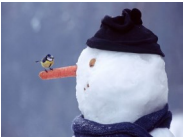


# Salem Park, Recreation and Community Services

January 2017

**Best Wishes for a very Happy  
New Year from the staff at  
Salem Park, Recreation and  
Community Services**



Join Salem Park, Recreation and Community Services for first Snowman/Snow Sculpture

Contest. Build a Snowman or Snow Sculpture this winter and send a picture of your creation to [kmccarthy@salem.com](mailto:kmccarthy@salem.com). Pictures will be posted daily on our Facebook page. Deadline to submit is February 28, 2017.

**The Council on Aging will be enjoying lunch at the Black Cat Café on Tuesday, January 17th.**

**Students in the Culinary Arts Program prepare and serve lunch. The cost is \$6.50.**

**Please register with Rosanna at 978 744-0924X15**

Special thanks to all those who volunteered their services during the busy holiday season! We appreciate all your help and assistance at all the special events and parties. Many hands make light work!



## Family Music Program at Old Town Hall

Children and adults are invited to make music together! Join us for a Sunday evening of celebration of music. Everyone will have the opportunity to play violins, guitars, ukuleles, create rhythms using shakers, scarves and sticks. Sign up for one Sunday or all three.

Sunday, January 8th  
Sunday January 15th  
Sunday, January 22nd  
4:00-5:30 pm  
\$12.00 per family



*Thanks to all of our knitters and friends who donated to our mitten tree in the front lobby. The tree was filled with hats, mittens and scarves which were then donated to local schools.*



Congratulations to our Goldentones!

The Goldentones performed this month at our Remembrance Ceremony, holiday parties including their own concert at the COA and live on SATV! We appreciate them sharing their beautiful voices with us!

**Thanks Santa for stopping in at the Salem Community Center!**



## Adult Fitness Classes

**All new sessions beginning in January! Sign up for the entire session or participate as a drop in. Register at [salemrec.com](http://salemrec.com)**

**Circuit Training— Mondays 5:30-6:15 pm January 9th—February 27th**

**Evening Yoga for Strength and Flexibility—Tuesdays 6:00-7:00 pm**

**January 17th—March 7th**

**Gentle Yoga for Stress Management—Wednesdays 12:05-12:50 pm**

**January 11th—February 1st**

**Zumba— Wednesdays 6:00-7:00pm January 11th—March 1st**

**Tai Chi—Thursdays 6:00-7:00 pm January 5th—February 9th**

**Let Your Yoga Dance—Thursdays 6:00-7:00pm January 12th—February 16th**



**Thanks to the Salem High School Band who made a stop at the COA to serenade us with holiday music!**

## Family Bingo Night

Looking for a fun, Friday night activity? Join us at the Salem community Center for a game of Bingo. Bring the whole family...feel free to bring snacks..play for prizes!

Friday, January 13th 5:30-7:00pm

\$5.00 per family Register at [salemrec.com](http://salemrec.com)



**Check out these festive Holiday Houses that the kids made!**

## Parent/Daughter Dance

**Friday, January 27th 6:30-8:30**

**Old Town Hall, 32 Derby Sq.**

**\$30.00 per couple, \$10.00 for each additional family member**

**Visit [salemrec.com](http://salemrec.com) for additional information**



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