# Salem Park, Recreation and Community Services

February 2020

Salem Council on Aging Presents:
Our Annual Valentine's Day Party
and Vow Renewal Ceremony
Friday, February 14th
10:30am
\$6.00 per person
See Rosanna for tickets



#### Family Valentine's Dance

Join Salem Park, Recreation and Community Services for a night of dancing with your favorite valentines! All children must be accompanied by an adult. Refreshments served.

Friday, February 7th
5:30-7:30 pm
Salem Community Life Center
\$5.00 per person, age 2 and under
are free. \$20.00 family cap.
Register at salemrec.com





Thanks to our wonderful
Tap Dancers who
entertained us
throughout the holidays

### Stress Management & Optimism Series

Salem Council on Aging welcomes Kelly Annese from JF&CS for a stress management series. In each class you will experience guided relaxation, meditation, breathing exercises and creative activities.

Wednesdays, February 12th—March 4th 9:45-11:00am Reserve a spot with Rosanna today!

#### Black Cat Café

Salem Seniors are invited to enjoy lunch prepared by the students in the Salem High School Culinary Arts Program.

> Tuesday, February 11th 11:00am \$6.50 per person Register with Rosanna

#### **School Vacation Junior Artist and Scientist Club**

Looking for something cool to do during February school vacation? Local artist and science educator, James Eric Rogers, invites elementary age students to participate in this amazing program. Come have fun and get messy with art and science projects.

Tuesday, February 18th 12:00-4:00pm

\$50.00 per person, register at salemrec.com

#### Valentine's at The House of The Seven Gables

Salem Park, Recreation and Community Services is pleased to be working again with The House of The Seven Gables to offer our Annual Valentine's Workshop. The workshop will be led by Linda Abbene. Pre-registration is required and all children must be accompanied by an adult.



Saturday, February 8, 2020 1:00-3:00pm 115 Derby St. Salem , MA Register at salemrec.com

## Cooking Demonstration Crepes~ Sweet and Savory

Take the February chill off by joining chef, Mary Ferreira of Ferreira Foods, for a French inspired evening at the Community Life Center.



Mary will demonstrate how to create crepes in 2 varieties: one a wild mushroom and the other a sweet dessert. This demonstration will be fun and interactive with a tasting upon completion.

Tuesday, February 11th 5:30-7:30pm \$20.00 per person Register at salemrec.com

#### School Vacation Fun

Join Marcus from Salem Park and Recreation for the following events:

Board Games & Pizza
Wednesday, February 19th
4-6pm
\$5.00 per person

Movie & Popcorn
Thursday, February 20th
4-6pm
\$3.00 per person
Register at salemrec.com



