

Salem Food Security Resource Guide

Updated January 2019

The Salem Food Security Resource guide was created in a partnership with the Salem Food Policy Council and Jewish Family & Children's Service (JF&CS)

**Please note that content is always changing. Please call contact numbers for the most up to date information.*

**Be sure to call ahead to confirm eligibility guidelines and application procedures.*

Food Pantries

Haven From Hunger at Citizens Inn

71 Wallis Street, Peabody, MA
Phone: 978-531-1530
Website: <http://www.citizensinn.org/haven-from-hunger/>
Mon, Tues, Thurs, Fri 10:30-2pm

Joseph's Storehouse

207 Highland Ave., Salem, MA 01970
Phone: 978-594-4423
Website: www.jshfoodpantry.com
Saturdays 10:00-3:00pm

Food for the World

8 North Street
Salem, MA 01970
978-683-9949
1st & 3rd Saturday of the month 10am - 12pm

Salem Pantry

211 Bridge Street, Salem, MA 01970
Phone: 978-317-3738
Website: www.thesalempantry.org
Last Saturday of the month from 9:30-11am

Salem Pantry mobile location:

Espacio, 105 Congress Street, Salem, MA 01970
Second Saturday of the month from 10-11:30

Salvation Army

93 North Street, Salem, MA 01970
Phone: 978-744-5181
Website: www.salvationarmyMA.org/NorthShore
Hours: Mon-Wed-Fri 9:00am-11am

Jewish Family & Children's Service (JF&CS)

Phone: 781-647-5327
Website: www.jfcsboston.org

Food Delivery Services

North Shore Moving Market

Phone: 978-744-2532
Website: www.nsmm.org
Grocery delivery for adults aged 55 and over, or for those with disabilities who cannot travel to a traditional food pantry.

Meals on Wheels

Phone: 978-750-4540
nselder.org/service-area/nutrition-programs-for-north-shore-elders/
Meal delivery

Community Meals

Temporary Locations During Government Shutdown:

Coffee Time Bakeshop, 96 Bridge Street, Salem, MA

Free breakfast every Thursday to all Federal Employees and immediate family members affected by the shutdown. This offer is good until the shutdown is over. Federal employees must have a valid Federal Employee Identification.
Thursday mornings until noon during government shutdown.

Rockafellas, 231 Essex Street, Salem, MA

Free lunch and dinner every Tuesday during government shutdown. Federal employees must have a valid Federal Employee Identification.
Every Tuesday during government shutdown.

Salvation Army

93 North Street, Salem, MA 01970
Phone: 978-744-5181
Website: www.salvationarmyMA.org/NorthShore
Tues and Thurs from 12:00pm-12:30pm

Haven From Hunger

71 Wallis Street, Peabody, MA
Phone: 978-531-1530
Website: www.havenfromhunger.org
Services: Food pantry, soup kitchen
Mon, Tues, Thurs, Fri 5pm-6pm

Lifebridge

56 Margin Street, Salem, MA 01970
Phone: 978-744-0500
Website: www.lifebridgesalem.org
**Hours: Breakfast - 6:30am-9am
Lunch - 12:30pm (no lunch on Tues/Thurs.)
Dinner - 6:30pm; Mon - Fri**

Salem Meet & Eat

Saltonstall School
211 Lafayette Street, Salem, MA 01970
Second Wednesday of the month from 5:30-7:00 pm

Nutrition programs specifically for Children & Teens

Community Eligibility Provision (CEP)

Phone: 978-740-1230

http://saalemk12.org/pages/SPS_DistFood/index

The CEP allows school districts with high poverty rates to serve breakfast and lunch at no cost to all students without collecting household applications. This is a USDA program that is used instead of the free & reduced lunch program in qualifying districts.

Breakfast in the Classroom (BIC)

Phone: 978-740-1230

http://saalemk12.org/pages/SPS_DistFood/index

BIC helps to increase participation in the School Breakfast Program by offering breakfast after the bell in the classroom. This is offered at Carlton Innovation School, Bentley Academy Charter School, Salem Early Childhood Center, Nathaniel Bowditch School, Horace Mann Laboratory School, and Bates Elementary School.

Salem Summer Meals Program

Phone: 978-740-1230

http://saalemk12.org/pages/SPS_DistFood/index

Children ages 18 and younger can obtain a free meal. Breakfast, lunches and evening meals are available.

Backpack 68

Phone: 978-744-5181

Website: www.salvationarmyMA.org/NorthShore

A Salvation Army program where students at Collins Middle School are sent home with food every Friday for their households during that school year.

Salem BackPack Program

Phone: 978-317-3738

Website: <http://thesalempantry.org/Home.html>

A program of the Salem Pantry that is offered at all Salem elementary schools and provides bags of food each Friday during the school year to children in need.

Nutrition programs specifically for older adults

Senior Farmers' Market Nutrition Program (SFMNP)

978-744-0924 Ext 43013 call in June.

The SFMNP is a USDA program that provides low-income seniors with coupons that can be exchanged for eligible foods at farmers' markets. These coupons are distributed one time per year from the Salem Council on Aging.

JF&CS Food Connection Project

978-564-0773

Free fresh produce and healthy recipes, Dietician led cooking and nutrition workshops and other food security programs offered to residents at various Senior Housing sites in Salem.

Salem Council on Aging Lunch Program

3 Broad Street

(978) 744-0180

Lunches are available Monday through Friday, 11 a.m. Home-delivered meals are also offered to homebound elders.

Farmers Markets, Community Gardens and Coops

Farm Direct Coop CSA

Phone: 1-877-332-3276 (1-877-FDC-FARM)

Website: <http://www.farmdirectcoop.org/>

Leslie's Retreat Park, Commercial Street, rear.

Tuesdays and Thursdays from 3:30 pm - 7:00 pm

Salem Community Gardens

<http://www.salemcommunitygardens.org/>

Four gardens with plots to rent in Palmer Cove Park in the Point neighborhood, Mack Park, Pickman Park and Splaine Park. Fee to rent a plot is \$30 per year.

Salem Farmers' Market

Thursday afternoons from 3 - 7pm July - October

The Salem Farmers' Market (SFM) at Derby Square has over 35 vendors. The SFM accepts SNAP. SNAP participants must go to the Market Manager's booth and receive tokens to use for SNAP purchases.

Salem Y GreenSpace

Phone: 978-744-0351

<https://www.northshoreymca.org/programs/salem-ymca-greenspace>

Located in a former batting cage at Palmer Cove Park in the Point neighborhood, the GreenSpace garden grows produce in raised beds built high enough to be accessible for gardeners of all ages. Donations of produce grown in the garden are made to local families and individuals.

