



School Committee Meeting Materials

Special School Committee Meeting

February 23, 2016

7:30 pm

*Mr. James M. Fleming
Ms. Rachel Hunt
Ms. Mary A. Manning*



*Mr. Patrick Schultz
Dr. Brendan R. Walsh
Ms. Kristine Wilson*

Mayor Kimberley Driscoll, Chair

**"Know Your Rights Under the Open Meeting Law, M.G.L. c.30A § 18-25 and
City Ordinance Sections 2-2028 through 2-2033."**

February 18, 2016

SPECIAL SCHOOL COMMITTEE MEETING

Notice is hereby given that the **Salem School Committee** will hold a **Special School Committee meeting Tuesday, February 23, 2016 at 7:30 p.m.** The meeting will be held in the **School Committee Chambers at Collins Middle School, 29 Highland Avenue, Salem, MA.**

**SPECIAL MEETING AGENDA AMENDED
Tuesday, February 23, 2016**

- I. Call of Meeting to Order**
- II. Approval of the Agenda**
- III. Questions and Comments from the Audience**
- IV. Action Items**
 - a.** Deliberation on the approval of the New Liberty Innovation School Plan
 - b.** Deliberation on the approval of the Salem High School one day field trip to Providence College to participate in the Annual Computer Programming Contest on March 10, 2016
 - c.** Deliberation on the request of the Nathaniel Bowditch School Principal to repurpose \$13,000 funded with Dominion Funds for a retreat for staff last summer. This amount represents unused funds and the request is to repurpose it for Professional Development: Foundations (teaching phonics) and Habits of Great Readers.
 - d.** Deliberation on the approval of the Salem High School JROTC to attend the Second Annual Marine JROTC Regional Youth Physical Fitness Meet in Aston, PA, March 18-20, 2016

Respectfully submitted by

Eileen M. Sacco, Secretary to the
Salem School Committee

Memorandum

To: Ms. Margarita Ruiz, Superintendent of Schools

CC: file

From: David J. Angeramo, Salem High Principal



Date: February 4, 2016

Re: Out of State day Field Trip to Providence College, Providence RI

This is to recommend the Salem High School AP Computer Science Class field trip to Providence College, Providence, RI. This trip will give our students the opportunity to visit and participate in the 30th Annual Computer-Programming contest on March 10th. The one-day field trip will be chaperoned by Ms. Kelly Pendergast, AP Computer Science Teacher. A list of the four students with permission slips will follow. The students and chaperone will travel by Ms. Pendergast's private vehicle. Each student has had their parent sign permission for transportation in a private vehicle permission slip and has returned it.

I highly recommend this field trip for our four AP Computer Science students. It will give them experience and practice for their AP Exam under a time limit to solve problems in programming.

This needs to be brought before the School Committee for approval so that additional planning can be completed. Thank you for your attention to this matter.

Please call me if you have any questions or concerns.

Attachment

Providence College High School Computer Programming Contest 2016

Last year, I attended the Programming Competition with 4 students - Colby Leclerc, William Phu, Anne Mohler and Taizo Simpson. Three of the students were participating in an independent study in AP Computer Science and were interested in doing a programming competition. The fourth was in my Programming elective but had progressed ahead of his peers. I chose this competition as I had participated in the same competition in high school and enjoyed it.

I drove the students there in my car, departing Salem high at 630am and returning around 3pm.

The students greatly enjoyed the competition last year and William and Taizo expressed a lot of interest in attending again. This year I have 4 students doing an independent study in AP Computer Science (Taizo is one of them) and some advanced students in my Programming elective. Among those students there are 6 students who are interested in attending again. I will pick students to attend based on programming ability by giving them sample problems to solve. I plan to drive the students again in my car.

-Kelly Pendergast



PROVIDENCE
COLLEGE

Graduate Mathematics Program

THIRTIETH ANNUAL PROVIDENCE COLLEGE
HIGH SCHOOL COMPUTER PROGRAMMING CONTEST

Dear Teacher,

It is once again time to register for Providence College's annual High School Computer Programming Contest. As in previous years, we will hold the contest on the Monday and Tuesday of our Spring break. This year, those dates are February 29th and March 1st. Each High School competes on one of those days against the other teams that compete on that day. The top three teams on each day receive trophies and the contestants on the winning team each day are eligible for a scholarship to Providence College. All contestants receive certificates of participation.

As in the past, we will provide donuts and juice in the morning for the contestants and advisors; pizza, chips and apples at lunch for the contestants and a lunch for the advisors. The contest is free and we hope you will send a team.

Each team may have up to four students competing. Each team will be provided with one computer and a shared team room to prepare solutions to the problems. The team competes as a unit.

We have enclosed a registration form. When we get the form, we will send the contest rules and examples of problems from previous years. We will also send a waiver form that the College requires for all visitors.

The deadline to register is February 10th. Call us at (401)865-2334 or email to fpford@providence.edu if you have any questions.

Sincerely,

Frank Ford Linda Wilkins Adam Villa

Frank Ford, Linda Wilkins, Adam Villa

**THIRTIETH ANNUAL PROVIDENCE COLLEGE
HIGH SCHOOL COMPUTER PROGRAMMING CONTEST
REGISTRATION FORM**

School: Salem High School - Salem, MA

Advisor Name: Ms Kelly Pendergast

Advisor Address: 77 Willson Street
Salem, MA 01970

Advisor Email: kellypendergast@salem.k12.ma.us

Preferred Day (Circle One): Monday Tuesday Either

Advisor Phone: (978) 740-1123

TWENTY-NINTH ANNUAL PROVIDENCE COLLEGE
ACM High School Programming Contest
MARCH 9 and MARCH 10, 2015

Schedule

8:00 A.M. - 8:45 A.M.	REGISTRATION (Accinno Hall)
9:00 A.M. - 9:45 A.M.	INTRODUCTION TO LANGUAGES (Aquinas Lounge)
9:45 A.M.	DISTRIBUTION OF PROBLEMS
11:30 A.M. - 12:30 P.M.	ADVISOR LUNCHEON (Aquinas Lounge)
1:15 P.M.	CONTEST ENDS
1:30 P.M. - 1:45 P.M.	AWARDS CEREMONY (Aquinas Lounge)

**TWENTY-NINTH ANNUAL PROVIDENCE COLLEGE
ACM HIGH SCHOOL PROGRAMMING CONTEST
MARCH 9 AND MARCH 10, 2015**

CONTEST RULES

1. A team will consist of not more than four students from grades 9-12 of the competing school.
2. The programming languages of the contest are Java and Visual C++. The machine of the contest is an IBM PC or an IBM PC clone.
3. The contest will consist of eight or more programming problems. Members of a team work together to develop a single team solution for each of the problems. Each team will be assigned one computer for their exclusive use during the contest. This is the only machine they may use during the contest. Each team may use Java or Visual C++ or both of these languages.
4. The team that solves the greatest number of problems will be the winner. If more than one team solves the same number of problems, the winner will be determined by the least amount of cumulative time required by a team to submit the correct solutions. When a team submits a correct solution to a problem, the accumulated time for that problem is the time from the beginning of the contest until the correct submission. Cumulative time for a team is the sum of the accumulated times for all correct solutions. For example, if the contest begins a 9:45 and team A submits a solution to problem 3 at 10:45 and a solution to problem 1 at 11:45, its cumulative time would be 180 minutes.
5. The contest will be continuous from 9:45 to 1:15. Lunch will be served to the teams during the contest.
6. All judges will be selected by the Contest Directors. The decision of the judges will be final.
7. Teams may bring any printed material, but may not bring software, disks, computers or programmable calculators.
8. Teams may not talk to advisors during the contest. All questions must be submitted online to the judges. The questions and the judges answers will be posted online. Contest officials will be available to answer questions on the use of machines.
9. An automatic grading system accessed through the internet will be in place.
10. Badges must be worn at all times.

TWENTY-NINTH ANNUAL HIGH SCHOOL
PROGRAMMING CONTEST

MONDAY, MARCH 9, 2015	TUESDAY, MARCH 10, 2015
Barrington High School Bishop Feehan High School Dalton School Dartmouth High School Framingham High School Grafton High School Joseph Case High School Northbridge High School Portsmouth High School Rogers High School Scituate High School Smithfield High School Tri-County Regional Vocational Tech HS Westerly High School	Academy of Aerospace & Engineering Algonquin Regional High School Bishop Hendricken High School Greater Hartford Academy of Math & Sci. King Philip Regional High School LaSalle Academy Marianapolis Preparatory School North Providence High School Norwich Free Academy Salem High School Tantasqua Regional High School Weston High School



Transportation Permission Slip

I _____ give my son/daughter _____
Name of Parent/Guardian Student's Name

Permission to attend field trip/event/program Providence College's Annual Computer Contest
Name of the event/program

On date: March 10 at time: 6:30AM to 3pm which takes place at

The following location: Providence College - Providence, R.I.

I understand that the Salem School Department will/ will not (circle one) provide transportation to and from this event. In the event that transportation is not being provided by the Salem School Department or if the parent or guardian prefers that the student drive or be driven in a private vehicle to and from this event, a separate vehicle permission slip (below) must be completed. In granting my permission for my child to attend this program, I understand that the Salem School Department shall not be liable for any injuries or damages sustained as a result of the student's participation in this program.

Signature of Parent/Guardian

Date

Signature of Student if 18 or older

.....
PERMISSION FOR TRANSPORTATION IN A PRIVATE VEHICLE

My child: _____ has my permission to drive his/her vehicle

To and from _____ or to be transported by a fellow

Student or the instructor in a private vehicle. I understand that transportation home from this

Location will/will not (circle one) be provided for those who are not otherwise driving their own

Vehicles, and that my child will need to be picked up at this location at _____

I further understand that the Salem School Department shall not be liable for any injuries or damages Sustained as a result of these transportation arrangements.

Parent/Guardian's Signature

Date

Salem High School
Field Trip Approval Form

Administrator's Approval: _____ Date of Approval: 2/4/16

Teacher's Name: Kelly Pendergast

Date of Trip: MARCH 10, 2016

Student: _____ Field Trip Class: Computer Programming

Activity: 30th Annual Contest Location: Providence, RI

Departure Time: 6:30 AM Return Time: 3pm

This form must be completed and returned to the teacher by: 2-12-16

The top part of this form MUST be completely filled out before class/teacher permission is sought.

Red Day	White Day
A Block	E Block
Teacher's Signature	Teacher's Signature
B Block	F Block
Teacher's Signature	Teacher's Signature
C Block	G Block
Teacher's Signature	Teacher's Signature
D Block	H Block
Teacher's Signature	Teacher's Signature

I agree to make up All class work missed as a result of this field trip.

Student's Signature: _____ Date: _____

Parental Approval: My son/daughter has permission to participate in this activity.

Parent's Signature: _____ Date: _____

Salem Public Schools Field Trip Request

Form

School Year 2015-2016

*Needed for all Field Trips Regardless of Transportation Provider

School Salem High

Proposed Field Trip Primary Contact Kelly Pinderqast

Date of Request 2-4-16 (must be 2 weeks prior to field trip)

Date of Proposed Field Trip 3-4-16 # of Students 4 Accessible Vehicle? YES NO

Nursing Consult (must be completed for all field trips):

- | | | |
|--|-----|----|
| A. Does any student have an Epi Pen or Medical Plan? | YES | NO |
| B. Does a nurse need to attend (or parent/guardian)? | YES | NO |
| ○ Parent of student in need will attend | YES | NO |
| ○ The school is requesting nursing coverage | YES | NO |

School Nurse Signature (required) _____

Salem Public Schools Transportation Request: LOCAL TRIPS ONLY

Proposed Destination Not needed

Pick Up Time NO EARLIER THAN 9 AM Return Time NO LATER THAN 1 PM

Principal Signature (required) _____

Fax Request to 978-825-5542

No trip is considered confirmed until PPS & Transportation have returned approved request

Director of Pupil Personnel Services must approve all special education field trip requests

Request will be returned with confirmation/denial and estimated cost of trip

FOR INTERNAL USE ONLY:

DATE RECEIVED _____

PPS APPROVED _____

NURSE ASSIGNED _____

TRANSPORTATION APPROVED _____ DENIED: _____ REASON DENIED _____

COST OF TRIP: _____ NUMBER OF HOURS: _____


LISTED IN BOOK: _____ REQUEST RETURNED: _____

RECEIVED

FEB 18 2016

S.P.S.
SUPT.'S OFFICE

Memorandum

To: Ms. Margarita Ruiz, Superintendent of Schools
CC: file
From: David J. Angeramo, Salem High Principal 
Date: February 12, 2016
Re: Out of State ROTC Field Trip Request- Aston, Pennsylvania

This is to recommend the Salem High JR. R.O.T.C be given permission to attend a three-day field trip to The 2nd Annual Marine JROTC Regional Youth Physical Fitness meet at Sun Valley High School, Aston, PA. This trip will take place March 18, 19, 20, 2016; students will miss a half-day of school on Friday, March 18th. The trip will give students the opportunity to experience leadership lessons and compete with students from Beverly, Gloucester and Lynn English High Schools in Physical Fitness challenges. All area teams will take the same bus and stay at the same lodging. The trip will be chaperoned by Lt. Colonel Michael Hunter and 1st Sgt. David Grinstead, Sr., both have had a CORI and are currently our JROTC instructors at the high school. A list of twelve students (six male & six female) with permission slips and accommodations are attached. The students & chaperones will travel by bus, funding of all transportation and lodging cost paid by Marine JROTC. We look forward to receiving your official approval.

This needs to be brought before the School Committee for approval so that additional planning can be completed. Thank you for your attention to this matter.

Please call me if you have any questions or concerns.

Field Trip Procedure

1. The appropriate Head Teachers must approve field trip requests before being presented to the Housemasters. Written supportive rationale provided on this application should include:
 - Goals and objectives
 - Specific relationship to curriculum
 - Specific requirements of student participants
2. The field trip sponsor must:
 - Present field trip requests to the appropriate Housemaster.
 - Forward an alphabetized list of students including their student ID number to the appropriate Housemaster's secretary at least one week prior to the date of the field trip.
 - Obtain parental permission forms-only students with parental permission (if under 18 years of age) to attend the field trip.
 - Present roster of students not attending the field trip to the Housemaster's secretary before the bus departs on the day of the field trip.
3. NO trips will be approved for the final week of the first & third quarter because of possible conflict with testing.
4. NO trips will be approved during the last two weeks of the second & fourth quarters.
5. Requests for exceptions to this procedure outlined above and for purposes of accommodating spontaneous learning where appropriate planning time did not exist or in cases where conformity to the dates would deny student access to superior learning opportunities may be negotiated.

To minimize the risk of losing money to unscrupulous or financially unsound travel companies the following precautions should be taken:

- Check with agencies that collect complaints about businesses (i.e. Attorney General's Office, One Ashburton Place, Boston, MA 02108)
- Insist upon specific information about the accommodations to be included in your travel package. Obtain information on the location and quality of all accommodations.
- Make sure you are provided with clear, complete information about the refund and cancelation policies of a travel company in WRITING. Clear up any ambiguity before you send in your money.
- Make sure that you receive a copy of any insurance policy you purchase, or that the travel company promises to purchase for you.

To evaluate the financial stability of a particular travel company:

- If dealing with a travel agent, ask if any portion of your money will be placed in escrow. If so, ask for the details of the escrow arrangement.

- Ask if the company is bonded. Ask for a copy of any liability insurance policy the company has to protect its customers from its own failure to provide services or refunds.

Trip Form

Salem Public Schools-Salem, MA

Name of School: Salem High School, 77 WILLSON STREET. SALEM, MA 01970

Name of Organization or Activity: SHS JR ROTC

Total number of (CORI NEEDED) Chaperones _____ Teachers 2

Trip dates: Departure Date & Time Friday March 18

Return Date & Time MARCH 20 2016

Contact person: Lt. Colonel Michael Hunter

Cell Phone Number: _____ Telephone: _____

Destination: City & STATE Aston, PA Country: USA

Return to Salem, MA from (if different that destination) _____

Hotel (s) Name, Address, telephone number: TBA

Rating of Hotel: Excellent _____ Good _____ Average _____

Insurance coverage: _____

Room Rate: Single Occupancy _____ Rate _____

Double Occupancy _____ Rate _____

Student rooms needed: _____ Rate _____

ADULT rooms needed: _____ Rate _____

Meals included? _____ Quality of meals? _____

Other types of accommodations: TBA

Name: _____ Rate: \$ _____

Name of travel agent: None

Address: _____

Telephone Number: _____

Total cost per student: \$ 0 (including transportation & hotel)

Total cost per adult: \$ 0 (including transportation & hotel)

PREFERRED METHOD OF TRANSPORTATION:

BUS: _____

NAME OF COMPANY (ADDRESS & TELEPHONE)

PLANE: NA

NAME OF COMPANY (ADDRESS & TELEPHONE)

TRAIN: NA

NAME OF COMPANY (ADDRESS & TELEPHONE)

COMMENTS & ADDITIONAL INFORMATION:

US Marine Corps - See Attachment

FIELD TRIP LIST

DATE APPROVED BY ADMINISTRATOR: 2-12-16

ADMINISTRATOR'S NAME: DAVID J. Angeramo, Principal

NAME OF TEACHER: Lt. Colonel Michael Hunter

DATE OF FIELD TRIP: March 18 2016

DEPARTING TIME: March 18 2016

RETURNING TIME: March 20' 2016

THE FOLLOWING STUDENTS HAVE RETURNED A CONSENT FORM AND WILL ATTEND THE ABOVE FIELD TRIP.

[illegible]

PERMISSION SLIP

I _____ GIVE MY SON/DAUGHTER _____

PERMISSION TO ATTEND FIELD TRIP, EVENT OR PROGRAM ON march 18, 19, 20, 2016

AT Sun Valley H.S. WHICH TAKES PLACE AT THE FOLLOWING LOCATION:

Aston PA

I UNDERSTAND THAT THE SALEM SCHOOL DEPARTMENT WILL OR WILL NOT (CIRCLE ONE) PROVIDE TRANSPORTATION TO AND FROM THIS EVENT. IN THE EVENT THAT TRANSPORTATION IS NOT BEING PROVIDED BY THE SCHOOL DEPARTMENT OR IF THE PARENT/GUARDIAN PREFERS THAT THE STUDENT DRIVE OR BE DRIVEN IN A PRIVATE VEHICLE TO AND FROM THIS EVENT, A VEHICLE PERMISSION SLIP (BELOW) MUST BE COMPLETED. IN GRANTING MY PERMISSION FOR MY CHILD TO ATTEND THIS PROGRAM/FIELD TRIP, I UNDERSTAND THAT THE SCHOOL DEPARTMENT SHALL NOT BE LIABLE FOR ANY INJURIES OR DAMAGES SUSTAINED AS A RESULT OF THE STUDENT'S PARTICIPATION IN THIS PROGRAM.

PARENT/GUARDIANS

SIGNATURE _____

DATE: _____

STUDENT'S

SIGNATURE: _____

DATE: _____

.....
PERMISSION FORM FOR PRIVATE VEHICLE TRANSPORTATION

MY CHILD (NAME) _____ HAS
PERMISSION TO DRIVE THEIR OWN VEHICLE TO AND FROM EVENT OR TO BE TRANSPORTED
BY A FELLOW STUDENT OR INSTRUCTOR IN A PRIVATE VEHICLE.

I UNDERSTAND THAT TRANSPORTATION HOME FROM THIS LOCATION WILL OR WILL NOT (CIRCLE ONE) BE PROVIDED FOR THOSE WHO ARE NOT OTHERWISE DRIVING THEIR OWN VEHICLES, AND THAT MY CHILD WILL NEED TO BE PICKED UP AT THIS LOCATION AT _____. I FURTHER UNDERSTAND THAT THE SCHOOL DEPARTMENT SHALL NOT BE LIABLE FOR ANY INJURIES OR DAMAGES SUSTAINED AS A RESULT OF THESE TRANSPORTATION ARRANGEMENTS.

PARENT/GUARDIANS

SIGNATURE _____

DATE: _____

STUDENT'S

SIGNATURE: _____

DATE: _____

Salem High School
Field Trip Approval Form

Administrator's Approval: AP Date of Approval: 2-12-16

Teacher's Name: St. Colonel Michael Hunter

Date of Trip: March 18, 19, 20 2016

Student: _____ Field Trip Class: MC ROTC

Activity: Youth Fitness Meet Location: Aston, PA

Departure Time: 3/18/16 Return Time: 3/20/16

This form must be completed and returned to the teacher by: _____

The top part of this form MUST be completely filled out before class/teacher permission is sought.

Red Day	White Day
A Block	E Block
Teacher's Signature	Teacher's Signature
B Block	F Block
Teacher's Signature	Teacher's Signature
C Block	G Block
Teacher's Signature	Teacher's Signature
D Block	H Block
Teacher's Signature	Teacher's Signature

I agree to make up All class work missed as a result of this field trip.

Student's Signature: _____ Date: _____

Parental Approval: My son/daughter has permission to participate in this activity.

Parent's Signature: _____ Date: _____



UNITED STATES MARINE CORPS
TRAINING AND EDUCATION COMMAND
1019 ELLIOT ROAD
QUANTICO, VIRGINIA 22134

IN REPLY REFER TO
RD1
15Jan16

From: Director, Region One, Marine Corps Junior Reserve Officer Training Corps (MCJROTC)
To: Region One Senior Marine Instructors

Subj: REGION ONE YOUTH PHYSICAL FITNESS (YPF) MEET LETTER OF INSTRUCTION (LOI).

Ref: (a) United States Youth Foundation Program Booklet, 8th Revised Edition dtd 2015

Encl: (1) Parental Informed Consent and Hold Harmless/Release Agreement
(2) List of Hotels in the area of Sun Valley

1. Situation

a. Purpose. This Letter of Instruction (LOI) provides information and administrative instructions for the 2016 District YPF Meet to be held at Sun Valley High School on 19 March 2016.

b. Background. For many years, Marine Corps JROTC has participated in the annual YPF Postal Competition, sponsored by the United States Marines Youth Foundation, Inc. This event, while similar in name and nature to our semi-annual Youth Physical Fitness Test (YPFT), is a separate, *voluntary* event. While the semi-annual requirement involves all of your cadets, and can be conducted over several days, the postal competition has more stringent rules regarding timing, scoring, and events. The reference is a must read to understand the differences, in detail. Traditionally, the 'winners' of the postal competition (Male and Female) are funded with MCJROTC funds to participate in the national YPF Championship held in San Diego. Given the differences in the two events, and resulting confusion in execution and scoring, last year we implemented a cadet competition, in lieu of the postal. This year we will once again hold the cadet competition at Sun Valley High School. **You will have your choice to either submit 'postal' scores, or come to Sun Valley and compete in a motivating and challenging cadet activity, but not both.**

2. Mission. To hold a Region One head to head YPF meet that will determine which Region One teams will receive Region One funding to participate in the National YPF Championship meet in San Diego. The top 'postal' winners will have their boys and girls teams receive funding from Headquarters, MCJROTC. The top 'meet' winners will have boys and girls teams funded by Region One to attend the competition in San Diego. You may choose one method or the other, but I strongly encourage those schools with superb physical fitness programs to come to Sun Valley and compete. You may only submit one set of scores, either the postal method, or by competing.

3. Execution

a. Commander's Intent

(1) It is my intent that up to 20 male and 20 female teams consisting of 5 to 6 members each are to participate in this meet. Only one male and one female team from each school will participate. Schools do not have to enter both a male and female team – they can send one team if desired. There will be no mixed teams.

(2) Scores from this meet will be forwarded to the National YPF Coordinator in time to be counted in the Postal Competition making the teams that participate in this meet eligible to be considered for the awards (plaques and medals) given to the top teams in the postal. If you compete in this meet, then the scores from the meet are the official scores submitted to National YPF Coordinator. If you intend to submit postal scores, there is no expectation that you will participate in the competition at Sun Valley.

(3) The end state is to conduct a highly competitive meet that will determine the best of the Region One teams that will receive Region One funding to participate in the National Meet. Teams that do not win this competition can still go to the National Meet using unit funds.

b. Concept of Operations

(1) By COB 19 February 2016, schools desiring to participate will register their teams with the host school (Sun Valley). Registration simply consists of E-mailing Colonel Reimann and Mater Gunnery Sergeant Pearn the name of your school and which gender team (s) from your school will be participating and how many individuals are on each team. Again only one male and one female team from each school with the total number of teams capped at 20 male and 20 female teams.

(2) Teams are responsible for their own transportation and lodging to and from this competition. For planning purposes Sun Valley HS is located approximately 20 minutes south of the Philadelphia Airport off of route 95. Teams forced to travel a distance greater than 150 miles from Sun Valley High School may be eligible for financial support to pay for lodging/transportation from Regional Director.

(3) The meet will start promptly at 0900 on 19 March. There will be a judges/counters meeting at 0800 followed by a coaches meeting at 0830. The order that teams will compete will be based on a random draw.

(4) Teams consist of five or six members, scoring is based on the top five scores for each team.

(5) As with the national meet in San Diego execution and scoring of the events will be IAW the ref. Please note there will be no adjustment of scores for age or sex. Only the "Full" Exercises illustrated in the reference are authorized, no modifications are

permitted. The scoring sheet used (National Youth Physical Fitness Program and National High School Physical Fitness Program Scoring Chart) can be found on page 20 of the reference.

(6) The five events are to be conducted in the following sequence:

- (a) Crunches: conducted on standard wrestling style mats.
- (b) Pushups: conducted on hardwood gym floor.
- (c) Standing Broad Jump: conducted on standard wrestling style mats.
- (d) Pull-ups: conducted on taped pull-up bars. Chalk to be provided.
- (e) 300 yard shuttle run: Conducted on a macadam surfaced parking lot: 5 lengths of 60 yards, if weather is inclement the run is conducted on a hardwood gym floor: 12 lengths of 25 yards.

(7) All participants are to receive a U.S. Marines Youth Foundation (MYF) certificate of completion.

(8) Competition events, rules and guidelines are published in the reference at www.marineyouthfoundation.org

c. Tasks

(1) Region One MJROTC Instructors.

(a) Register your team(s) with Colonel Reimann and Master Gunnery Sergeant Pearn NLT COB 19 Feb 2016.

(b) Ensure cadets participating are enrolled in your MCJROTC Unit for the 2015-2016 school year. Ensure cadets are physically cleared to participate in the meet.

(c) If using unit operating monies to fund this trip submit the appropriate PRD IAW established procedures.

(d) Familiarize yourself with and train your team (s) to the standards set forth in the reference.

(e) Arrive at Sun Valley HS in time to participate in the 0830 coach's meeting. At the coaches meeting turn in a completed Parental Informed Consent and Hold Harmless/Release Agreement on each of your team members. See enclosure (1).

(f) You are responsible for any transportation, food and lodging costs associated with this trip along with the conduct of your teams before, during and after the meet.

(g) Uniform is the issued USMC Athletic Warm-up Suit.

(h) Are encouraged to have their athletes wear spandex shorts under their PT shorts.

(2) Sun Valley Instructors

(a) Coordinate with the Sun Valley administration and facilities personnel to arrange for the use of all required venues and equipment.

(b) Arrange for the proper number of judges/ counters needed to efficiently run the meet. Provide a copy of the applicable portions of the reference to the judges/counters prior to the meet and discuss all standards with them at the 0800 judges/counters meeting.

(c) Provide YPF Score Sheets for each competitor. At the conclusion of the meet forward these results to the YPF national HQ in order for them to be judged in the annual postal competition.

(d) Conduct the meet IAW the reference and this LOI.

4. Administration and Logistics

a. Administration

(1) Instructors are responsible to turn in a completed Parental Informed Consent and Hold Harmless/Release Agreement on each of team member prior to the start of the meet.

(2) Sun Valley MCJROTC instructors will provide all necessary forms needed to properly conduct the meet.

b. Logistics

(1) See enclosure (2) for a listing of local hotels.

(2) Sun Valley HS is located at 2881 Pancoast Ave, Aston, PA 19014. All vehicles are to park in the large lot attached to the school. Guides will be provided to lead teams to the gym.

(3) Water will be provided at various locations.

5. Command and Signal. Points of contacts for this LOI are Director, Region One for transportation/funding issues, or SMI/MI, Sun Valley for meet related issues. Director, Region One can be reached via email at richschafer@gmail.com, or by phone at 605-376-8618. SMI: Colonel T.J. Reimann (treimann@pdsd.org) or MI: Master Gunnery Sergeant J. Pearn (jpearn@pdsd.org). Office Phone: 484-490-1307. Cell phone for Colonel Reimann: 610-246-2709 and for Master Gunnery Sergeant Pearn: 610-342-7316.



R.A. Schafer

**PARENTAL INFORMED CONSENT
AND HOLD HARMLESS/RELEASE AGREEMENT**

I understand that participation in the Marine Corps JROTC Region One Youth Physical Fitness Meet being conducted by the Sun Valley HS Marine Corps JROTC at Sun Valley HS, Aston PA on 19 March 2016 involves a certain degree of risk that could result in injury. In consideration of the benefits to be derived and after carefully considering the risk involved and having confidence that precautions are to be taken to ensure the safety and well being of my (son/daughter), I have carefully considered the risk involved and have

given: _____ (name of son/daughter) my consent to participate in the Marine Corps JROTC Region One Youth Physical Fitness Meet being conducted at Sun Valley High School and waive all claims I may have against the Penn Delco School District, Sun Valley High School, the United States Government, The United States Marine Corps, The United States Marine Corps JROTC and the Sun Valley HS Marine Corps JROTC, activity coordinator(s), all employees, volunteers or other organizations associated with the Marine Corps JROTC Region One Youth Physical Fitness Meet.

In case of emergency I understand every effort will be made to contact me. In the event I cannot be reached I give the adult leader in charge permission to perform immediate 1st aide and give my permission to the physician selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery or injections of medication for my child.

I give my permission for: _____ (name of son/daughter) to participate in this meet.

Parent/Guardian printed name: _____

Parent/Guardian Signature: _____ Date: _____

Emergency Contact Phone Number: _____

Enclosure (1)

Hotels in the vicinity of Sun Valley High School

1. The best option for hotels is in Essington/Lester/Ridley Park, PA. These areas are just south of the Philadelphia Airport off of 95 and about 15 minutes from Sun Valley. These hotels will be the less expensive option, there are hotels just north of the airport, but they are in Philly and while nicer do cost more.

Holiday Inn Express
101 Taylor Ave
Essington, PA 19029
610-521-1200

Comfort Inn Philadelphia Airport
53 Industrial HWY
Essington, PA 19029
610-521-9800

Red Roof Plus
49 Industrial HWY
Essington, PA 19029
610-521-5090

Clarion Hotel Philadelphia Airport
76 Industrial Highway
Essington, PA 19029
610-521-9600

Motel 6 Philadelphia Airport
43 Industrial HWY
Essington, PA 19029
610-521-6650

Econo Lodge Philadelphia Airport
600 S. Governor Printz Blvd
Lester, PA 19029
610-521-3900

Microtel Inn and Suites
155 S. Stewart Ave
Ridley Park, PA 19078
610-595-0300

2. One team stayed at the Quality Inn in Lester, PA last year and highly recommends not staying there. Also, it is **not** recommended to stay in Chester.

Enclosure (2)