### SALEM H.O.P.E.

Human Organization Partnership Effort

### Networking Breakfast Meeting Thursday, March 14, 2019 9:00 A.M. <u>Sharp</u>

### Hosted by: Children's Friend & Family Services 110 Boston Street

All social service agency representatives serving Salem residents are welcome. **PLEASE RSVP ATTENDANCE TO CHRISTIN BROWN** at <u>cbrown2@jri.org</u> or at 978-219-1516

#### AGENDA

- 9:00 I. Welcome & Group Introductions
- 9:05 II. Agency Welcome Christin Brown, LICSW, Area Director
- 9:20 III. Information Exchange All attendees present **1 minute per agency please** *Bring any new brochures!*
- 9:55 IV. 98<sup>th</sup> Salem H.O.P.E. Newsletter (to be issued in May)

*E-mail your announcements, job postings, event notices, articles etc. for June-September to jguy@salem.com – Deadline 5/16/19* 

V. Next meeting dates (tentative):

Wednesday, June 13, 2019 – Citizens Inn/Haven from Hunger Thursday, September 12, 2019 – Brookhouse Home Thursday, December 5, 2019 – Aspire Developmental Services, Inc. Thursday, March 12, 2020 - To be determined

Networking & Refreshments

Please email <u>jguy@salem.com</u> if you are interested in hosting an upcoming meeting! Persons will special needs should contact the host agency for reasonable accommodation and should provide ample time for the request to be arranged, but no later than noon on the Monday prior.

If you no longer wish to receive emails for Salem HOPE, please send an email to <u>jguy@salem.com</u> asking to be removed from this distribution list.

## Salem H.O.P.E Human Organization Partnership Effort

### Newsletter Number 97

~ A newsletter for social service agencies ~

February, 2019

#### In this issue...

- NSCAP hosted December Meeting
- About NSCAP
- *National Grid: Give vour home an energy make-over*
- *E-Cigarette Quit Program*
- What is Salem H.O.P.E?
- *Reasonable Accommodation*
- All about EVICTION
- Notices & Event Flyers

### **NSCAP** hosted December Meeting

The North Shore Community Action Programs, Inc. (NSCAP) hosted the December, 2018 Salem HOPE meeting. Representing the agency were Robert McHugh, Deric LePard, Gina Frey, Lori Fonseca, Heidi Williams, Josephine Campagnone, Maureen Smith, Lee Hartmann, Rosalyn Gonzalez, Mike Brown, Maria Carrasquillo and Dan DeAngelis. Present were Jane Guy and Naomi Francisco of the City of Salem DPCD, Stephanie Jackson, Steve Giannoros and Devin DeVasto of MA Rehabilitation Commission, Kristen Evans of Aspire Developmental, Deborah Barber of the Independent Living Center, Camilla Blackman of Wellspring House/MediClerk Program, Pam Peterson of Anchor to Windward,

Maureen Fiore of Citizens Inn, Laurie Fullerton of the Brookhouse Home, Lori Johnstone and Matthew Castiglione of Deaf, Inc., Jake Lefker of North Shore CDC, Diane Knight of Tobacco Free Partnership, Charlene Snow of North Shore Career Center, Rachael Walker of For Kids Only After School and Janice Wyner of North Shore Elder Services.

Mr. McHugh welcomed the group and stated that NSCAP is a designated anti-poverty agency serving Salem, Peabody, Danvers, Beverly and beyond.

Mr. LePad stated that he is NSCAP's Director of Advocacy and Planning. He stated that the Advocacy Department does a tremendous amount of information and referral. NSCAP distributes funding for emergencies, fuel assistance, rent arrearages and rental start- up costs). It is X-100 for emergency assistance. The housing screener is Erica at X-150. They have a rep payee program.

Ms. Fonseca stated that NSCAP's Housing Law Project provides legal information for housing and helps residents who experience housing difficulties, which could be a complaint or court representation. They also educate on tenants' rights and responsibilities and can provide workshops on topics such as the eviction process.

Ms. Frey stated that she is NSCAP's Director of Education and Workforce Development, with a focus on English language learners. They serve 100 students per year.

Mr. DeAngelis stated that he administers NSCAP's Fuel Assistance Program, which helps income-eligible households (up to 60% of median income) pay their heating bills. He noted that three quarters of NSCAP's clients go through the Fuel Assistance Program. Participants can recertify annually once they are in the program. The average benefit is \$800.

Ms. Carrasquillo stated that there is a separate phone number for NSCAP's Fuel Assistance Program.

Ms. Campagnone stated that NSCAP provides weatherization services, such as heating system repairs. They provide home weatherization at almost no cost to improve energy efficiency. They take applications year found. They also help with refrigerators, washing machines, dehumidifiers and window air conditioners to bring energy bills down.

Mr. Brown stated that NSCAP's Community Outreach Department provides various programs, such as case management, HIV programs and funds for housing subsidies. They use a housing first model, which is housing first, followed by intensive case management.

Ms. Williams stated that she provides outreach and intake for anyone interested in the housing first.

Ms. Smith stated that NSCAP's Housing Pathways assists 70 families in its shelter. The process starts with the DTA office. Housing search is provided, along with help with applications, job search and managing money. They provide referrals to early intervention and work with Salem Public Schools.

Ms. Gonzalez stated that NSCAP's Home Care Department works with elderly so that they age comfortably at home and avoid nursing homes, etc. They are hiring home health aides and companions.

Ms. Barber stated that the Independent Living Center is having an open house on December 7, 2018.

Diane Knight of the Northeast Tobacco Free Community Partnership provided a vaping resource handout and stated that she can provide talks. There is a quit smoking helpline. They also work with landlords about smoke free education.

Mr. Lefker stated that North Shore CDC is an affordable housing developer and he is the Director of Community Engagement. They offer free tax preparation, free adult education in English and Spanish and citizenship classes.

Mr. Giannoros stated that <u>MA Rehabilitation Commission</u> is the state agency for people with disabilities to obtain and maintain employment. He stated that MA Rehab provides job placement and vocational training.

Ms. DeVasto stated that MA Rehab has a deaf and hard of hearing counsellor. They provide training when the person does not have the skills to work. In January, they are offering a pharmacy technician program thru CVS.

Ms. Jackson stated that through MRC's pharmacy technician training program, there is an on the job cashier component after the first few weeks.

Ms. Wyner stated that North Shore Elder Services assists individuals aged 60+ in Peabody, Salem, Danvers, Marblehead and Middleton. They are the area agency on aging (area services access point). They provide home care services, programs for clutterers and hoarders, meals on wheels, options counseling and have a caregiver support group.

Mr. Castiglione stated that Deaf, Inc. works with those who are deaf, hard of hearing, late deafened and oral deafe (those who are deaf but do not know sign language). They looking to get the word out about their programs, such as information and referral, peer counseling, advocacy and sign language classes.

Ms. Fullerton stated that she is the Director of Communications at the Brookhouse Home for Aged Women, an historical home on Derby Street. They have a short waiting list. They are supported by DTA and Medicaid.

Ms. Evans stated that <u>Aspire Developmental</u> provides early intervention for ages birth to 3. They work with the whole family to offer resources. They have an early support program for those pregnant and at-risk.

Ms. Blackman stated that Wellspring House's MediClerk Program has a placement rate of 87%. It is a job 15week training program for administrative jobs in the health care field offered 3 times per year.

Ms. Snow stated of the North Shore Career Center has business services reps, has a list of companies hiring for the holidays and is having a job fair in Gloucester in March.

Ms. Peterson stated that Anchor to Windward is a social program for high functioning mentally challenged adults, providing day programs, life skills and a Friday night social club.

Ms. Francisco stated that she is the Housing Coordinator for the City of Salem Department of Planning and

Community Development has several housing programs for low to moderate income households, including the First Time Homebuyer Program for downpayment and closing costs, and the Housing Rehabilitation Loan Program for emergency repairs or full rehabilitation to bring properties up to code. It is also the lead service agency for the Get the Lead Out Program.

Ms. Fiore stated that the Citizens Inn works with hose experiencing homelessness to achieve success. They also run the Haven From Hunger.

Ms. Walker stated that she is the Regional Social Worker at For Kids Only After School. They try to include students of all different skill levels.

Ms. Guy stated that the next CDBG public hearing to kick off the development of the annual Action Plan will be announced and held in January.

For this and other PSAs or brochures, visit

https://nationalfairhousing.org/



### About NSCAP

North Shore Community Action Programs, Inc. (<u>NSCAP</u>) is the designated anti-poverty agency for Beverly, Danvers, Peabody, and Salem. We also serve residents of 18 other communities in Essex County. The people that come to NSCAP are empowered to move toward self-sufficiency. Low-income families and individuals obtain the skills and knowledge they need to become economically independent, civically engaged, and able to live with dignity. To achieve our mission, NSCAP provides a range of programs:

- Information & Referral
- Housing Stabilization
- Home Health Services
- Housing & Homelessness
  - Community Outreach
  - Housing Pathways
  - Housing Law Program

- Advocacy
- Energy Services
  - o Energy Conservation
  - Fuel Assistance
- Adult Education
  - o ESOL
  - o Citizenship/Naturalization
  - English at Work

North Shore Community Action Programs | 119 Rear Foster Street, Building 13 | Peabody, MA 01960

**Phone Number:** (978) 531-0767 | **Fax Number:** (978) 531-1012 | **Email Address:** <u>info@nscap.org</u>



### Give your home an energy makeover.

National Grid's Income Eligible Energy Services Program is designed to help make sure you can enjoy an energy efficient home that's healthier, more

comfortable, and more affordable for you and your family. The first step is to schedule a no-cost home energy assessment where an energy specialist will do an attic-to-basement evaluation to identify areas where your home can save energy. These services are available whether your home is heated with oil, natural gas, electricity, wood, coal, or propane.

You may also qualify for no-cost energy saving improvements, such as:

- A no-cost upgrade or replacement of your heating system
- No-cost energy saving services including attic and wall insulation, weather stripping, and air sealing
- A no-cost replacement refrigerator, freezer, clothes washer, dehumidifier, and/or window A/C unit if your current appliances are inefficient
- No-cost installation of energy efficient lighting and water saving devices

To get started contact Mass Save® at 866-537-7267 or NSCAP. If you live in a building with five or more units, you should apply for services through the LEAN Multifamily Program website, or call 617-348-6425.

### **E-Cigarette Quit Program**

The Truth Initiative just launched a <u>first-of-its-kind free e-cigarette quit program now available to young</u> <u>vapers looking for help</u>. The program is tailored by age group to give appropriate recommendations about quitting and also serves as a resource for parents looking to help their children who now vape. It is being launched and integrated into the already successful <u>This is Quitting</u> (app) and <u>BecomeAnEX®</u> digital cessation programs from Truth Initiative. Teens, adults, and parents of teens seeking help around quitting e-cigarettes/JUULLing can text "QUIT" to (202) 804-9884.

### What is Salem H.O.P.E.?

Salem H.O.P.E. is a networking group of human service agencies that provide programs and services to Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to <u>jguy@salem.com</u>. The newsletter is printed four times per year. However, information that needs to be disseminated in a timelier manner will be forwarded to the listserv upon receipt.

### **Reasonable Accommodation**

If you are a Salem HOPE participant and require reasonable accommodation at a quarterly Salem HOPE meeting, please contact the meeting host location and make your request as soon as possible, but no later than noon on the Monday prior to the meeting.

#### Salem HOPE hosts information on reasonable accommodation

Once you have committed to hosting a Salem HOPE meeting, you are encouraged to contact Massachusetts Commission for the Deaf & Hard of Hearing to request an American Sign Language (ASL) Interpreter at least two weeks prior to the meeting date. If you do not get any requests for ASL interpreters by noon on the Monday prior to the meeting, you can cancel the request by close of business on that Monday.

The website to request an interpreter is <u>http://www.mass.gov/eohhs/gov/departments/mcdhh/request-an-interpreter.html</u>. Their phone number is 617-740-1600 or 1-800-882-1155.

The Salem H.O.P.E. Newsletter is prepared and distributed by Jane Guy of the Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor. www.salem.com has links to social service agencies, as well as information on housing programs and foreclosure prevention and legal resources.

### **EVICTION**

#### Notice to Quit & Summons and Complaint

#### What is a notice to quit?\*

The notice to quit is the first step in the eviction process. A landlord can send you a 14-day notice to quit for non-payment of rent if you have a lease or if you are a tenant at will. If your landlord sends you a 14-day notice to quit, it must tell you that you have a tight to "cure" (pay the rent owed and stop the eviction). If your notice to quit does not inform you of the right to cure, it is defective.

You only have the right to cure if this is the first 14-day notice to quit you have received in the last 12 months. If you do not have a lease and pay the amount of rent you owe within 10 days of receiving the notice. If you have a lease, you can stop the eviction by paying the rent owed by the Answer due date (described later).

If you have a lease (that defines your tenancy for a set period of time), your landlord can also send you a 30-day notice for lease violations. If you are a tenant at will, your landlord can send you a 30-day notice to quit for any reason or for no reason at all. You must receive 30-days' notice or one full rental period's notice, whichever is longer.

#### Do I have to leave at by the end of the notice period?

You do not have to move at the end of the time stated in the notice to quit. Only a judge can order you to leave your apartment. After the time period on the notice has passed, the only thing your landlord can do is legally serve you with a Summons and Complaint.

If your landlord threatens to lock you out of your apartment, see the "Lock-outs" sheet.

Remember, only a judge can order you to leave your apartment.

#### What is a Summons and Complaint?

A Summons and Complaint is a document that tells you why your landlord is evicting you and why your landlord terminated your tenancy. It will list your original court date, also called the trial date. This date is the date that you have to go to court to defend against your eviction.

### What should I know in order to fight my eviction?

#### Answer

On your Summons and Complaint is an Answer date. You should take particular note of the Answer date. This date is the date by which you must deliver a document called an Answer to the court and your landlord or his/her attorney. The Answer is a document that you use to tell your side of the story. The Answer is your opportunity to assert a defense and any counterclaims against your landlord. The Answer is due the first Monday after the entry date on the Summons and Complaint. Remember, the Answer must be received (not mailed) by the court and your landlord or his/her attorney by the Answer date.

#### Discovery

Due on the same date is Discovery. Discovery is a document you use to request information and documents from your landlord to help you prepare and prove your case. If you file Discovery with the court and your landlord or his/her attorney by the Answer date, the court will automatically reschedule the original trial date and postpone it for two weeks. Your landlord must respond to your request for Discovery within 10 days of receiving it.

#### Transfer

If you receive a Summons and Complaint from the district court, you should transfer your case to the Northeast Housing Court. The transfer must be received by the district court and your landlord or his/her attorney before your original trial date.

The advantage of transferring an eviction case to housing court is that judges in housing court are generally more familiar with housing laws than judges in district court. Additionally, in the

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<sup>\*</sup> A landlord can also evict a tenant for drug related or other unlawful activity. In this case, your landlord may not be required to send you a notice to quit but may go to court and serve you a Summons and Complaint.

### EVICTION Notice to Quit & Summons and Complaint

Northeast Housing Court, there are Housing Specialists who work for the court that will provide mediation services to facilitate an agreement between yourself and your landlord. Lastly, in the Northeast Housing Court (but not in district court) there is the Lawyer for a Day program, described below, through which you may be eligible to receive free legal advice and representation with your eviction.

#### How can I get legal assistance to help me with the eviction?

Both North Shore Community Action Programs (NSCAP) and Northeast Legal Aid/Justice Center (NLA/NJC) provide clinics that help tenants fill out their Answer, Discovery and Transfer forms, prepare for court and register for the Lawyer for a Day Program (LFD), so that you can have legal representation in court for your eviction. To participate in the clinic you must call the office that serves the city/town in which you live and must meet the eligibility guidelines. You should contact NSCAP or NLA/NJC as soon as your receive a Summons and Complaint because the eviction process is extremely time sensitive.

#### NSCAP

119 R Foster Street, Bldg 13 Peabody, MA 01960 (978) 531-0767 Ext. 100 Intake

Beverly	Boxford	Danvers
Essex	Gloucester	Hamilton
Ipswich	Lynnfield	Magnolia
Manchester	Marblehead	Middleton
Peabody	Rockport	Rowley
Salem	Swampscott	Topsfield
Wenham	· · ·	

Northeast Justice Center / Northeast Legal Aid 181 Union St. Suite 201 Lynn, MA 01902 (781) 599-7730

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### What should I do if I missed my court date?

If you missed your court date and your landlord went to court, the court most likely entered a default judgment against you. This means your landlord won the eviction case and can evict you approximately ten days from the trial date. If you have a good reason for missing your eviction trial, you can request a hearing to ask the judge for remove the default judgment. In order to get a hearing, you must immediately file a document with the court called a **Motion to Remove the Default**. For more information see Booklet entitled "Removing a Default" with model motion form.

#### Contact Information for the Courts

Northeast Housing Court Fenton Judicial Center 2 Appleton Street Lawrence, MA 01840 (978) 689-7833

Housing Court is open in Salem on <u>Mondays</u>, <u>Tuesdays</u>, and <u>Wednesdays</u> only at the J. Michael Ruane Judicial Center, 56 Federal Street in Salem, 3<sup>RD</sup> Floor from 8:30am-4:30pm

Newburyport District Court 188 State Road Route 1 Traffic Circle Newburyport, MA 01950-6637 (978) 462-2652

Gloucester District Court 197 Main Street Gloucester, MA 01915 (978) 283-2620

Salem District Court 56 Federal Street Salem, MA 01970 (978) 744-1167 x3001

Peabody District Court 1 Lowell Street Peabody, MA 01960 (978) 532-3100 Lynn District Court 580 Essex Street Lynn, MA 01901 (781) 598-5200

NSCAP 11/18

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# Join us for a Salem Housing Forum!

### Sign up for updates! **bit.ly/salemhousing**

Come learn about housing need in Salem, tools to create more Affordable Housing, and Inclusionary Zoning

March 5, 2019

7:00PM - 8:30PM

Community Life Center 401 Bridge Street

## Homes for Salem!

¡Acompáñenos para un ¡Manténgase informado! bit.ly/salemhousing

Foro de Vivienda en Salem!

Venga y aprenda sobre la necesidad de vivienda en Salem, herramientas para crear más vivienda asequible, y Zonificación Inclusiva

Marzo 5, 2019 7:00PM - 8:30PM

Community Life Center 401 Bridge Street









AN INITIATIVE OFFERED IN SUPPORT OF THE VITAL CARE BEING PROVIDED TO AREA ELDERS, VETERANS, PERSONS LIVING WITH DISABILITIES, AND THEIR FAMILIES

CONVERSATIONS FOR CARING IS PROVIDED BY GREATER LYNN SENIOR SERVICES IN COLLABORATION WITH AREA COMMU-NITY PARTNERS.

HOSTED BY PEABODY COUNCIL ON AGING AND TORIGIAN SENIOR CENTER



### BORDERLINE PERSONALITY DISORDER: WHAT PROVIDERS NEED TO KNOW

### PRESENTER

### James A. Jenkins, MD

Medical Director, 3East Cambridge Residence, Staff Psychiatrist, Gunderson Residence, McLean Hospital

### DATE, TIME, AND PLACE

Tuesday, March 5, 2019 1:00-2:30 p.m.

Torigian Senior Center 75R Central Street Peabody, MA 01960

### TO REGISTER

Fill out the Online Registration Form

Continuing Education Credits Social Work, Nursing, LADC, EMS, and CDP CEUs being pursued.



### CITIZENSHIP CLASS IN SALEM SPRING 2019 - FREE\*!

### MARCH 5th - MAY 21st **EVERY TUESDAY 7-9 pm**



(105 Congress St. Salem)

Are you eligible to become a citizen through naturalization?

PUNTO

\* Are you 18 years of age or older?

\* Have you had your Green Card for 5 years or 3 years if married to a US Citizen?

\* Have you lived in the US for the majority of the time you've had a Green Card?

If you answered YES to the questions above, you may be eligible to apply for US citizenship! Come join us as we

\* Learn about the naturalization process

\* Study for the citizenship interview and the civics test

\* Practice speaking English with conversation partners

Call now to reserve your spot! 978-594-1095

Funded in part by the City of Salem Department of Planning & Community Development, U.S. Department of Housing and Urban Development.

\* Citizenship workbook for the class costs \$10

57 Wharf St., Ste. 3A Salem, MA 01970

978-594-1095 www.odisma.org info@odisma.org

This program does not discriminate on the basis of race, color, national origin, religion, gender or gender identity, familial status, disability, ancestry, age, marital status, public assistance status, sexual orientation, veteran history/military status, or genetic information.



## CLASE DE CIUDADANIA PRIMAVERA 2019 - GRATIS\*!

### 5 DE MARZO - 21 DE MAYO TODOS LOS MARTES 7-9 POR LA NOCHE



(105 Congress St. Salem)

¿Eres elegible para ser ciudadano/a por naturalización?

- \* ¿Eres mayor de 18 años?
- \* ¿Has tenido el permiso de residencia por 5 años o 3 años si estás casado/a con un/a ciudadano/a estadounidense?
- \* ¿Has vivido en los EEUU la mayor parte del tiempo que has tenido el permiso de residencia?

Si respondiste afirmativamente a las preguntas anteriores, puedes ser elegible para solicitar la ciudadanía estadounidense. Ven y únete con nosotros mientras

- \* Aprendemos sobre el proceso de naturalización
- \* Estudiamos para la entrevista de ciudadanía y el examen cívico
- \* Mejoramos el inglés con compañeros de conversación

 Para reservar tu lugar, llame al 978-594-1095.
 Financiado en parte por el Departamento de Planificación y Desarrollo Comunitario

 \* El libro de ciudadanía para la clase cuesta \$10
 de la Ciudad de Salem, el Departamento de Vivienda y Desarrollo Urbano de los Estados Unidos.

57 Wharf St., Ste. 3A Salem, MA 01970 978-594-1095

1095 www.odisma.org

info@odisma.org

Este programa no discrimina por motivos de raza, color, nacionalidad, religión, género o identidad de género, estado familiar, discapacidad, ascendencia, edad, estado civil, estado de asistencia pública, orientación sexual, historial de veteranos / estado militar o información genética. Salem for All Ages Hosts North Shore Physicians Group Lecture Series

### His and Hers - How Heart Disease Differs by Gender

Tuesday, March 12th, 2019 6:30-7:30 p.m.

Heart disease is the most common cause of death for both women and men in the United States, but it doesn't affect women and men alike. Join North Shore Physicians Group cardiologist Lola Ojutalayo, M.D., to learn the symptoms and risk factors for heart disease and how they vary by gender.



To register, please call Rosanna Donahue 978-744-0924 x 43006



🔀 rdonahue@salem.com

401 Bridge Street Salem, MA 01970

PosterMyWall.com

Share a mech, build community:       Share a mech, build community:         Share a mech, build community:       Share a mech, build community:         Monthly dimers are free and open to Salem Residents. Drop by to share in a meal and conversation.       When & Whitat Activity:         September 12 <sup>th</sup> - Frida Flowerc/Skeleton Fares       March 13 <sup>th</sup> - Foo         Do PM       November 14 <sup>th</sup> - Iny this new food       March 13 <sup>th</sup> - Foo         bit, Salem       November 14 <sup>th</sup> - Iny this new food       April 14 <sup>th</sup> - Foo         bit, Salem       November 14 <sup>th</sup> - Iny this new food       April 14 <sup>th</sup> - Foo         bit, Salem       November 14 <sup>th</sup> - Iny this new food       April 14 <sup>th</sup> - Foo         bit, Salem       November 14 <sup>th</sup> - Iny this new food       April 14 <sup>th</sup> - Foo         bit, Salem       November 14 <sup>th</sup> - Iny this new food       April 14 <sup>th</sup> - Foo         ht, Salem       November 12 <sup>th</sup> - Snow Flakes/ Whiter Ornsmerts       March 13 <sup>th</sup> - Foo         ht, Salem       November 12 <sup>th</sup> - Now Yoad       Denote 12 <sup>th</sup> - Snow Flakes/ Whiter Ornsmerts       March 13 <sup>th</sup> - Foo         ht, Salem       November 12 <sup>th</sup> - New year / Try something new       Inne 12 <sup>th</sup> - Fath       Inne 12 <sup>th</sup> - Fath         htmax part       November 12 <sup>th</sup> - Nove flakes/ Whiter Ornsmerts       March 13 <sup>th</sup> - Fath
Monthly dim Where: 5:30PM - 7:00 PM Saltonstall School 211 Lafayette St, Salem

Cenas mensuales so	SALEN MEET & EAT comparte alimentos, establece comuidad!	Allento y en conversación.
	Cuando y Cual Actividad:	Actividad:
Donde:	Septiembre 12 - Cosecha del Mes	Febrero 13 - Dia de San Valentín
5:30PM - 7:00 PM	<u>Octubre 10</u> - Flores de Frida y Caras esqueleto	Marzo 13 - Bingo de Comida
Escuela Saltonstall 211 Lafayette St, Salem	<b>M</b> Noviembre 14 - Prueba esta nueva comida	Abril 10 - Volver a Crecer Comidas
15	Deciémbre 12 - Ornamentos de Invierno	<u>Mayo 8</u> - Dia de las Madres/ Animalitos en vivo
A A A A A A A A A A A A A A A A A A A	Enero 9 - Nuevo año / Trata algo nuevo	<b>Junio 12</b> - Dia de los Padres / A Bailar!
NING NING	Abierto a Todos los Residentes de Salem!	sidentes de Salem!
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## North Shore CDC & Pathways , Inc. are now enrolling for : Adult High School Equivalency Diploma Classes

For all residents of the North Shore 18 years or older who need their High School Equivalency Diploma (Formerly GED)



### Take steps towards a better future: IT'S YOUR TIME!! APPLY TODAY!



INFORMATION SESSIONS :

### CPATHWAYS adult education (), traning

### ESPACIO TUESDAY'S:6:00 PM WEDNESDAY'S 9:00 AM

105 CONGRESS STREET, SALEM, MA

Shantel@northshorecdc.org • 978-219-5065

www.northshorecdc.org This Program is FREE of charge

## LGBT ELDERS IN AN EVER CHANGING WORLD 8<sup>TH</sup> ANNUAL CONFERENCE

### Friday, March 15, 2019

8:30 AM - 4:00 PM Salem State University - Salem, MA Select from over 12 distinct workshops

### Featuring Keynote Speaker Karen Fredriksen-Goldsen, Ph.D.

Principal Investigator, Aging with Pride: National Health, Aging and Sexuality/Gender Study Professor and Director of the Healthy Generations Hartford Center of Excellence at the University of Washington

### Registration Open January 2019 at: www.lgbteldersconference.org

For more information about the conference please email: lgbtelders2019@gmail.com

#### - CEUs -

Program meets the requirements of the Massachusetts Board of Registration in Nursing at 244 CMR 5.00 for 5 contact hours.

Applications for social work and certified case management continuing education credits have been submitted. Please contact Care Dimensions at 888.283.1722 for the status of CE accreditation.

> General Registration - \$125 (Includes CEUs) Seniors/Students - \$60 (Does not include CEUs)







Massachusetts





## North Shore CDC & Pathways , Inc. are now enrolling for : Adult High School Equivalency Diploma Classes

For all residents of the North Shore 18 years or older who need their High School Equivalency Diploma (Formerly GED)



### Take steps towards a better future: IT'S YOUR TIME!! APPLY TODAY!



INFORMATION SESSIONS : ESPACIO

# CPATHWAY S

### TUESDAY'S:6:00 PM WEDNESDAY'S 9:00 AM

105 CONGRESS STREET, SALEM, MA

Shantelenorthshorecdc.org • 978-219-5065 www.northshorecdc.org This Program is FREE of charge