

**Salem Park, Recreation
and Community Services**
November 2019

Black Cat Café

Seniors at the Salem Council on Aging are invited to the Black Cat Café at Salem High School on Tuesday, November 12th for lunch. The price is \$6.50 per person. Register with Rosanna

Introduction to MahJong

Mahjong is a tile based game that was developed in China during the Qing Dynasty. This game has become very popular with participants at the Salem Council on Aging, and several of our players have volunteered to play/teach others during these evening classes. This is a 2 night program.

Monday, November 4th and 18th
5:30-7:30pm
Salem Community Life Center
Register at salemrec.com

Holiday Home Décor Party

Create your own 2 foot wood sign combining techniques of paint decoupage and vinyl lettering. Make this a holiday gift for someone or keep it for yourself! Holiday Cheer Included! (Age 21+)
Thursday, November 21st 5:30-7:30pm
\$45.00 per person, includes all supplies and beverages.
Register at salemrec.com



Babysitting Training Course

This class will better prepare young teens to be a more responsible, trustworthy babysitter for family and friends. This course will cover diapering and feeding techniques, handling bedtime issues, appropriate games and toys, basic first aid and so much more!
Saturday, November 30th
9:00am-1:00pm
Salem Community Life Center
\$40.00 per person



What a creative costume at our Family Halloween Dance!

Kids Can Cook—Thanksgiving Dinner

This cooking class will have children, ages 8-17, create a full Thanksgiving Dinner from 5:00-8:00pm. Then at 8:00pm, children can invite 2 members of their family to join them at the table to dine on what they have prepared. Thanks to chef Mary Ferreira for offering this amazing class!



Tuesday, November 5th
Ferreira Foods, 211 Bridge St.
Register at salemrec.com

We had a wonderful time in the Haunted Happenings Parade!



Thanksgiving Dinner at the Salem Moose

Thursday, November 28th at 12:00pm

This is a free event sponsored by the Salem Moose. To reserve a spot for dinner, please call Rosanna at (978) 744-0924

Pizza Party

The Salem Council on Aging will be hosting a Pizza Party for seniors on Thursday, November 14th from 4:30-7:00pm. Live music and dancing. \$10.00 per person
See Rosanna for tickets



Beads and Bellini



Come join Marisa Cole for a "Beads and Bellini" class at the Community Life Center.

Participants are invited to enjoy this Italian drink as you create a beaded necklace for the holidays. Price includes all supplies, Bellini, wine and soft drinks.

Ages: 21+
Date: Tuesday, November 19th
Time: 6:00-8:00pm



Monthly Breakfast at the Salem Council on Aging

Seniors are invited to join us on Wednesday, November 13th at 9:30 am for our Monthly Breakfast. The cost is \$5.00 per person and pre-registration is required.
See Rosanna to purchase a ticket.

The staff of the Jean A. Levesque Community Life Center wishes you a Happy Thanksgiving.



Evening Meditation

We are pleased to be offering a Guided Meditation Group on Thursday evenings with Elaine Tavis. Reduce stress and anxiety, promote emotional health and enhance self awareness.

\$25.00 per person for a 4 week session, or you can pay a nightly drop in rate of \$7.00.

Visit salemrec.com for session dates and to register.

Salem Park, Recreation and Community Services
401 Bridge St. Salem, MA 01970 (978) 744-0924