

Salem Park, Recreation and Community Services

August 2019



Join Salem Park, Recreation and Community Services for the annual Derby Street Mile Road Race on Friday, August 23, 2019. The Competitive race begins at 7:00pm, followed by the family fun race. Register online at northshoretiming.com. Special thanks to Salem Harbor Station for sponsoring this event.



A beautiful night at Olde Salem Greens Golf Course for our annual Paint and Sip.

Olde Salem Greens Junior Golf Tournament

This tournament is open to all Salem children ages 10-18. Experience playing a nine hole round is necessary.

Tuesday, August 13, 2019

8:00am

\$10.00 per person, includes lunch

Register at salemrec.com

West African Drum Classes

Join Mamadou Diop on Thursday evenings from 6:00-7:00pm at the Community Life Center.

Drums will be provided.

These classes offer more than just learning how to play an instrument. They offer joy, friendship and collaboration.

\$10.00 per class, pay at the door.



Meditation Class

We are pleased to be offering a Guided Meditation Group on Thursday evenings for adults 18+. Reduce stress and anxiety, promote emotional health and enhance self awareness.

7:00-8:00pm

\$25.00 for a four week session or a \$7.00 nightly drop in fee.

Register at salemrec.com

Fairy Houses

Ages: 5-10

This class allows for creativity and encourages children to connect with the natural world and environment. This is a 2 night class.

August 5th and August 8th

4:00-5:30pm

Register at salemrec.com

Youth Pickleball Clinic

Volunteer instructors, Rick Haigis and Sue Carnavale will teach the basics of this fun sport at the pickleball courts at Collins Cove. All equipment will be provided.

Tuesday, August 13th 5:00-6:00pm

Register at salemrec.com



Children from the Forest River Adventure Program visiting the Greenspace garden.

Senior Events for Salem Heritage Days

August 1st: Health Fair

10:00am -12:30pm

Community Life Center

Learn about local health and wellness services.

The following events all require advance registration. Contact Rosanna for tickets.

August 2nd: Ice Cream Social

11:30am—12:30pm

Community Life Center

Guests will be served ice cream and an assortment of toppings. This event is sponsored by Rep. Paul Tucker and Councillor Elaine Milo.

August 2nd: Charlie Card Event

10:00am -12:00pm

Community Life Center

To participate you must be at least 65 years old and bring a valid, state issued photo ID that includes date of birth. This event is sponsored by Senator Joan Lovely and Rep. Paul Tucker.

August 6th: BBQ at Winter Island

10:30am

Winter Island Pavilion

\$5.00 per person, must reserve a ticket with Rosanna.

Live entertainment and food catered by ROOT. This event is co-sponsored by Mayor Kim Driscoll and the Friends of the COA.

August 8th: Fiesta Night

4:30-7:00pm

Community Life Center

\$5.00 per person

Live music, dancing, food and great friends.

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