# Salem Park, Recreation & Community Services

# February 2022

# Owls, Owls, Owls- Ages 7-10

Interested in learning about owls? Ever wanted to dissect an owl pellet? Join us for a program that will teach youth about the feathered owl friends we may find in our own neighborhood.



Tuesday, February 22nd 10:00-11:00am Winter Island Function Hall \$10.00 per person Register at salemrec.com

# Yow Renewal Ceremony at the Salem Council on Aging

We are hosting our annual Valentine's Day Vow Renewal Ceremony on Monday, February 14th at 10:30am.

*Our event includes the ceremony, lunch and music. \$10.00 per person.* 

Please contact Rosanna at 978 744-0924 to register.

#### February School Vacation Art Class

Children ages 8-14 are invited to join local artist, Linda Abbene form a morning of art instruction. Children will work on sketching, drawing and watercolor painting. Wednesday, February 23rd 10:00am -12:00pm Winter Island Function Hall \$15.00 per person. Register at salemrec.com

### Salem Wellness Walks

Lace up your walking shoes and join us at the Salem Common for Salem Wellness Walks! Our special guest this month is Rep. Paul Tucker.

Wednesday, February 9th 9-10am

This event is co-sponsored by the Salem COA and Board of Health.

# Free, Fit February for Salem Residents

The City of Salem, in collaboration with B & S Fitness and the Salem YMCA, is offering FREE four-week fitness classes for Salem residents. A wonderful opportunity to take part in some beginner's classes and experience the expertise of our local partners. Offerings include:

- Health and Reset Beginners—B & S
- Fitness for Teens—B & S
- Intro to Pickleball—YMCA
- Pilates—YMCA

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- Barre-YMCA
- Tai Chi—YMCA

For complete program details and locations, visit salemrec.com. Programs begin the week of February 5th.

Space is limited, so sign up early at salemrec.com.

## Valentine's Sweets and Fun at the House of the Seven Gables

Do you know where the first chocolate factory was located? De you know anything about colonial sweets and their history in Salem? Learn about these and other sweet facts by participating in our special *Salem So Sweet* outdoor scavenger hunt at the House of Seven Gables.

A wonderful family event co-sponsored by Park, Recreation and Community Services and the House of the Seven Gables. The The The The Seven Cables.

Pre-registration required at salemrec.com



Sunday, February 13th 1:00-3:00pm

# Valentine's for Veterans

Send a Salem Veteran some Valentine's Day Cheer! We are working with the Salem Veteran's Services Department to collect Valentine's Day cards to give to local veterans. You can drop off your cards by February 8th to the Community Life Center, 401 Bridge St

We are offering free Valentine card making kits, while supplies last, to those who need card materials. If interested in a kit, please contact Caroline at 978-744-0924.

### Valentines' Movie and Brunch

Seniors are invited to join us for a showing of "An Affair to Remember" accompanied by a special brunch. Brunch will include eggs benedict, home fries, fruit and coffee.

Monday, February 28th at 11:00am

\$5.00 per person.

Register with Rosanna - 978 744-0924.

# <u>School Vacation Improvs for Teens and</u> <u>Tweens</u>

Participants will explore the theater world through a series of improv and theater games.

Ages:12-15 Tuesday—Friday, February 22rd– 25th 1:00-3:00pm Salem Community Life Center \$65.00 per person. Register at salemrec.com

Salem Park, Recreation and Community Services 401 Bridge St. Salem, MA 01970 978-744-0924

