

# Salem Park, Recreation and Community Services

November 2016

*This Thanksgiving make a difference by donating either nonperishable foods or local grocery gift cards throughout the month of November. Drop off your donations in the big bin in the lobby of the Salem Community Center, Thank you!*



**Love the Halloween shirts at the COA!**

## Babysitting Training

This training will help prepare young teens, ages 11-17, to be a more responsible babysitter. The course will cover diapering and feeding techniques, handling bedtime issues, basic first aid and much more!  
Saturday, November 5th  
9:00am—1:00 pm  
Salem Community Center  
\$40.00 per participant  
Register at salemrec.com



## Get Out and Hike: Ages 11-15

Join Erik McCarthy and explore beautiful Salem Woods.  
Thursday, November 17th  
3:30-4:30pm  
\$5.00 per person  
Register in advance at salemrec.com

*Wishing all our families and friends of the Park, Recreation and Community Services a Happy Thanksgiving!*



The Annual Thanksgiving Dinner for Salem Seniors at Salem High School will be held on Thursday, November 17th. Each year, students in the Culinary Arts Program prepare and serve this special and delicious meal. Tickets for Salem residents are available on October 11th. This is a free event, but you **MUST** register with Rosanna. Entertainment will be provided by the SHS Chorus and our own Goldentones. We are most grateful to the staff and students at Salem High for hosting this each year.



Save the date!

## Breakfast with Santa

Saturday, December 3rd  
8:00-9:30 am  
Salem Community Center, 5 Broad St.  
\$7.50 adults, \$5.00 children under 12, children under 2 are free.  
Included in the price is a delicious hot breakfast, activities to include crafts and face painting and a visit by our special guest, SANTA!  
Register at salemrec.com



## Cook and Dine

An interactive cooking class for adults where you will take part in creating a delicious three course meal, focusing on fresh seasonal ingredients. Participants will brush up on cooking basics, build culinary skills, and have fun in the kitchen. Once the cooking is complete, the group will dine together.  
Date: Thursday, November 3rd  
Time: 6:00-9:00 pm  
Place: Ferreira Foods, 211 Bridge St.  
Price: \$85.00 per person, includes all supplies



## *A Night of Holiday Cheer*

*Come join us as we paint glass ornaments and drinking glasses for the holiday season. Seasonal music and a roaring fireplace will help set the mood. Adults only*  
Monday, December 5th 6:00-8:30 pm  
Winter Island Function Hall  
\$30.00 per person includes the paints, painting supplies, a glass ornament, wine, beer and soft drinks.

**We had a great time riding the trolley in the Haunted Happening Parade.**



Bored with your exercise routine? [Let Your Yoga Dance®](#)

A joy filled, gentle movement class that combines very basic yoga postures with simple dance moves and pairs it with great music from around the world. Designed to stimulate your *Body, Heart, Mind and Soul*.  
Thursdays, December 1st—December 22nd  
6:00-7:00 pm  
Salem Community Center  
\$35.00 for the 4 weeks, or \$9.00 drop in rate

A new session of Barre will begin on Tuesday, October 25th. This is a 6 week session that will conclude on November 29th. The class meets from 6:00-7:00 pm each Tuesday. Cost is \$75.00 for the six week session, or \$15.00 for a drop in rate.



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