

Salem Park, Recreation & Community Services

September 2021



We are thrilled to have volunteer Chris Bednar organizing a basketball clinic at Collins Cove this fall. Players will enhance their skills through drills and 5 on 5 games.

Ages: 10-14

Date: Tuesdays, Thursdays and Fridays
September 14th—October 8th

Time: 4:30-5:30pm

Cost: FREE register at salemrec.com

Coffee Time and Conversation with the Mayor

The Mayor will be visiting the CLC on Wednesday, September 15th at 10:00am for coffee and pastries.

Come join us!



Strong Bones is Back!

The Salem Council on Aging is pleased to have Steve Fulling back in September to teach Strong Bones.

Strong Bones is scheduled to return on Wednesdays at 11:00am beginning September 15th. Call Rosanna at 978-744-0924 to register.

We had a great time at the Council on Aging Heritage Day Picnic at Winter Island. It was so



good to see all our friends back together

Fall Drama with Jape

Students will work with a Halloween theme and put together a show as a last day performance. This class will be held at the Community Life Center.

Ages: 6-12

Date: Tuesdays,
9/21/21- 10/26/21
3:30-5:00pm

\$85.00 for the 6 week session

Register at salemrec.com

Meditation Class

The Salem Council on Aging is happy to welcome back Elaine Tavis in September for her Tuesday morning Meditation classes. Classes meet on Tuesday at 11:00am.

Please call Rosanna at 978-744-0924 to register for this class.

Adult Pickleball Lessons

We are pleased to be offering several sessions of Adult Pickleball this fall. Classes offered at all levels and two different locations. All classes begin the week of September 13th. They are 5 week sessions and the cost is \$90.00.



Sue Carnevale will be teaching the following classes at the Collins Cove Courts:

Beginners—Wednesdays, 9:30-10:30am

Advanced Beginner's—Wednesdays, 10:30-11:30am

Low Intermediate—Tuesdays, 4:00-5:00pm

Maria Bishop will be teaching the following classes at the Salem High School Courts:

Beginners—Tuesdays, 5:00-6:00pm

Advanced Beginner's—Tuesdays, 6:00-7:00pm

Register at salemrec.com

Due to popular demand, we have added a second Zumba class at the Salem Council on Aging.

Zumba will be held on Monday at 1:00pm and Thursday at 11:30am. Pre-registration is necessary for all programs. Please call Rosanna at 978-744-0924 to register.

Fun Game Night

Join Beth Kapnis Livermore in a series of nights where different games will be played each week. Do you like kickball...Wiffleball... Dodgeball....Group Games...you will play them all!

Ages: 9-15

Date: Thursdays, September 16th—October 21st

Time: 4:00-5:00pm

Place: Mack Park

Cost: \$55.00 for the session.

Register at salemrec.com



Scenes from some of our summer programs funded by the City of Salem Department of Planning and Community Development and the U.S.

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Salem Park, Recreation and Community Service
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