5:30pm-8:30pm**

**Contact:**

**781-599-8543**

**[www.pathwayslynn.org](http://www.pathwayslynn.org)**

**NEW ADDRESS:**

**Clocktower Building  
330 Lynnway, Suite 302  
Lynn, MA**



# CLASES GRATIS DE GED EN ESPAÑOL

**LISTO PARA ESTUDIAR PARA  
GED EN ESPAÑOL?**



**VEN A UNA SESIÓN DE INFORMACIÓN  
APLICAR.  
EL PRIMER LUNES DE CADA MES A LAS  
6 PM.**

*Próximas Sesiones: 2/5/18, 3/5/18, 4/2/18, 5/7/18, 6/4/18*

**Horario de Clase:**

**Martes, Miércoles y Jueves, de 5:30pm a 8:30pm**

**Contact:**

**Jessica Ortega**

**781-599-8543 x111**

**[www.pathwayslynn.org](http://www.pathwayslynn.org)**

**NEW ADDRESS:**

**Clocktower Building**

**330 Lynnway, Suite 302**

**Lynn, MA**



# FREE GED CLASSES

**READY TO STUDY FOR  
YOUR HISET/GED?**



**COME TO AN INFORMATION SESSION  
TO APPLY.**

**INFORMATION SESSIONS ARE HELD  
THE FIRST MONDAY OF EVERY MONTH  
AT 9AM AND 5:30PM.**

*Future Information Sessions: 2/5/18, 3/5/18, 4/2/18, 5/7/18, 6/4/18*

**There are two class sessions:**

- 1) Tuesdays, Wednesdays, and Thursdays - 9:00am-12:00pm or**
- 2) Tuesdays, Wednesdays, and Thursdays - 5:30pm-8:30pm**

**Contact:**

**Josh Shepherd  
781-599-8543 x103  
[www.pathwayslynn.org](http://www.pathwayslynn.org)**

**NEW ADDRESS:**

**Clocktower Building  
330 Lynnway, Suite 302  
Lynn, MA**



## FREE Citizenship Class in Peabody this Spring



**Fridays, March 2<sup>nd</sup> to May 18<sup>th</sup>  
9:30 am – 12:30 pm**

**Classes held at Peabody Institute Library  
82 Main Street, Peabody, MA 01960**

**SIGN UP NOW!**

**Stop in or contact Jackie Yandell at 978-531-0767 x122 or  
[jyandell@nscap.org](mailto:jyandell@nscap.org)**

- Learn about the naturalization and application process
- Study for the Citizenship interview and test
- Improve your English with a great teacher!

Can't make it to a morning class? Not a problem! Open Door Immigration Service in Salem, MA is hosting a citizenship class on Tuesdays from 7-9pm, March 13<sup>th</sup>- May 15<sup>th</sup>. For more information: Call [978-219-2355](tel:978-219-2355).

*In conjunction with area partners, NSCAP will be hosting a FREE citizenship clinic on April 7<sup>th</sup>, 2018. You can receive free N-400 application assistance! For more information, call 978-531-0767 ex. 122*



SALEM, MA

# FREE CITIZENSHIP CLINIC!



Saturday, April 07,  
2018  
9 am- 3 pm

Espacio  
105 Congress St.  
Salem, MA 01970



## TO BE ELIGIBLE YOU MUST:

- ✓ Be at least 18 years old
- ✓ Be a legal permanent resident for 5 years or 3 years if married to a U.S. citizen
- ✓ Read, write, and speak basic English

**Complete the N-400  
citizenship  
application with help  
from an attorney!**

**To register or for more  
information, call:**

**617-694-5949**



## Why?

**"We've hired MediClerk students that go above and beyond and are an asset to our department."**

—Courtney Munroe,  
Patient Access Supervisor  
North Shore Medical Center

**"MediClerk has widened my horizons and helped me achieve my goals."**

—Maureen Reyes,  
Graduate Financial Counselor  
North Shore Medical Center

**I am so thankful for having had the opportunity to attend the MediClerk Training Program. I knew this was a new beginning for me and I was definitely going to take advantage of this opportunity, and I did."**

—Karen G. MediClerk Graduate

Wellspring House is committed to a policy of providing opportunities to people regardless of economic or social status and will not discriminate on the basis of race, color, national origin, gender, gender identity, age, religion, marital status, familial status, sexual orientation, ancestry, public assistance, veteran history/military status, genetic information or disability.

The MediClerk Training Program is a partnership between Wellspring Community Education, a program of Wellspring House, Inc. and North Shore Medical Center.



The MediClerk Training Program is funded in part by:  
The Cities of Gloucester, Lynn and Salem U.S. Dept. of HUD Community Development Block Grants, The Women's Fund of the Essex County Community Foundation, The Mifflin Memorial Fund, East Boston Savings Bank Charitable Foundation, TD Bank Charitable Foundation, Peoples United Community Foundation, J. Jill Compassion Fund, Charles Sanders Trust, Edwin S. Webster Foundation, Ludcke Family Foundation, Rowe Foundation, Deutsche Bank Community Involvement Fund, and the Edward S. & Winifred Moseley Foundation.

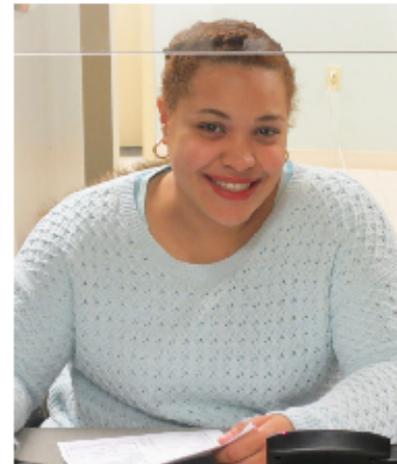
Wellspring House empowers individuals and families to live more secure lives through basic needs assistance, education and job training.

(978) 354-2495  
[www.wellspringhouse.org](http://www.wellspringhouse.org)



## MEDICLERK TRAINING PROGRAM

Helping people gain the skills and resources necessary for successful administrative careers in the healthcare field.



**Call: (978) 354-2495**

# MEDICLERK TRAINING PROGRAM

## Wellspring Community Education (WCE)

### TRAINING FOR JOBS IN HEALTHCARE



**Summer 2018 Session**  
May 8 to August 16

*Informational  
Open House Meetings at:*

Salem Hospital  
Highland Hall Auditorium  
Basement Level  
55 Highland Avenue  
Salem, MA 01970

## Apply

The WCE MediClerk Training Program is open to residents of the North Shore who:

- Have attended a MediClerk Informational Open House Meeting.
- Have a high school diploma or GED (H-SET).
- Are available Monday through Friday 8:30am-3:30pm for the entire 15-week session.
- Have computer or typing experience (25 WPM).
- Elect to take and pass a Criminal Offender Record Investigation (CORI).
- Possess a Social Security card and proof of citizenship or legal residency.

Tuition assistance may be available. For more information, please call 978-354-2495.



Mediclerk Reunion, Spring 2016

## Learn

The WCE MediClerk Training Program is designed to provide the necessary skills to succeed in an administrative position in the healthcare field. Courses offered during each 15-week session includes:

- Medical Terminology
- Medical Office Procedures
- MS Word/Excel/PowerPoint/Outlook
- Business Communications
- Medical Keyboarding
- Professional Success
- Goals/Job Search Skills

Students also learn on the job through job-shadowing and working

Internships at North Shore Medical Center facilities.

## Work

Upon successful completion of the WCE MediClerk Training Program, graduates qualify for consideration for entry-level positions in the healthcare field including:

- Patient Account Representative
- Patient Registration
- Unit Secretary
- Medical Records Clerk
- Financial Counselor/Billing
- Receptionist/Secretary

Graduates receive career counseling and support after graduation.

**Classes take place  
Monday through Friday  
8:30am-3:30pm at the  
Salem Campus of North  
Shore Medical Center.**

January 26, 2018  
9:30am-11:00am

February 9, 2018  
9:30am-11:00am

February 21, 2018  
9:30am-11:00am

March 8, 2018  
9:30am-11:00am

March 14, 2018  
5:00pm-6:30pm

March 28, 2018  
9:30am-11:00am

April 12, 2018  
9:30am-11:00am

April 20, 2018  
9:30am-11:00am

*Attendance at one of the above meetings is mandatory.*

(978) 354-2495  
[www.wellspringhouse.org](http://www.wellspringhouse.org)