

# Salem Park, Recreation & Community Services

October 2021

## Spooky Social at the Council on Aging



Seniors are invited to come join us for a light snack and live music. Costumes are encouraged and prizes will be awarded! Space is limited, so register with Rosanna early.

Tuesday, October 26th 1:00-3:00pm \$3.00 per person

**The Salem Council on Aging welcomes back our Aerobics Class with Beth Schultz. The class will be held on Friday mornings from 8:30-9:15am. Cost of the class is \$5.00. Please contact Rosanna for additional information or to register.**

## Fall Fun & Stories

Join us at the Community Life Center on Tuesday afternoons for an hour of Halloween stories and crafts. Ages: 4-7

Dates: Tuesdays, October 5th—26th

Time: 4:30-5:30pm

\$20.00 for the 4 week program

Register at salemrec.com



We had a beautiful night for Salsa at the Ferry Landing!



Just a reminder that face coverings are required for all indoor activities at the Community Life Center.

## Future Artist Club

Local artist and educator, James Eric Rogers, invites young teens, ages 10-15, to join him for 4 weeks of art classes. James' Junior Art and Science Club has been such a success that we decided to expand to an older age group.

Mondays, October 18th—November 8th  
5:00-6:15pm

\$75.00 for the session and includes all supplies

Class will be held at the Community Life Center, 401 Bridge St. Salem

Register at salemrec.com



## Stretch-Tone- Strengthen

We are thrilled to have Odessa O'Neil back with us to lead this class. The class will focus on stretches and toning exercises to lengthen and strengthen the body.

Tuesdays, October 12th—November 2nd  
6:15-7:15pm

\$55.00 for the 4 week session,

Salem Community Life Center

Register at salemrec.com

## Haunted Happenings Parade

**Thursday, October 7th**

This year's event will be a reverse parade where all participants will be stationary, with attendees walking the route to view them.

We invite seniors to join us in costume as we will have a decorated COA van and will be collaborating with Mamadou to provide entertainment through his drum session.



If interested in participating, please contact Rosanna at 978-744-0924.



Celebrating our September birthdays at the Council on Aging.

## Monthly Breakfast at the COA

*Our special monthly breakfast will be held on Thursday, October 14th at 9:30am. The cost is \$5.00 per person and you must pre-register with Rosanna at 978-744-0924*

## Saturday Morning Painting Class

Spend a beautiful, fall morning with local artist Linda Abbene at Mack Park. Linda will guide students working on sketching and watercolors. All supplies provided. Participants must bring a blanket or towel to sit on.

Ages: 8-14

Date: Saturday, October 2nd or

Saturday, October 23rd

Time: 10:30am -12:00pm

This program is free for Salem children and is funded by the City of Salem Planning and Community Development and the U.S. Department of Housing and Urban Development.

Register at salemrec.com



**Salem Park, Recreation & Community Services  
401 Bridge St. Salem, MA 01970**