

Salem Park, Recreation and Community Services

May 2024

Seascape Coasters Workshop



Salem resin artist Julie Gordon will be leading an immersive hands-on workshop for adults 18+. Participants will craft a set of four coastal-inspired coasters using ceramic tiles, resin, vibrant colorants and beach sand. Unleash your creativity and leave with a set of beautiful crafted coasters that make unique gifts or elegant additions to your own space.

The workshop is scheduled for Tuesday, May 7th from 7:00-8:00pm at the VFW, 95 Derby St. \$45.00 per person; includes all supplies. For additional information and to register, visit salemma.myrec.com.

Intermediate Pickleball Class

This 5 week class will focus on mastering the skills and shots to bring players to a higher level of play. Instruction by Sue Carnevale.

Tuesdays, 3:30-4:30pm
May 14th-June 11th
\$100.00 for the session
Register at
salemma.myrec.com

Reiki Energy Healing Sessions

Join Kelly Annese of Wild Rose Holistic Health in partnership with the Salem Council on Aging Mind Your Brain Wellness Program for a free relaxing 20 minute energy healing session.

Tuesday, May 14th 1:00-2:30pm

Pre-registration is required. Call Rosanna at 978-744-0924 to reserve a spot.

Zumba with Alejandro

The Friends of the Salem Council on Aging are sponsoring a weekly Zumba class for Salem seniors at the Community Room at 135 Lafayette St. The class will be held on Thursdays from 9:30-10:30am beginning Thursday, May 16th. To register, contact Rosanna at 978-744-0924.

Summer Youth Basketball



Under the direction of Dennis Heenan, we are offering a summer basketball league for Salem children grades 3-8. This program will begin on June 11th. Please visit salemma.myrec.com for additional information and to register.

Saturday Morning Art Classes



Join local artist, Linda Abbene this spring for a Saturday morning art class at Mack Park. Children will be working on sketching, and watercolor painting observing the natural landscape and photographs to recreate subject matter. This class is free for Salem children with funding from the City of Salem Department of Planning and Community Development and the U.S. Department of Housing and Urban Development.

Ages: 8-12

Saturday, May 25th or Saturday, June 1st
10:00-11:30am

Register at salemma.myrec.com

Mother's Day Lunch at the Council on Aging



The Friends of the Salem Council on Aging are sponsoring our annual Mother's Day Lunch on Tuesday, May 7th at 10:00am. This event will honor and celebrate all the special women in our lives.

Please contact Rosanna at 978-744-0924 to reserve a spot.

Save the Date!



The Annual Derby Street Mile will be held on Friday, August 16th. Once again, thanks to the Salem Harbor Station for their continued sponsorship of this event.

Additional information and the registration link can be found at salemma.myrec.com.

Peabody Essex Museum Tour—Council on Aging

The Salem Council on Aging will be taking a field trip to the PEM for a tour of the Chinese home, Yin Yu Tang on Friday, May 17th at 10:15pm. If interested in attending, please contact Rosanna at 978-744-0924.



Sing-a-longs with James at the COA.

Please note that registration for all Park and Recreation Summer Programs is ongoing at salemma.myrec.com. We have numerous youth and adult programs still available. Programs continue to be added as they are developed.

Salem Park, Recreation and Community Services
401 Bridge St. Salem, MA 01970 978-744-0924