

Salem Park, Recreation and Community Services

October 2020



Scenes from a few of our Council on Aging outdoor classes

After School Kickball

Looking for some fun on Wednesday afternoons? Salem Park, Recreation and Community Services will be running 4 weeks of Kickball.

Ages: 8-14

Dates: Wednesdays, October 7th—October 28th

Time: 3:30-4:30pm

Location: Furlong Park

Cost: \$5.00 for the 4 weeks

Register at salemrec.com

Salem Park, Recreation and Community Services is following all public health guidelines set forth by the state and our local health department with regards to COVID-19. Refer to our website for all COVID-19 related information.



Drive Thru Flu Clinic

The Salem Board of Health will be offering a Drive Thru Flu Clinic in the parking lot of the Jean A. Levesque Community Life Center, 401 Bridge St.

This is by appointment only.

Please call Rosanna at 978- 744-0924 to schedule an appointment.

Wednesday, October 14th
9:00am -1:00pm

Please make sure to wear clothing that allows upper arm access.

After School Playground Crafts and Fun

We had such fun this summer at Playground Crafts and Fun, that we decided to offer it after school this fall. Staff will be available to offer a traditional playground craft and a non contact game.



Ages 6-12

Mondays, October 5th, 19th and 26th
3:30-5:00pm

Register at salemrec.com

Youth Pickleball Clinic

We are excited to be offering this clinic for youth ages 10-15 at the Collins Cove Pickleball Courts! Sue Carnevale will be leading the clinic.

Thursdays, October 1st—October 22nd
3:30-4:30 pm

\$40.00 for the 3 week session

Space is limited to 8 students

Register at salemrec.com

Zoom Family Bingo

Join Salem Park, Recreation and Community Services for this fun family event!



Thursday, October 15th from 5-6pm

Register at salemrec.com and the Zoom link will be sent to you.

Broad Street Readers Book Club

Our monthly Council on Aging Book Club will be meeting on Wednesday, October 21st at the Winter Island Pavilion. Thanks again to the staff of Winter Island for hosting us!

Nature Scavenger Hunt

Come explore and search for items in Forest River Park with Marcus from Park, Recreation and Community Services. This program is for children ages 8-14.

Friday, October 2nd
3:30-4:30pm

\$5.00 per person

Register at salemrec.com



Instructor Sue Carnevale giving some tips during a recent Pickleball Clinic

Just a reminder that SATV, Channel 3, is televising some of our Council on Aging fitness programs at 9:00am for you to watch at home. Thanks SATV!!

Balance—Mondays
Chair Yoga—Tuesdays
Aerobics—Thursdays
Strong Bones—Friday

Salem Park, Recreation and Community Services
401 Bridge St. Salem, MA 01970 978- 744-0924