

Salem Park, Recreation and Community Services

March 2020

St. Patrick's Day Celebration
at the Council on Aging.
Thursday, March 12th
10:00am
\$7.00 per person
Pre-registration required with Rosanna.



Hard at work at the annual
Valentines Workshop at
the House of the Seven
Gables.

Evening Meditation

We are pleased to be offering evening
meditation again this spring.

Thursdays, March 12th – April 2nd
7:00-8:00pm

\$25.00 for the session, or drop in rate of
\$7.00 per night
Register at salemrec.com

Long Lean Necklaces

Join Marisa Cole for this fun,
creative class that will have you
making a beaded necklace to
wear this spring. Marisa will be
bringing plenty of green beads
should you want to create a
necklace for St. Patrick's Day!

Tuesday, March 10th

6:00-8:00pm

\$35.00 per person

All supplies included.

Register at salemrec.com

Beginner's Embroidery

Embroider a tea towel using a
variety of stitches introduced
during a 4 week session.



Mondays, March 2nd – March 23rd

5:30-6:30pm

\$30.00 per person, includes all supplies

Register at salemrec.com

The Salem Council on
Aging is excited to be
offering a new fitness class
led by Frank Johnson.

Stay Fit is a moderate
intensity, low impact cardio,
strength training and
balance exercises.
Tuesdays and Thursdays
Beginning March 3rd.
9:15-10:15am
\$4.00 per class
Register with Rosanna

Meet and Greet

For those who use our COA
transportation services, we
invite you to a "Meet &
Greet" coffee to hear about
our transportation policies,
meet our Transportation
Coordinator, Annie O'Shea
and have the opportunity to
ask her questions. You will
also hear from Rosanna who
will be talking about the
importance of pre-
registering for programs so
that you can coordinate your
transportation.

Wednesday, March 25th
9:30am.

Annual Cribbage Tournament



Volunteer tournament director, Steve
Dibble, leads this tournament which
decides the 2020 City of Salem Cribbage
Champions. Trophies and prizes awarded. The
tournament will be held at Brodie's Seaport, located
at 215 Derby St.

Saturday, March 28th 2:00pm start

Register at salemrec.com

Family Bingo Night



Looking for a fun, Friday evening
event? Join us at the Salem
Community Center for a family game of bingo.
Bring the whole family....feel free to bring
snacks.....play for prizes!

Friday, March 20th 5:30-7:00pm

\$5.00 per family. Register at salemrec.com

The Salem Generation Games are back!

Join us on Saturday, March 7th at Salem State
University for this amazing event. The Generation
Games are for people of all ages to join together to
play games and participate in activities. The
annual Cornhole Challenge between SSU
President John Keenan and
Mayor Driscoll will kick off the
day at 10:00am! Look for a
complete schedule of events on
our Facebook page.



Travel Talk



Have you ever dreamed of seeing
the tulips in Holland in the
springtime? Come hear Marisa
Cole of Sensational Travel talk
about a once in a lifetime
experience on a Holland Cruise and

a visit to the Keukenhof Gardens. This trip is
scheduled for April 2021. Marisa will be presenting
on Thursday, March 19th at 11:45am. Please sign
up with Rosanna for this presentation.

Salem Park, Recreation and Community Services
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