

Salem Park, Recreation and Community Services

September 2022

Kids Bike Safety Series Kids 6-10

Saturday, September 17th
and Sunday, September 18th
from 10:00-11:00am.

For this on-bike series for kids, Mass Bike will cover the basics of safe riding skills in our closed off/ traffic free parking lot. For advanced riders, they'll suggest a course to ride on bike lanes and paths in Salem.

This is a free program for Salem children. Space is limited. For additional information and to register, visit salemmyrec.com



We had a great time at our annual Playground Day in August. Special thanks to members of the Salem Police Department for joining in on the fun! Officer Derby was a big hit!

Salem Wellness Walks

Wednesday, September 14th
9:00-10:00am

Lace up your walking shoes and join us at Salem Common for our monthly walk. Dr. Larissa Lucas will be our special guest. Participants can walk at their own pace and take breaks at any time. Please register with Rosanna. This program is co-sponsored by the Salem Board of Health & the Salem Council on Aging.

Saturday Morning Playground Crafts

Children ages 6-12 are invited to join our summer playground instructors, Lane and Jaclyn on Saturday mornings for some arts and crafts fun. Sign up for one day or all four.
September 17th, 24th, October 1st & 8th
Juniper Point Playground
9:30-11:00am
\$5.00 per day and the program is limited to 15 children. Registration is required at salemmyrec.com.

Movie and Brunch

Join us at the Council on Aging for our monthly Movie and Brunch. This month's movie is "Spencer".

Monday, September 26th
11:00am
\$7.00 per person
Register with Rosanna

Yoga Flow with Beth for Adults

Join Beth Schultz for an early evening yoga class at Winter Island.
Wednesdays, Sept. 7th—Oct. 5th
5:00-6:00pm
\$45.00 for the session.
Register at salemmyrec.com

Mayor Jean A. Levesque Community Life Center Speaker Series 7:00-8:00pm

9/13: A conversation with the Peabody Essex Museum's Executive Director and CEO Lynda Roscoe Hartigan.

9/27: Because none of us lives forever, "Decision Day" says Norene Comito Gachignard, is a discussion we MUST have with our family.

10/4: John D. Keenan, President of Salem State University, will discuss the future of higher education and the role of SSU.

10/11: Join award winning local poet, January Gil O'Neill as she reads from her work and discusses how poetry is created from our daily lives.

Admission is free but seating is limited. Please register in advance at salemforallages.org. We are happy to announce that we can welcome attendees (age 21+) with a complimentary glass of wine.

Salem Witch Museum Tour

Seniors are welcome to join us on Monday, September 12th for a visit to the Salem Witch Museum. We will be leaving the COA at 9:00am and return at 11:00am. Space is limited to 12, so register with Rosanna soon.

Coach KC's Tball Time—ages 4-6

A great introduction to the game of baseball for younger children. Children will need to bring their own glove. All other equipment provided.

Thursdays, September 8th—October 13th

5-6pm at Furlong Park

\$90.00 per child, \$45.00 for additional sibling.

Register at salemmyrec.com



Game On! for kids ages 7-11

An afternoon program where kids will play organized games like kickball, dodgeball, floor hockey and more!

Mondays, September 19th—October 24th
Collins Cove Park
\$25.00 per child for the 5 week program.
Register at salemmyrec.com

Salem Park, Recreation and Community Services
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